

THE **HARMONY**
OF **COLOUR** SERIES

BOOK FIFTY SIX

BUTTERFLY GARDEN

RELAX AND UNWIND WITH
ADULT COLOURING

AUST \$12.95 NZ \$12.95 INC GST

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THE **HARMONY**
OF **COLOUR** SERIES

B O O K F I F T Y S I X

BUTTERFLY GARDEN

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour Book Fifty Six: Butterfly Garden offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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“Happiness is a butterfly, which
when pursued, is always just
beyond your grasp, but which,
if you will sit down quietly, may
alight upon you.”

— Nathaniel Hawthorne —



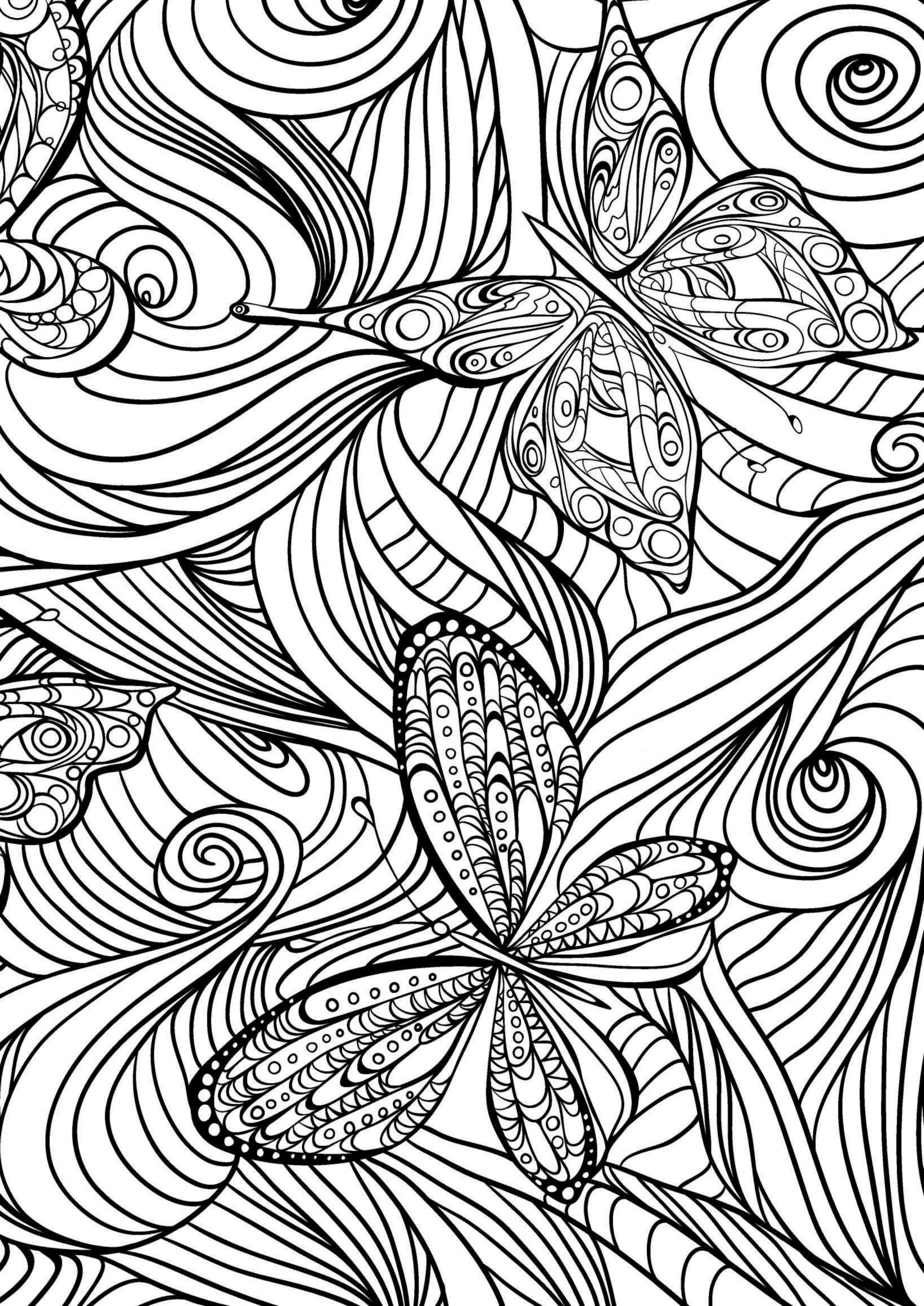
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“Everyone is like a butterfly,
they start out ugly and
awkward and then
morph into beautiful
graceful butterflies that
everyone loves.”

— Drew Barrymore —



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“As with the butterfly,
adversity is necessary
to build character
in people.”

— Joseph B. Wirthlin —



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“Butterflies are self
propelled flowers.”

— R.H. Heinlein —



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“The caterpillar does all the work but the butterfly gets all the publicity.”

— Attributed to George Carlin —



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“Beautiful and graceful, varied
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you to the sunny side of life.
And everyone deserves a
little sunshine.”

— Jeffrey Glassberg —



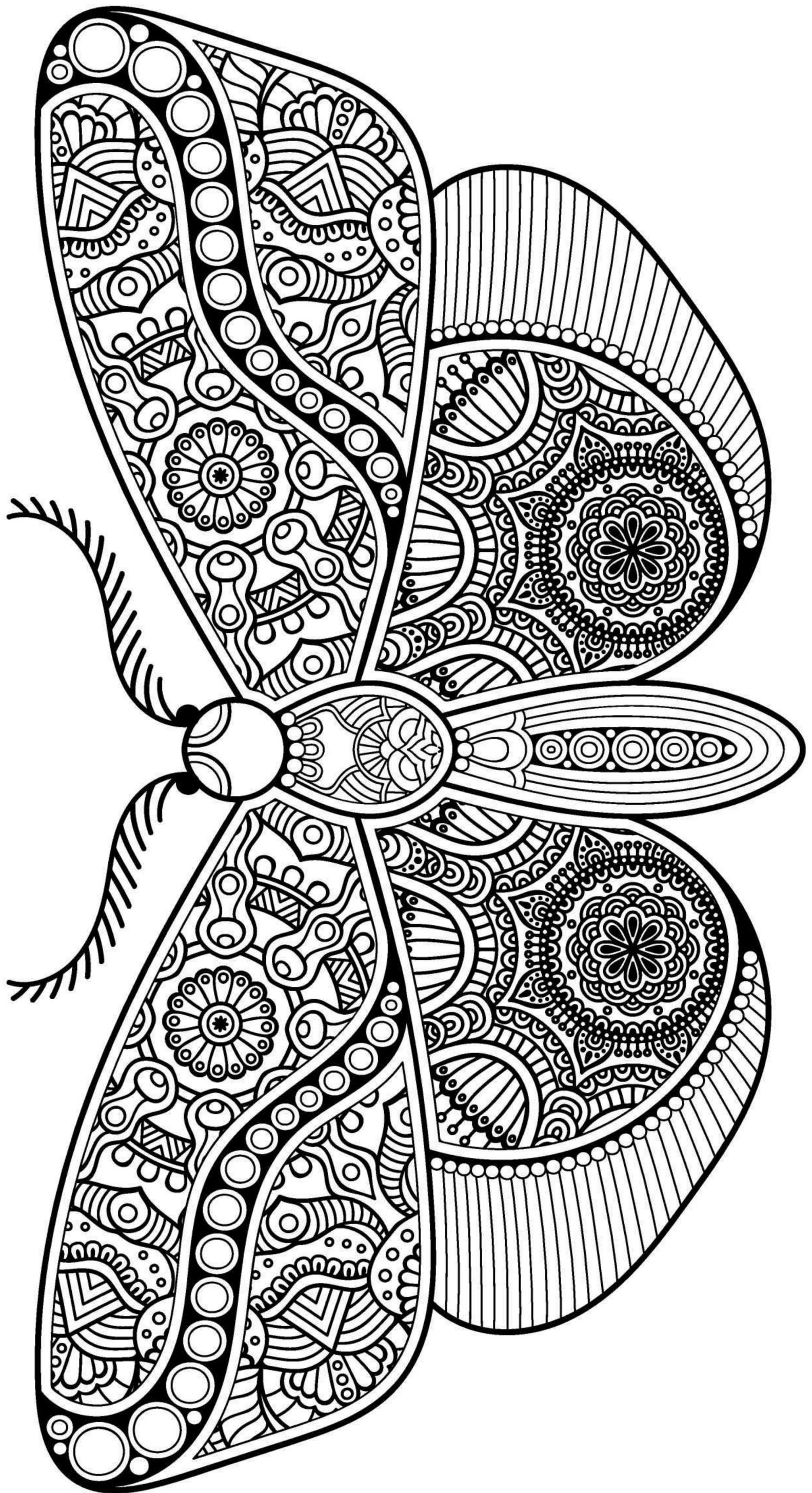
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“Just like the butterfly, I too
will awaken in my own time.”

— Deborah Chaskin —



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“Butterflies are God’s confetti,
thrown upon the Earth in
celebration of his love.”

— K. D’Angelo —



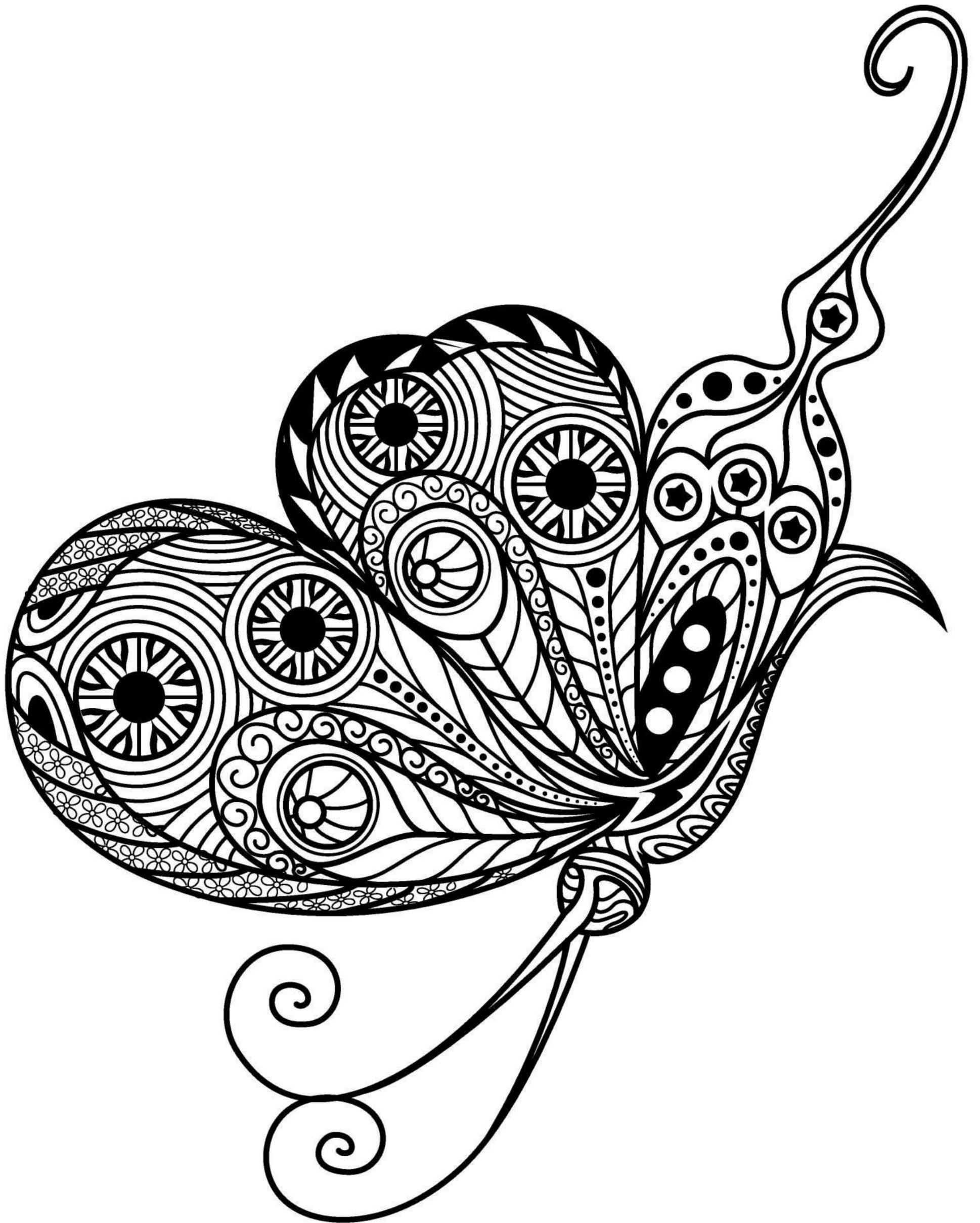
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“The butterflies... what an educated sense of beauty they have. They seem only an ornament to society, and yet, if they were gone, how substantial would be their loss.”

— Phil Robinson —



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“The mark of your
ignorance is the
depth of your belief in
injustice and tragedy.
What the caterpillar
calls the end of the
world, the master calls
a butterfly.”

— Richard Bach —



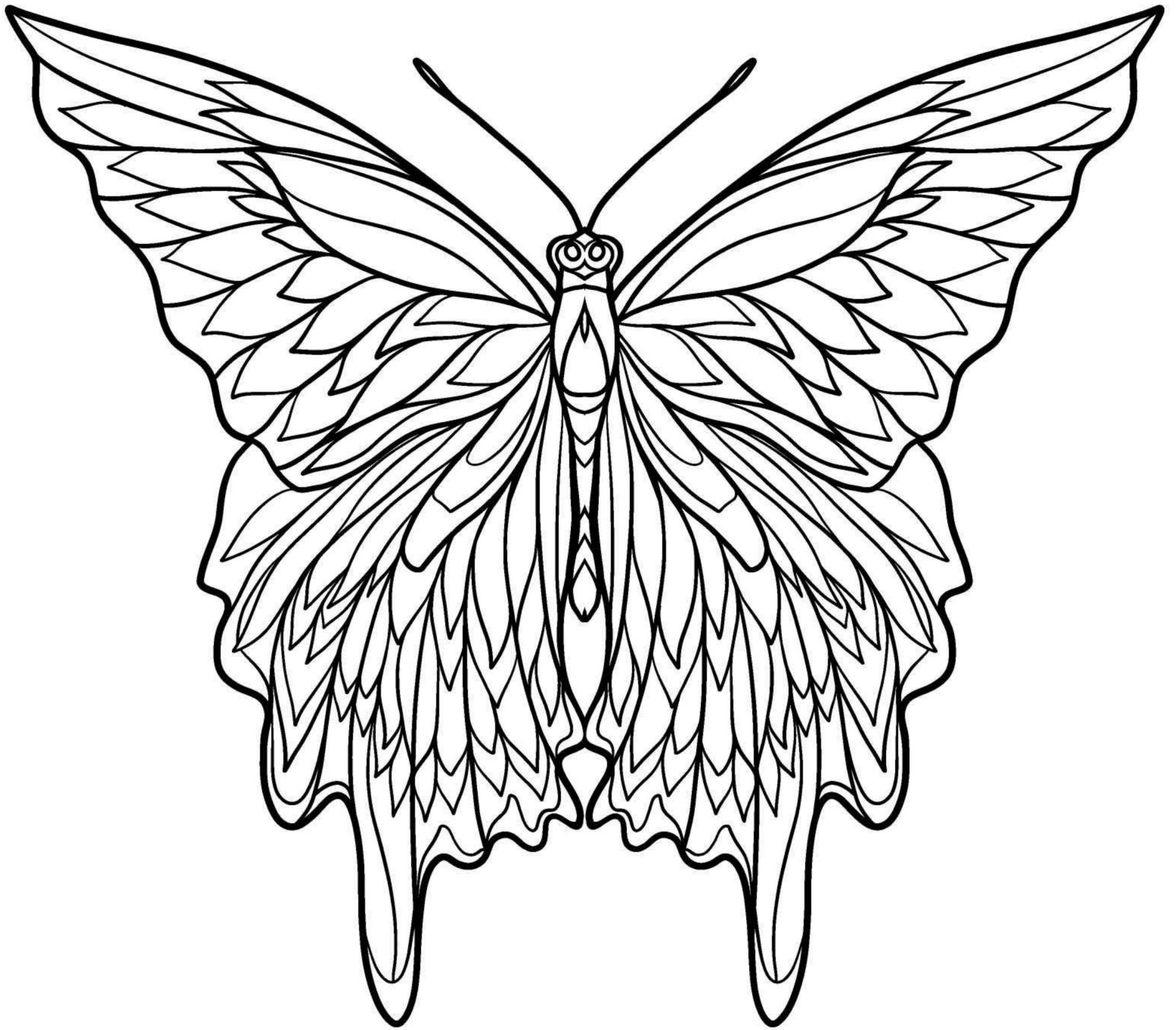
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“This magnificent butterfly
finds a little heap of dirt and
sits still on it; but man will
never on his heap of
mud keep still...”

— Joseph Conrad —



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“Adding wings to caterpillars
does not create butterflies,
it creates awkward and
dysfunctional caterpillars.
Butterflies are created
through transformation.”

— Stephanie Marshall —



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“There is nothing in a
caterpillar that tells you it’s
going to be a butterfly.”

— Richard Buckminster Fuller —



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“Not quite birds, as they were
not quite flowers, mysterious
and fascinating as are all
indeterminate creatures.”

— Elizabeth Goudge —



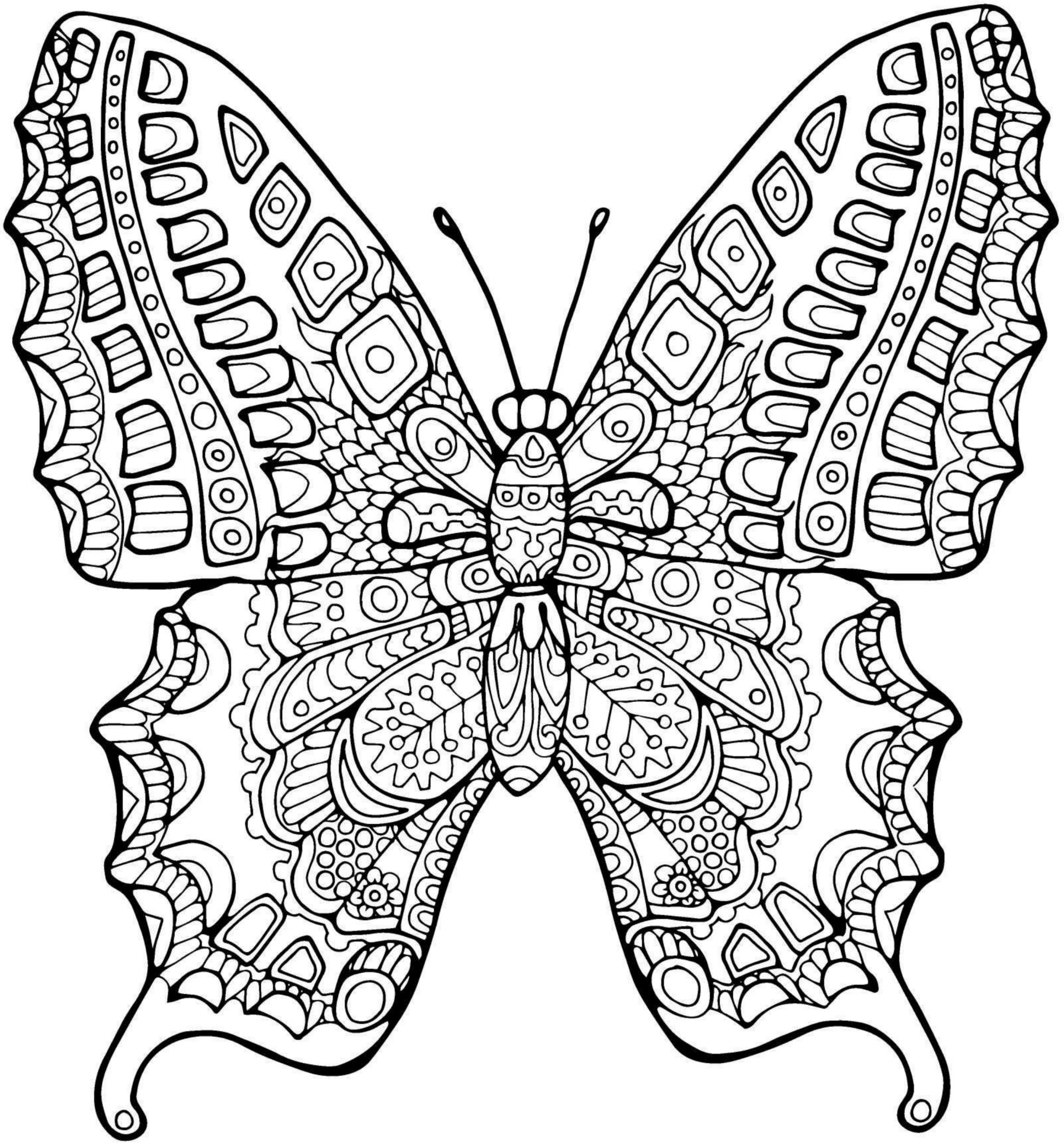
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“We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty.”

— Maya Angelou —



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“With the rose the butterfly’s
deep in love, A thousand
times hovering round; but
round himself, all tender like
gold, the sun’s sweet ray is
hovering found.”

— Heinrich Heine —



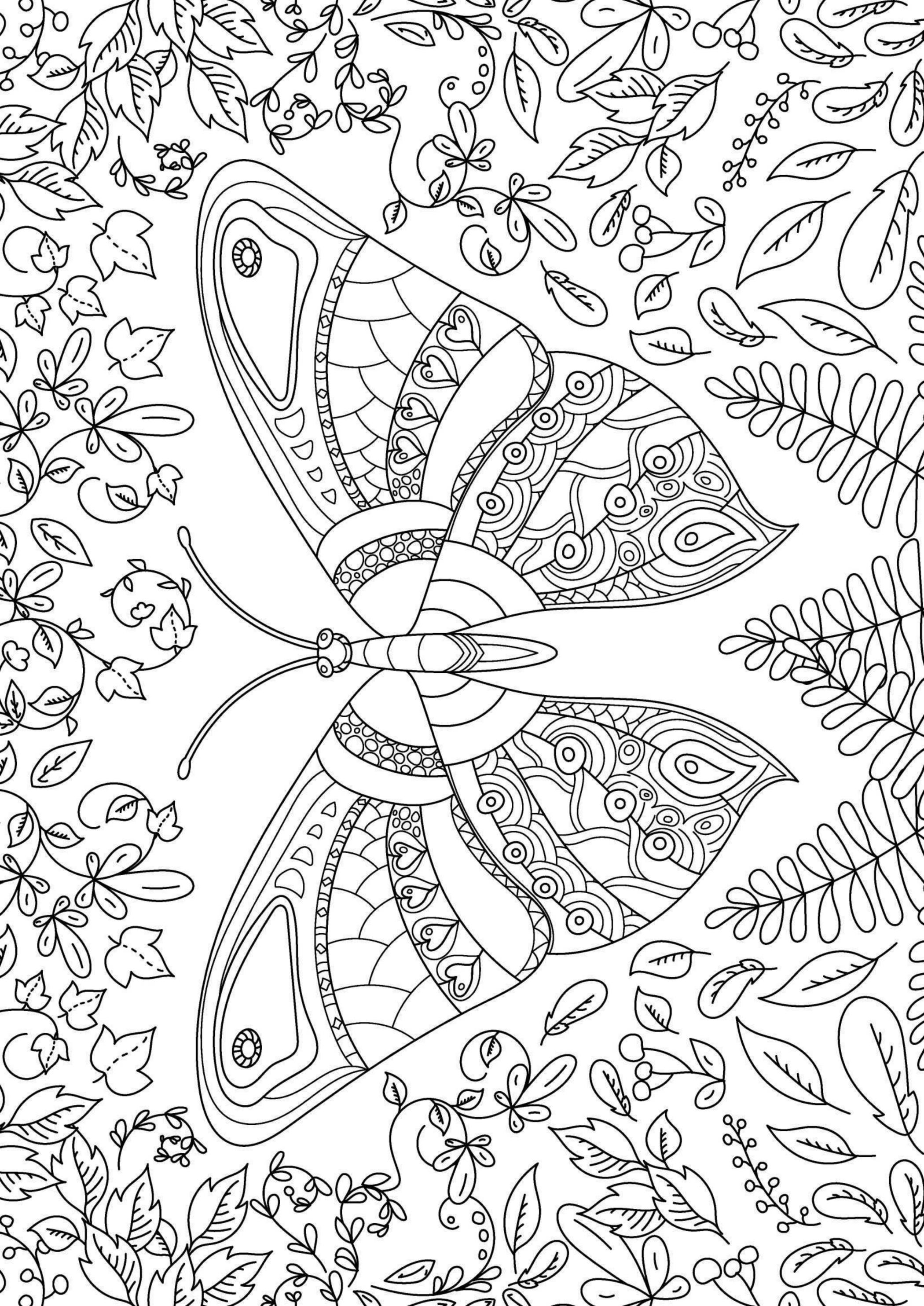
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“Awaken to the universe’s
simple gift of the butterfly.
Watch with fascination and
joy as a jewelled treasure
glides by and gently
touches your soul.”

— K. D’Angelo —



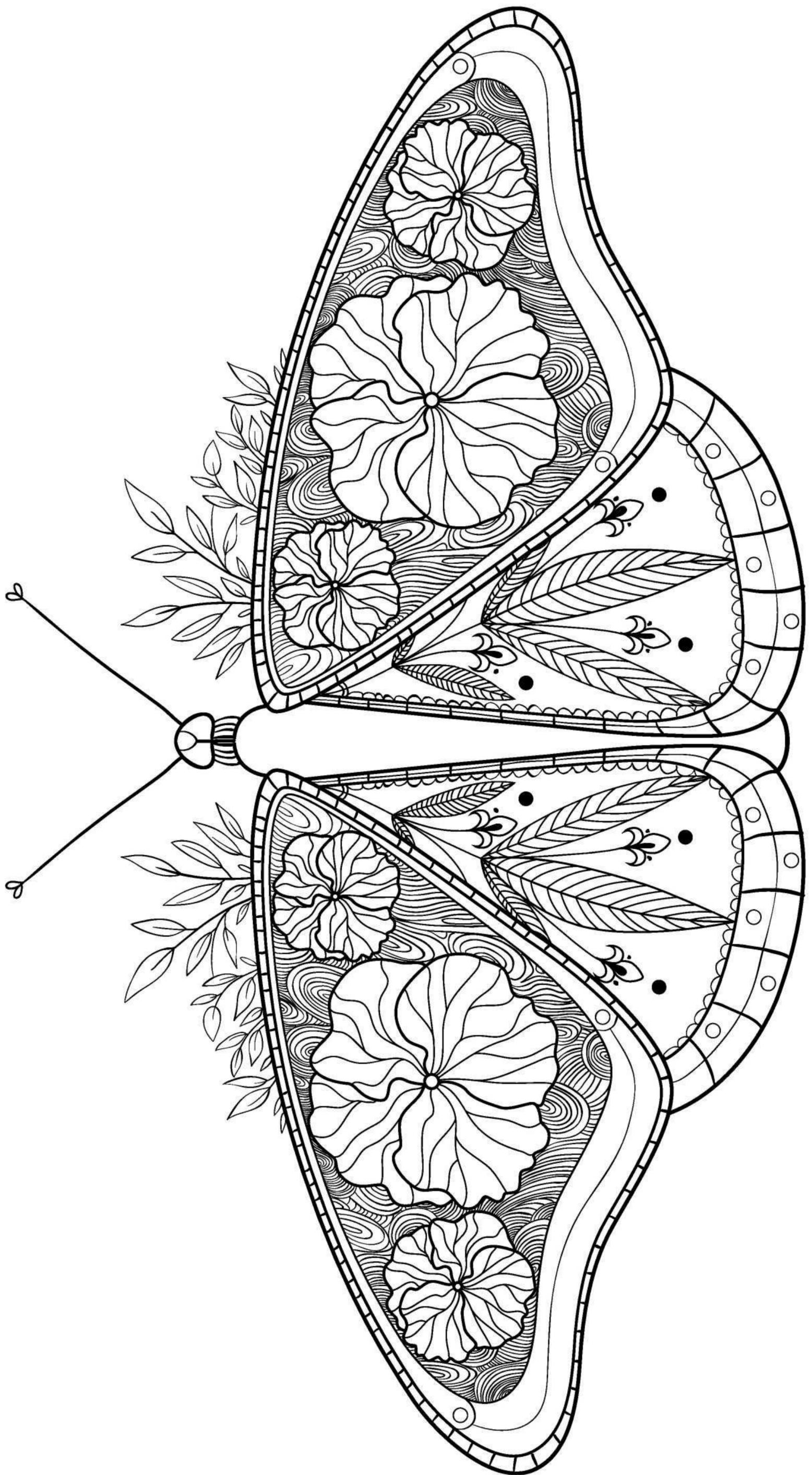
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“Metamorphosis has always been the greatest symbol of change for poets and artists. Imagine that you could be a caterpillar one moment and a butterfly the next.”

— Louie Schwartzberg —



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“I almost wish we were butterflies
and lived but three summer
days - three such days with
you I could fill with more delight
than fifty common years
could ever contain.”

— John Keats —



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“Well, I must endure
the presence of a few
caterpillars if I wish to
become acquainted
with the butterflies.”

— Antoine de Saint-Exupéry —



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“We are all butterflies.
Earth is our chrysalis.”

— LeeAnn Taylor —



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“We don’t see snakes
because they wear suits,
but we see butterflies
because they wear
pyjamas.”

— Anthony T. Hincks —



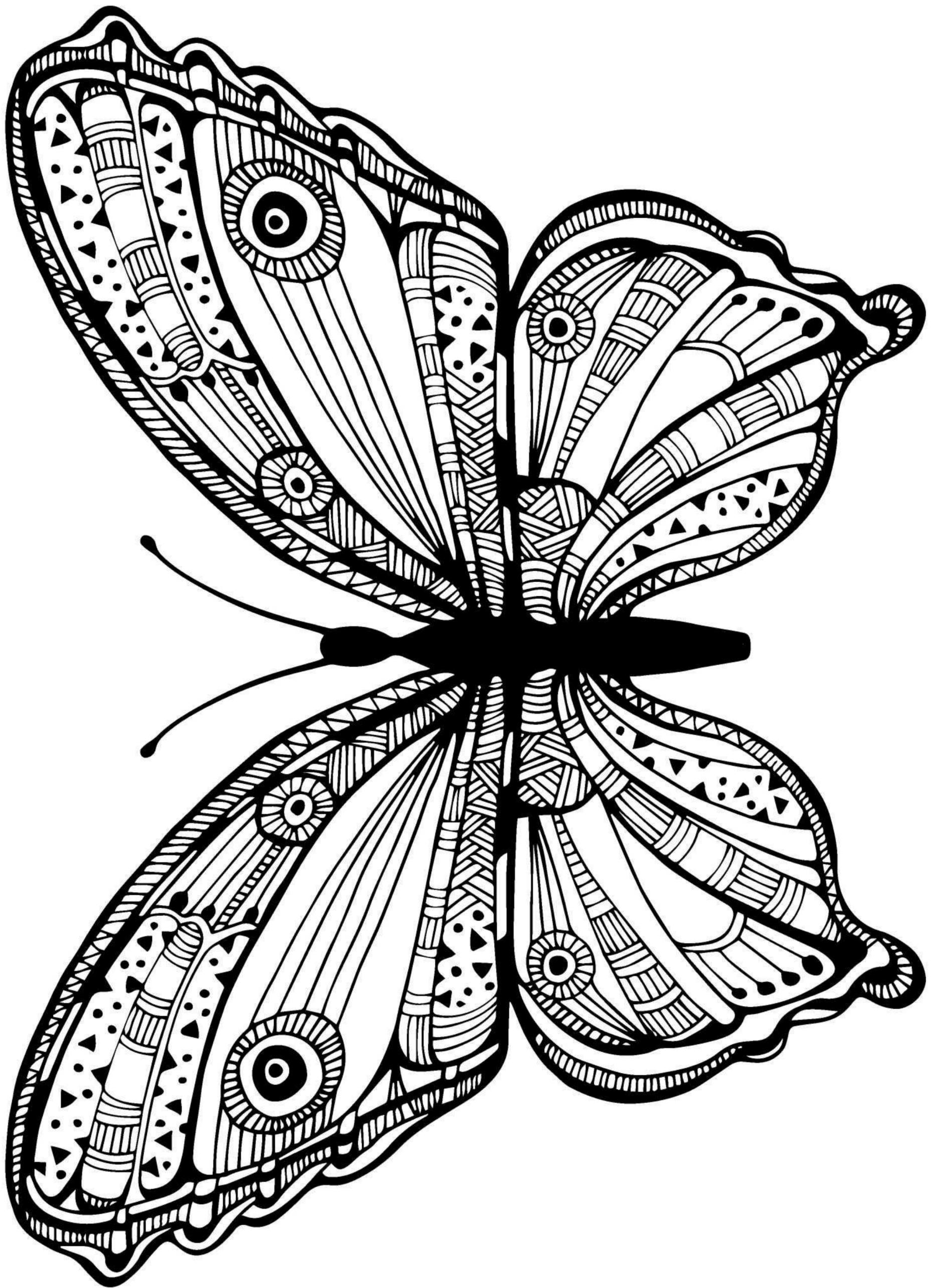
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“And to me also, who appreciate life, the butterflies, and soap-bubbles, and whatever is like them amongst us, seem most to enjoy happiness.”

— Friedrich Nietzsche —



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“I embrace emerging
experience. I participate in
discovery. I am a butterfly.
I am not a butterfly collector.
I want the experience
of the butterfly.”

— William Stafford —



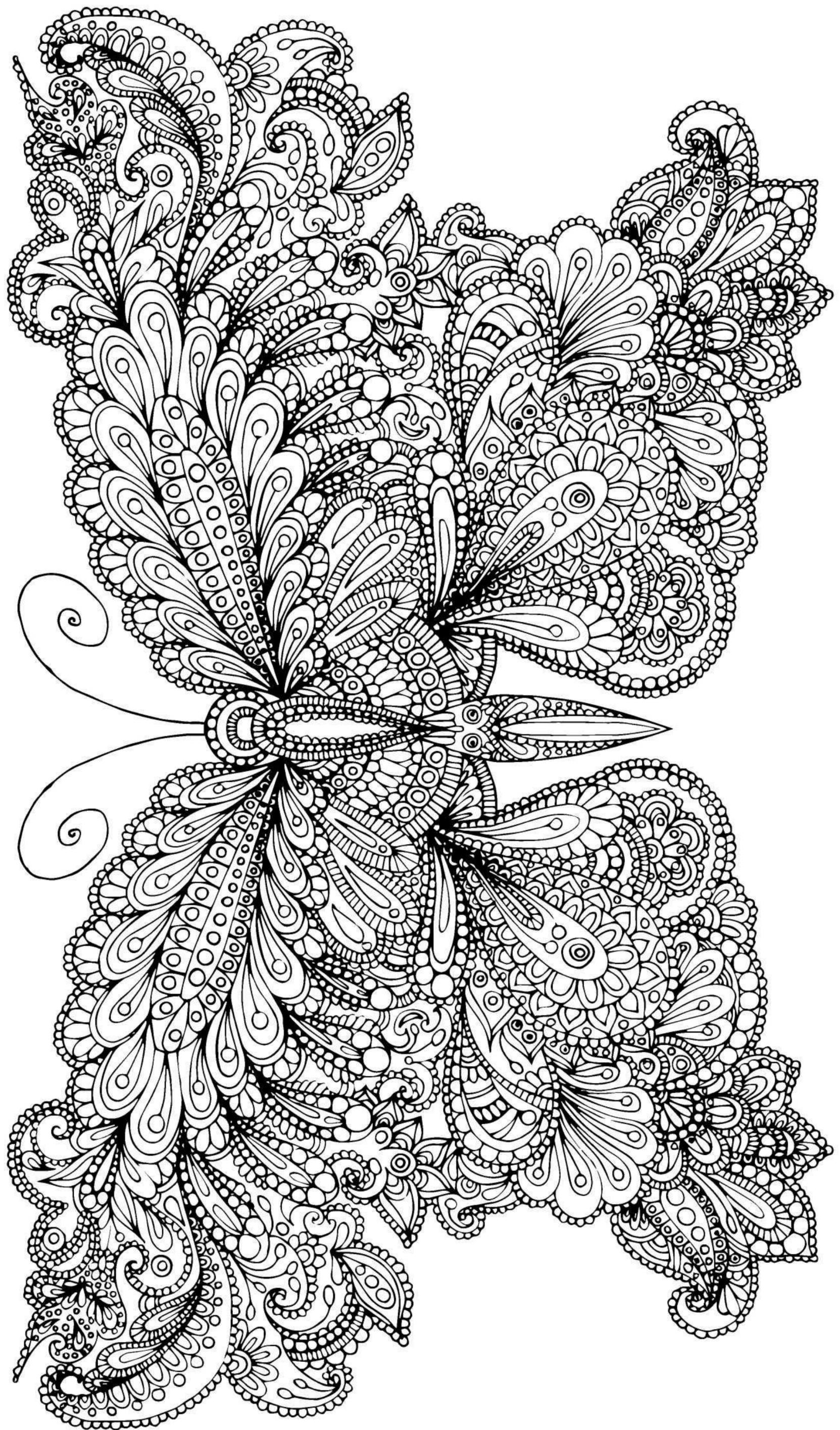
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“The butterfly counts not
months but moments, and
has time enough.”

— Rabindranath Tagore —



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“Love is like a butterfly: It goes where it pleases and it pleases wherever it goes.”

— Anonymous —



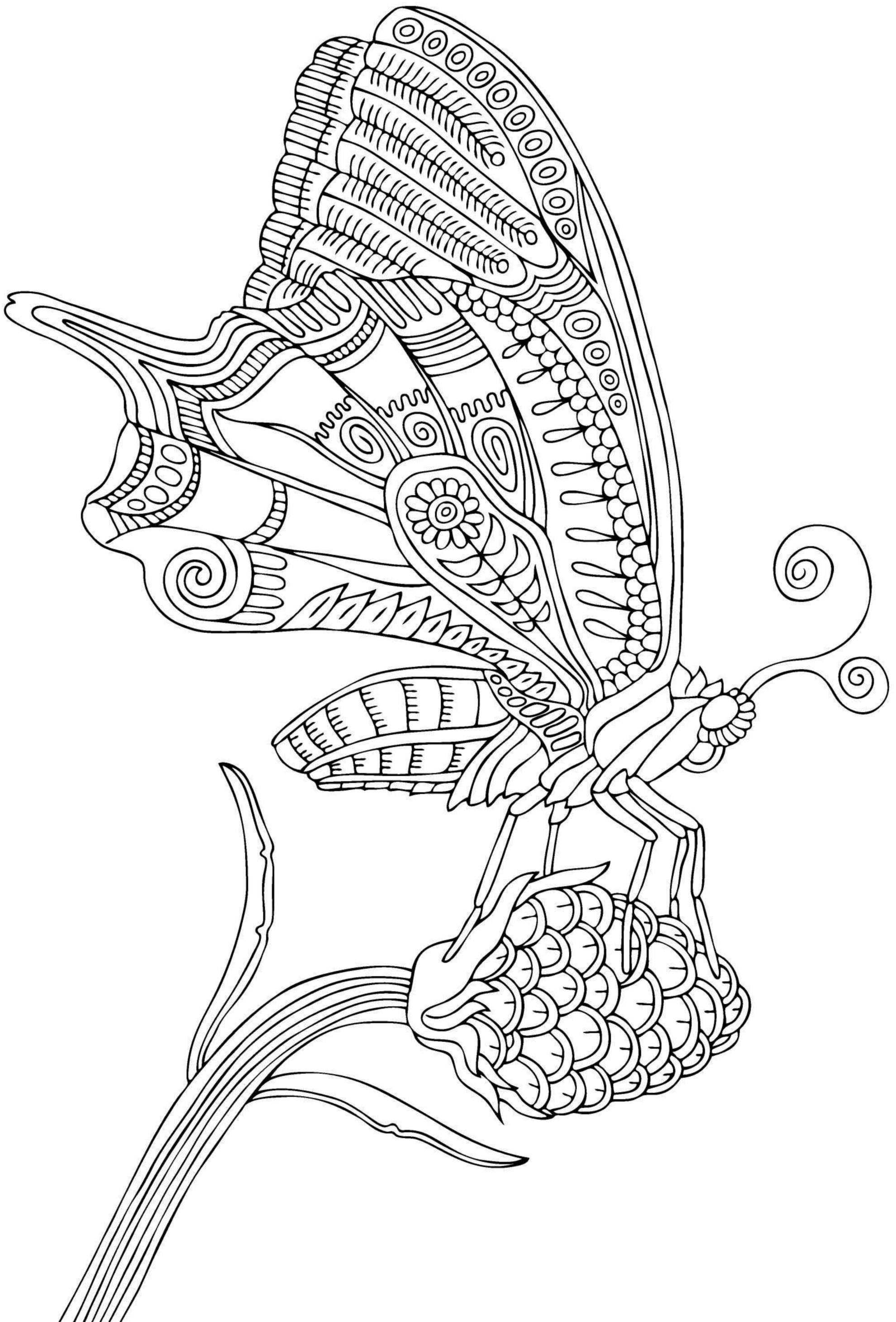
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“What would a butterfly quote, on looking in the mirror? It would say, the adventure was worth it!”

— Manali Oak —



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“Only in dreams men are
truly free, What does a
butterfly dream about?
- It's already free!”

— Scholasticus K —



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“The butterfly said to the sun, ‘they can’t stop talking about my transformation. I can only do it once in my lifetime.’ If only they knew, they can do it at any time and in countless ways.”

— Dodinsky —



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“Teaching a child not to
step on a caterpillar is as
valuable to the child as it
is to the caterpillar.”

— Bradley Millar —



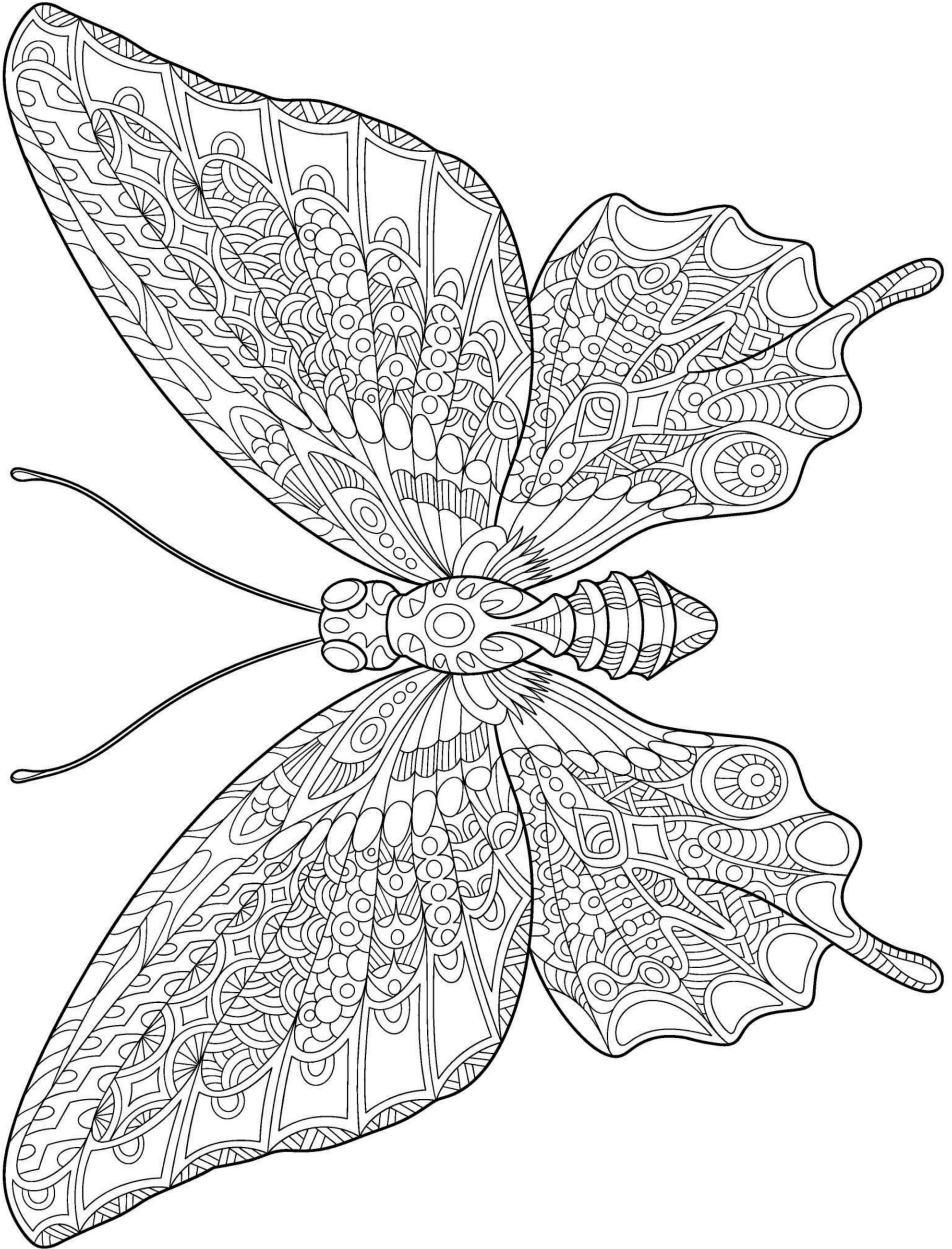
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“A caterpillar, after its deep slumber, wakes up to reality to realise that truth is not always bitter after all!”

— Manali Oak —



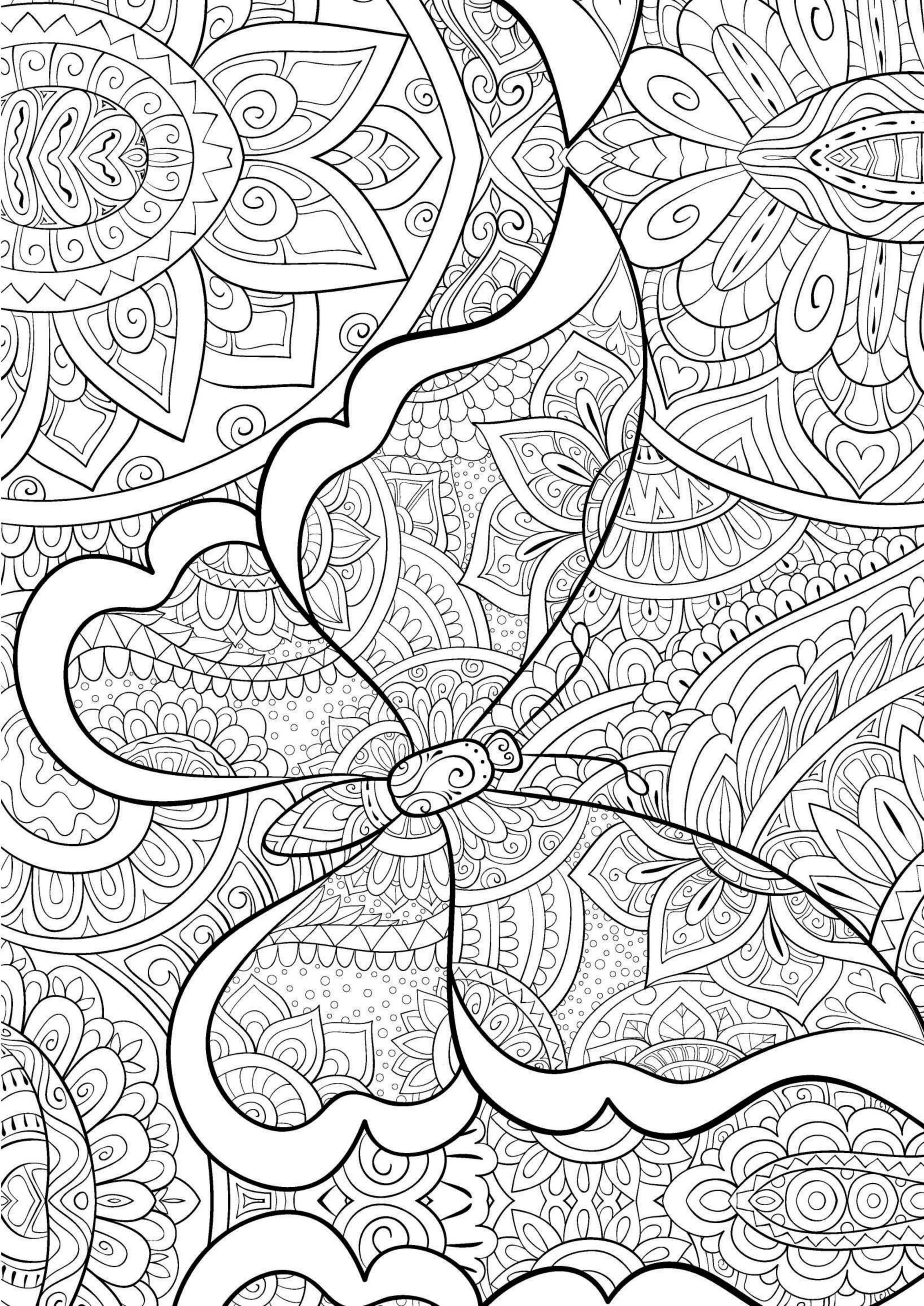
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“A caterpillar who seeks to
know himself would never
become a butterfly.”

— Andre Gide —



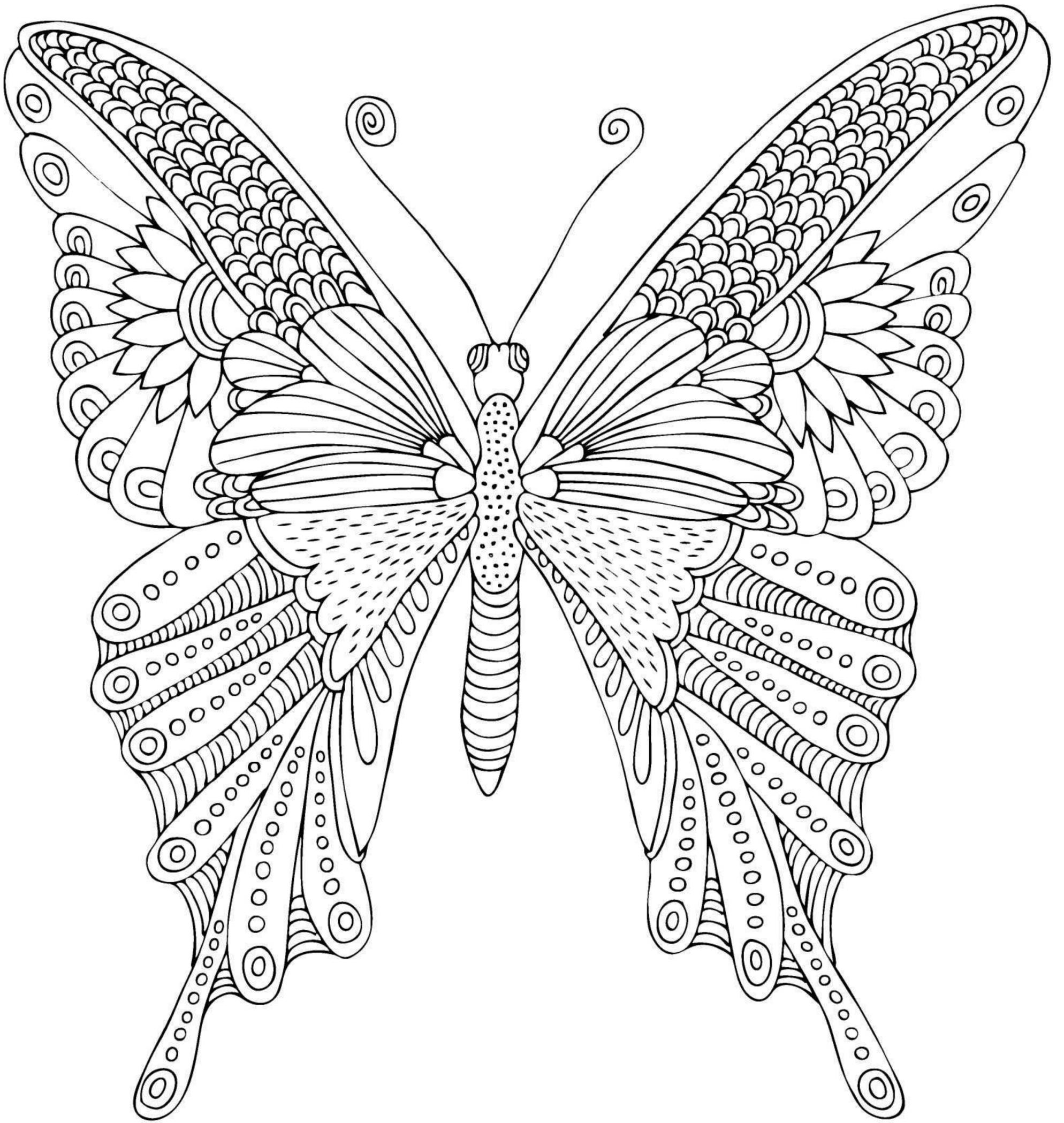
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“A great beginning is
sometimes at the point of
what you thought would be
the end of everything.”

— Dodinsky —



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“We are like butterflies
who flutter for a day and
think it is forever.”

— Carl Sagan —



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“And when all the wars
are over, a butterfly will
still be beautiful.”

— Ruskin Bond —

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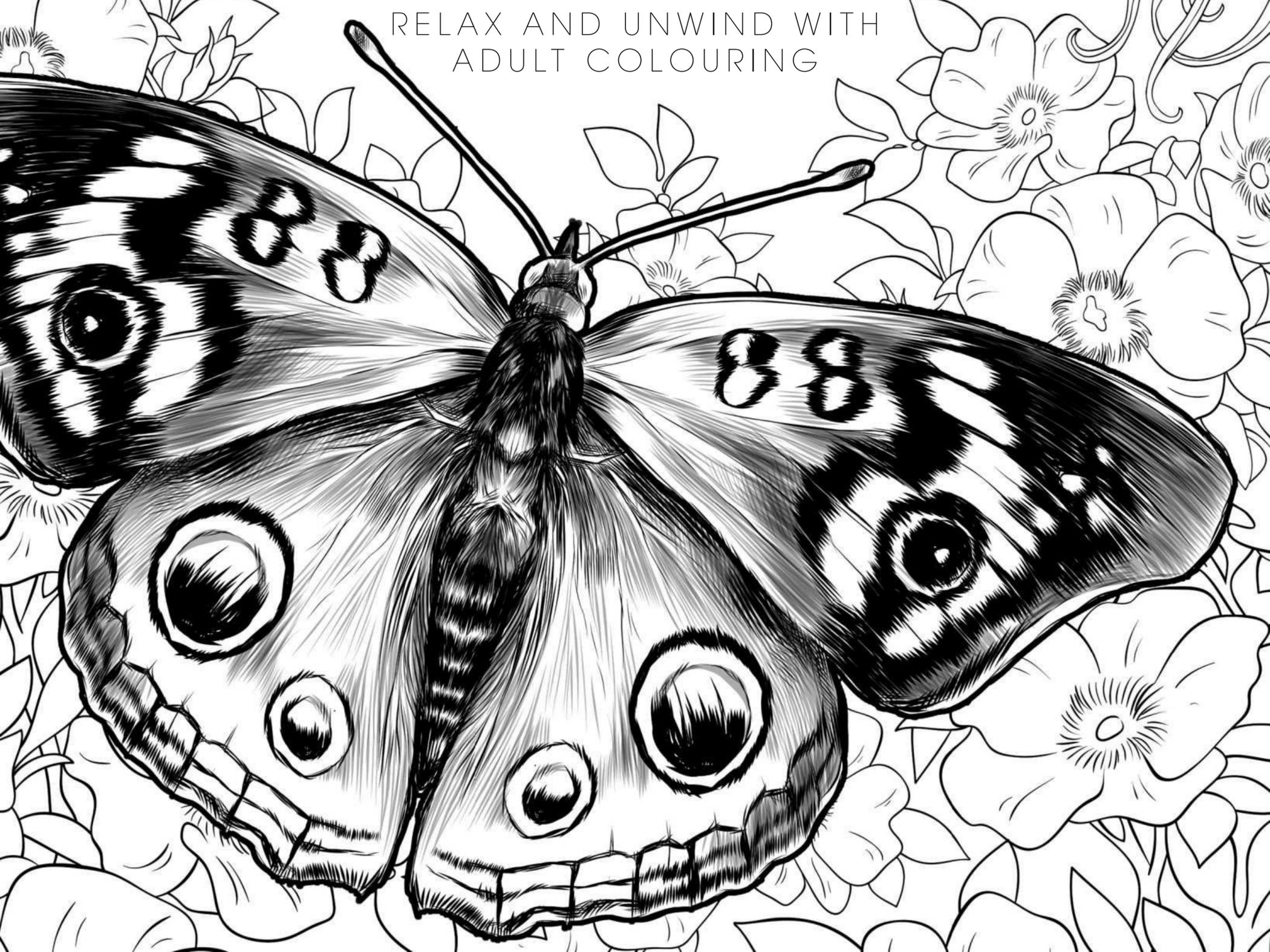
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