

THE HARMONY  
OF COLOUR SERIES

# HALLOWEEN HORRORS

RELAX AND UNWIND WITH  
ADULT COLOURING

BOOK SEVENTY ONE  
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THE **HARMONY**  
OF **COLOUR** SERIES

# HALLOWEEN HORRORS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

*Harmony of Colour Book Seventy One: Halloween Horrors* offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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Halloween



“Where there is no  
imagination there  
is no horror.”

— Arthur Conan Doyle —



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“The oldest and strongest  
emotion of mankind is fear,  
and the oldest and strongest  
kind of fear is fear of  
the unknown”

— H. P. Lovecraft —



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“Words have no power to impress  
the mind without the exquisite  
horror of their reality.”

— Edgar Allan Poe —



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“When you look fear in the face, you are able to say to yourself, ‘I lived through this horror. I can take the next thing that comes along.’”

— Eleanor Roosevelt —



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“Horror fiction shows  
us that the control we  
believe we have is purely  
illusory, and that every  
moment we teeter on  
chaos and oblivion.”

— Clive Barker —



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“There is no terror in the bang,  
only in the anticipation of it.”

— Alfred Hitchcock —



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“Civilization is hideously fragile...  
there’s not much between us  
and the horrors underneath,  
just about a coat of varnish.”

— C.P. Snow —



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“I love the idea that horror  
and fear is a celebration  
of health and life.”

— Penn Jillette —



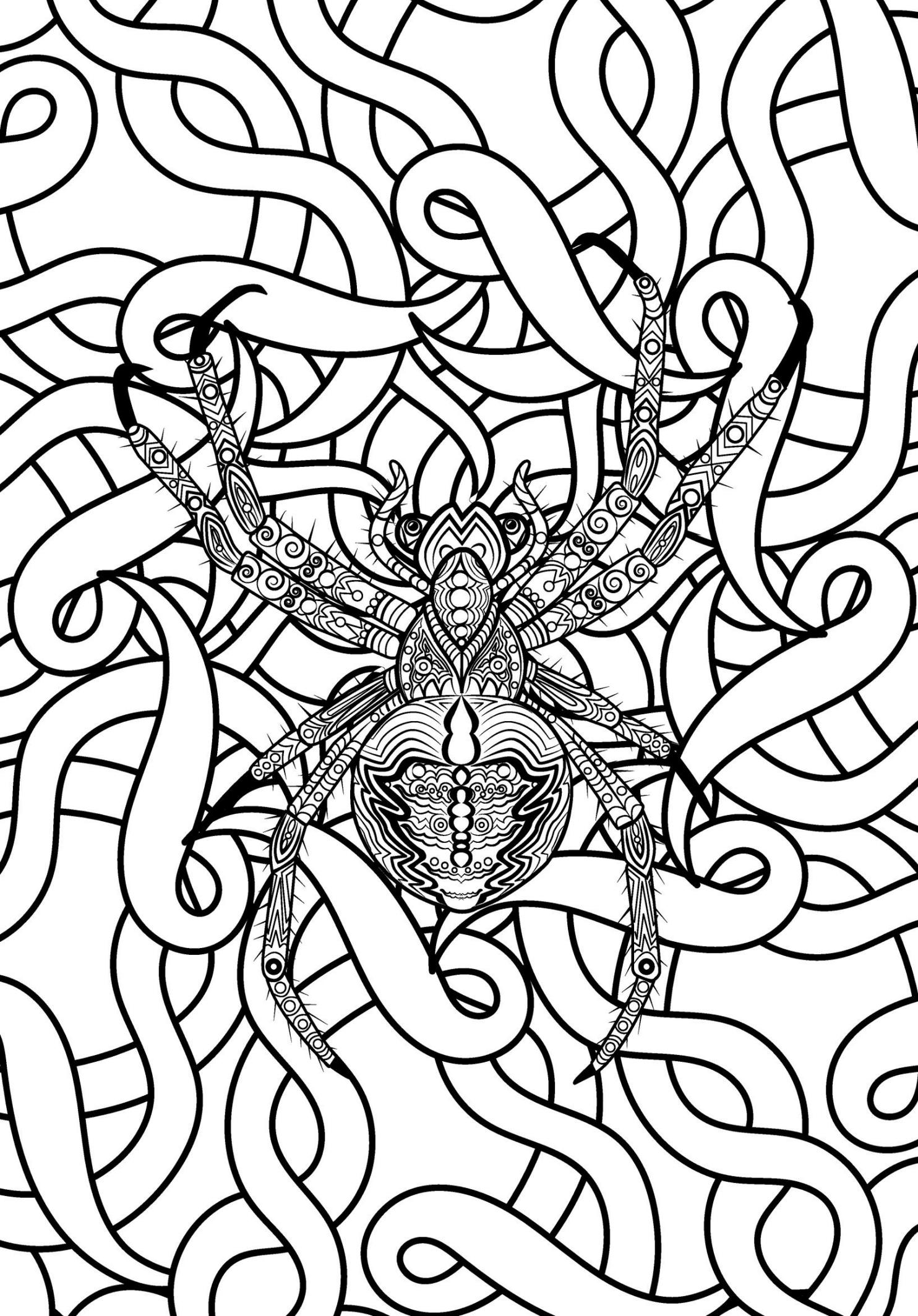
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“The thing under my bed waiting to grab my ankle isn’t real. I know that, and I also know that if I’m careful to keep my foot under the covers, it will never be able to grab my ankle.”

— Stephen King —



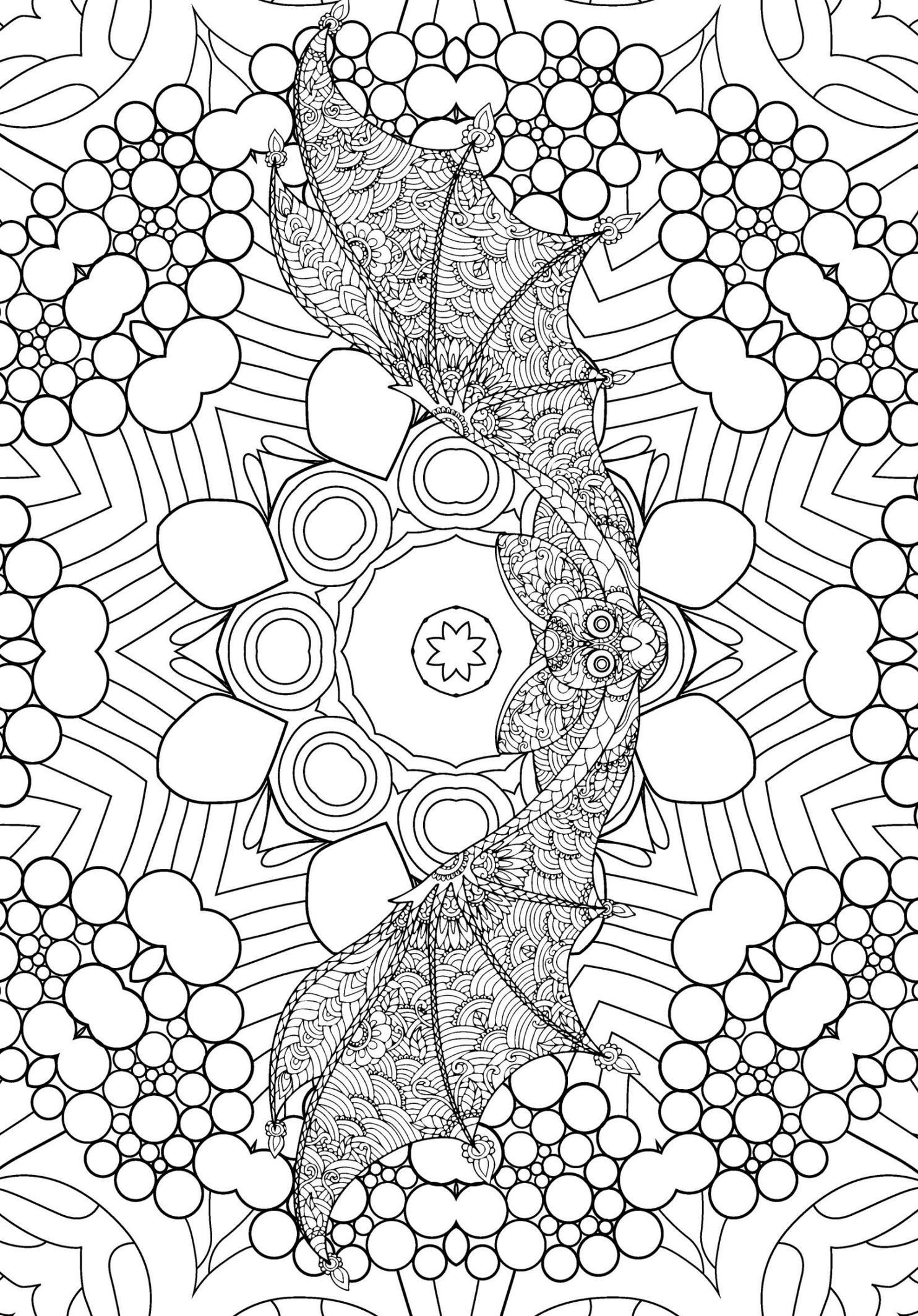
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“The witching hour, somebody had once whispered to her, was a special moment in the middle of the night when every child and every grown-up was in a deep deep sleep, and all the dark things came out from hiding and had the world all to themselves.”

— Roald Dahl —



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“Courage is not the  
absence of fear...”

— Richard Stengel —



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“Fear is an insidious virus.  
Given a breeding place in our  
minds... it will eat away our  
spirit and block the forward  
path of our endeavors.”

— James F. Bell, III —



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“Fear is the main source  
of superstition, and one of  
the main sources of cruelty.  
To conquer fear is the  
beginning of wisdom.”

— Bertrand Russell —



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“Nothing in life is to be  
feared, it is only to be  
understood. Now is the time  
to understand more, so that  
we may fear less.”

— Marie Curie —



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“Of all the liars in the  
world, sometimes the  
worst are our own fears.”

— Rudyard Kipling —



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“Too many of us are  
not living our dreams  
because we are  
living our fears.”

— Les Brown —



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“FEAR is an acronym in the English language for ‘False Evidence Appearing Real’.”

— Neale Donald Walsch —



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“Here is the world. Beautiful  
and terrible things will  
happen. Don’t be afraid.”

— Frederick Buechner —



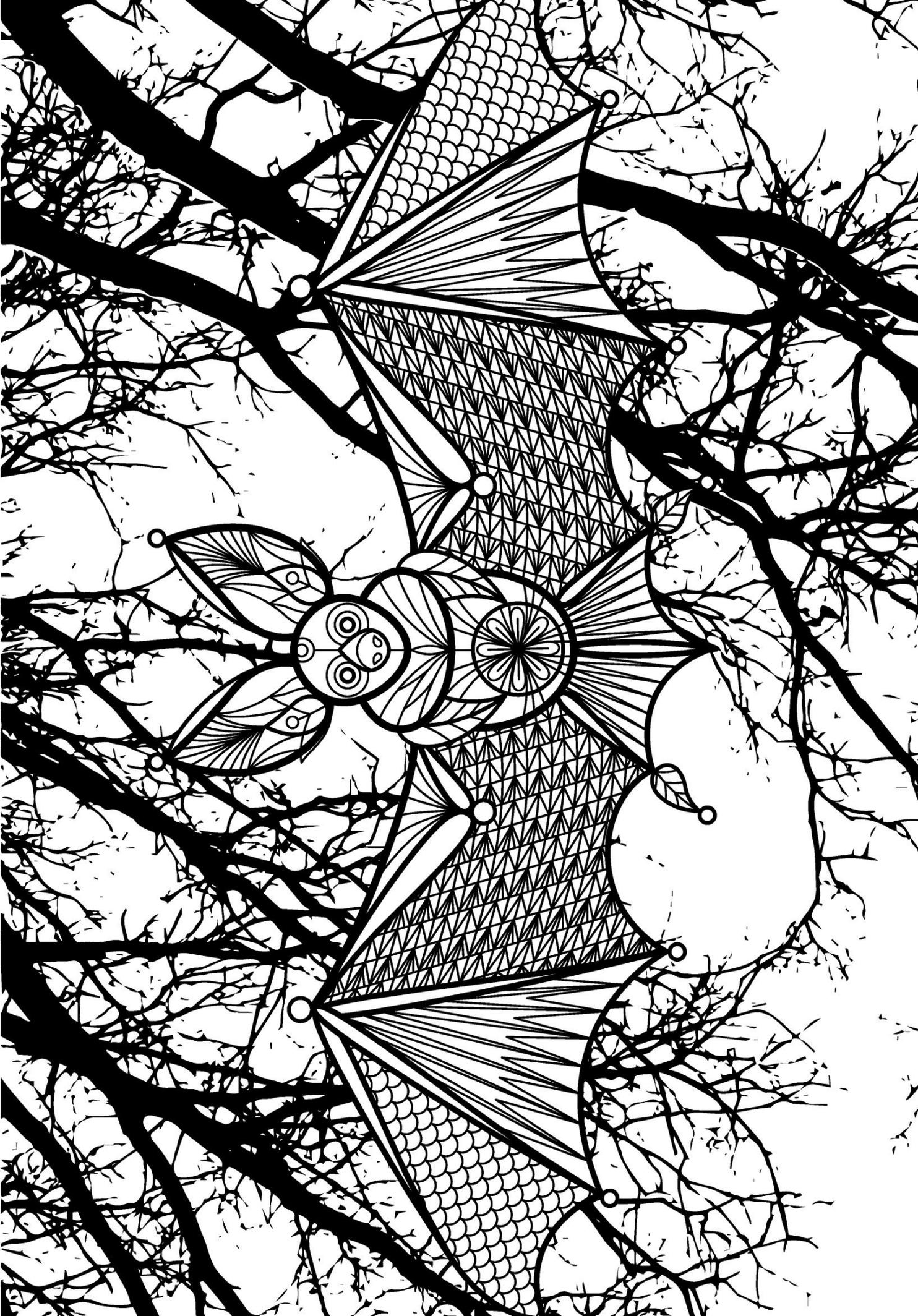
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“Courage is resistance  
to fear, mastery of fear,  
not absence of fear.”

— Mark Twain —



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“He who has overcome his  
fears will truly be free.”

— Aristotle —



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“If you look into your own heart,  
and you find nothing wrong  
there, what is there to worry  
about? What is there to fear?”

— Confucius —



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“Some people fear seeing  
or feeling anything about  
which there is no general  
agreement. For others,  
it is thrilling to be aware  
of innuendo, shading,  
complexity.”

— Deena Metzger —



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“There is this paradox in fear:  
he is most likely to inspire it in  
others who has none himself!”

— Charles Caleb Colton —



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“Courage is contagious.  
When a brave man takes  
a stand, the spines of  
others are often stiffened.”

— Billy Graham —



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“You can conquer almost any fear if you will only make up your mind to do so. For remember, fear doesn’t exist anywhere except in the mind.”

— Dale Carnegie —



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“Fear is something to  
be moved through,  
not something to be  
turned from.”

— Peter McWilliams —



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“Fear is a disease that  
eats away at logic and  
makes man inhuman.”

— Marian Anderson —



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“Expose yourself to your  
deepest fear; after that,  
fear has no power, and the  
fear of freedom shrinks and  
vanishes. You are free.”

— Jim Morrison —



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“He who is not every day  
conquering some fear  
has not learned  
the secret of life.”

— Ralph Waldo Emerson —



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“The only thing we  
have to fear is fear itself.”

— Franklin D. Roosevelt —



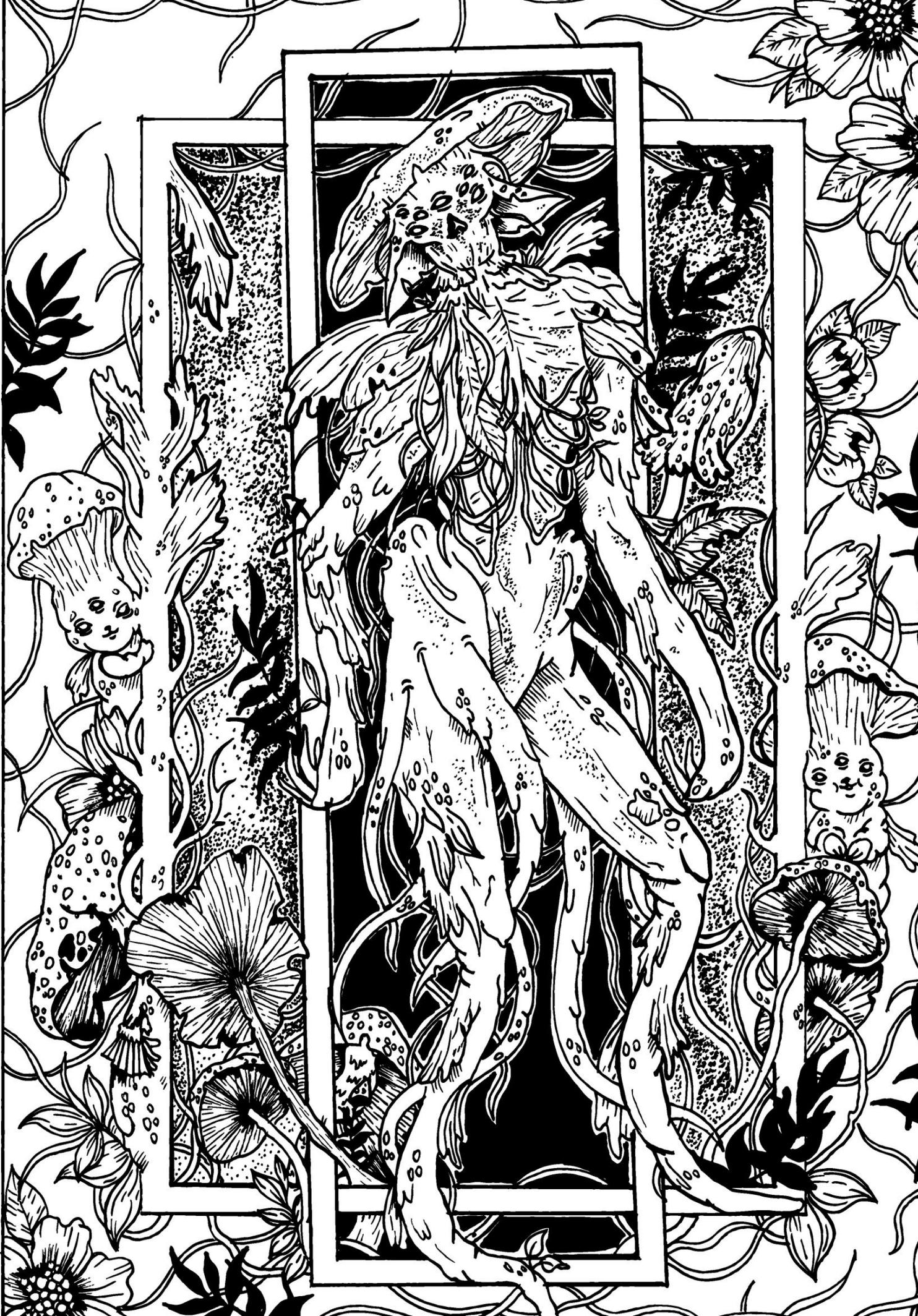
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“Only when we are no longer  
afraid do we begin to live.”

— Dorothy Thompson —



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“We are ashamed of our  
fear; for we know that a  
righteous man would not  
suspect danger nor incur  
any. Wherever a man feels  
fear, there is an avenger.”

— Henry David Thoreau



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“You can never get rid of  
fear, you can only drop it.”

— Harbhajan Singh Yogi —



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“Horror is a feeling that  
cannot last long; human  
nature is incapable of  
supporting it.”

— James De Mille —



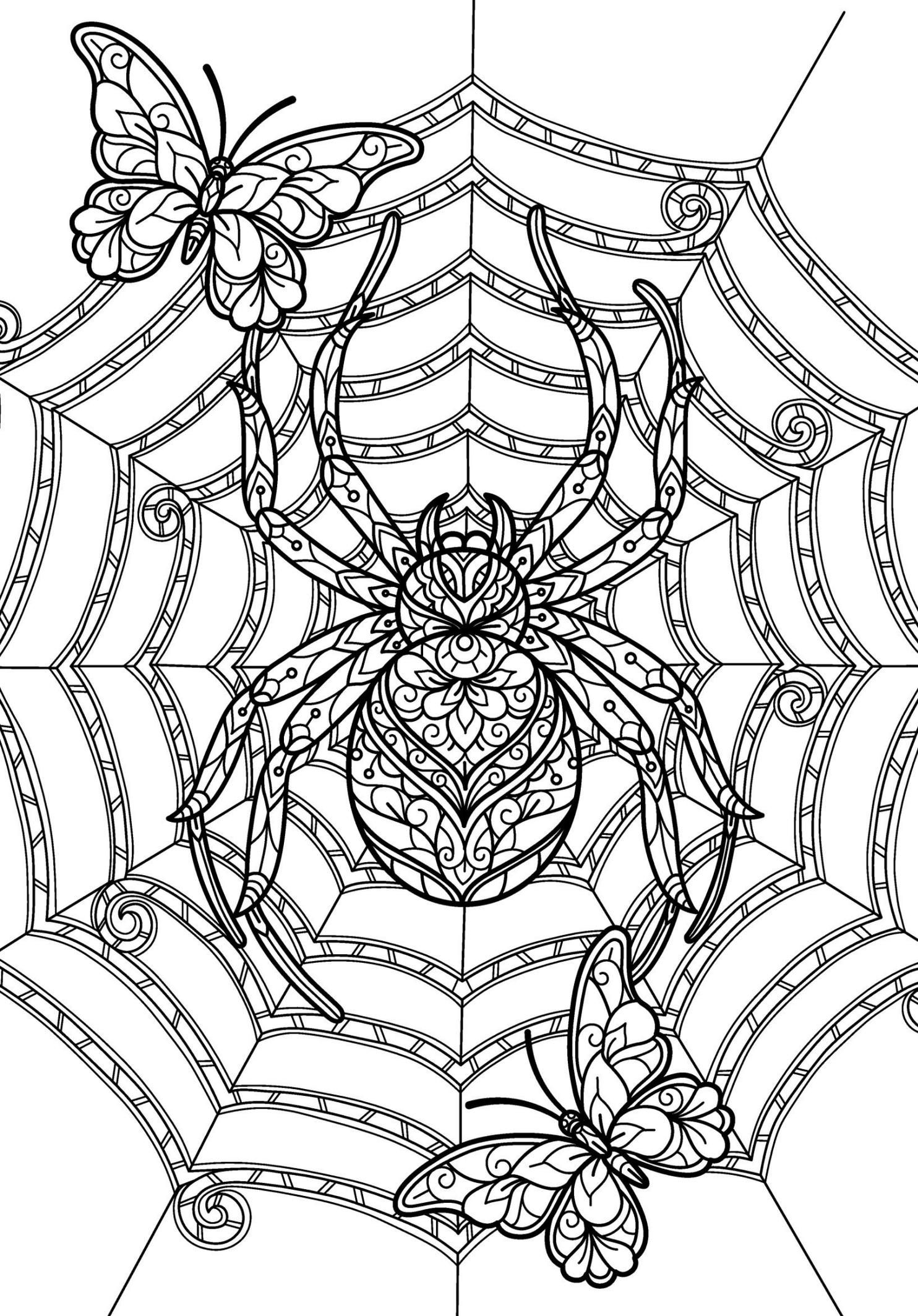
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“One of the greatest discoveries  
a man makes, one of his great  
surprises, is to find he can do what  
he was afraid he couldn't do.”

— Henry Ford —



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How very little can be done  
under the spirit of fear.”

— Florence Nightingale —

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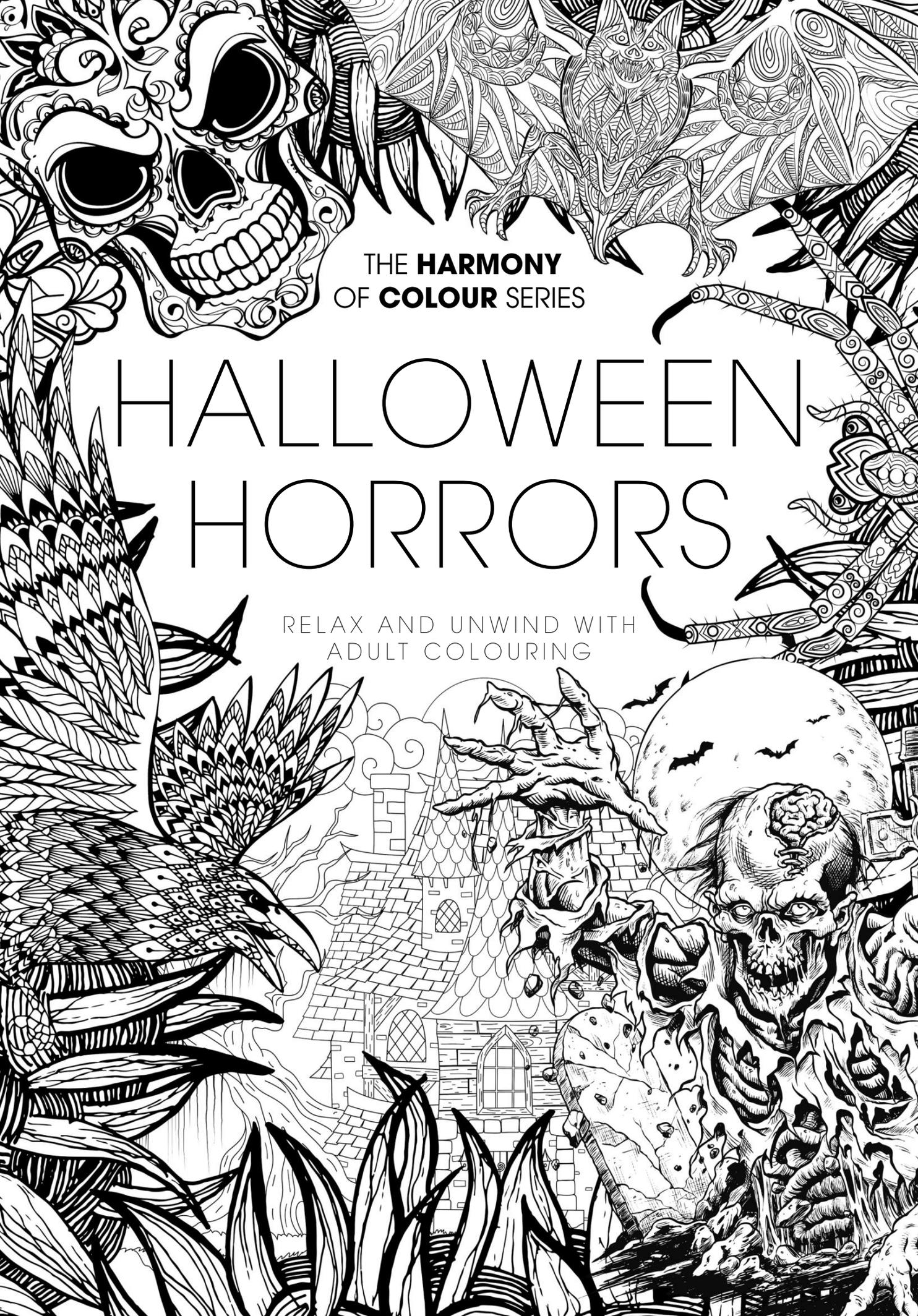
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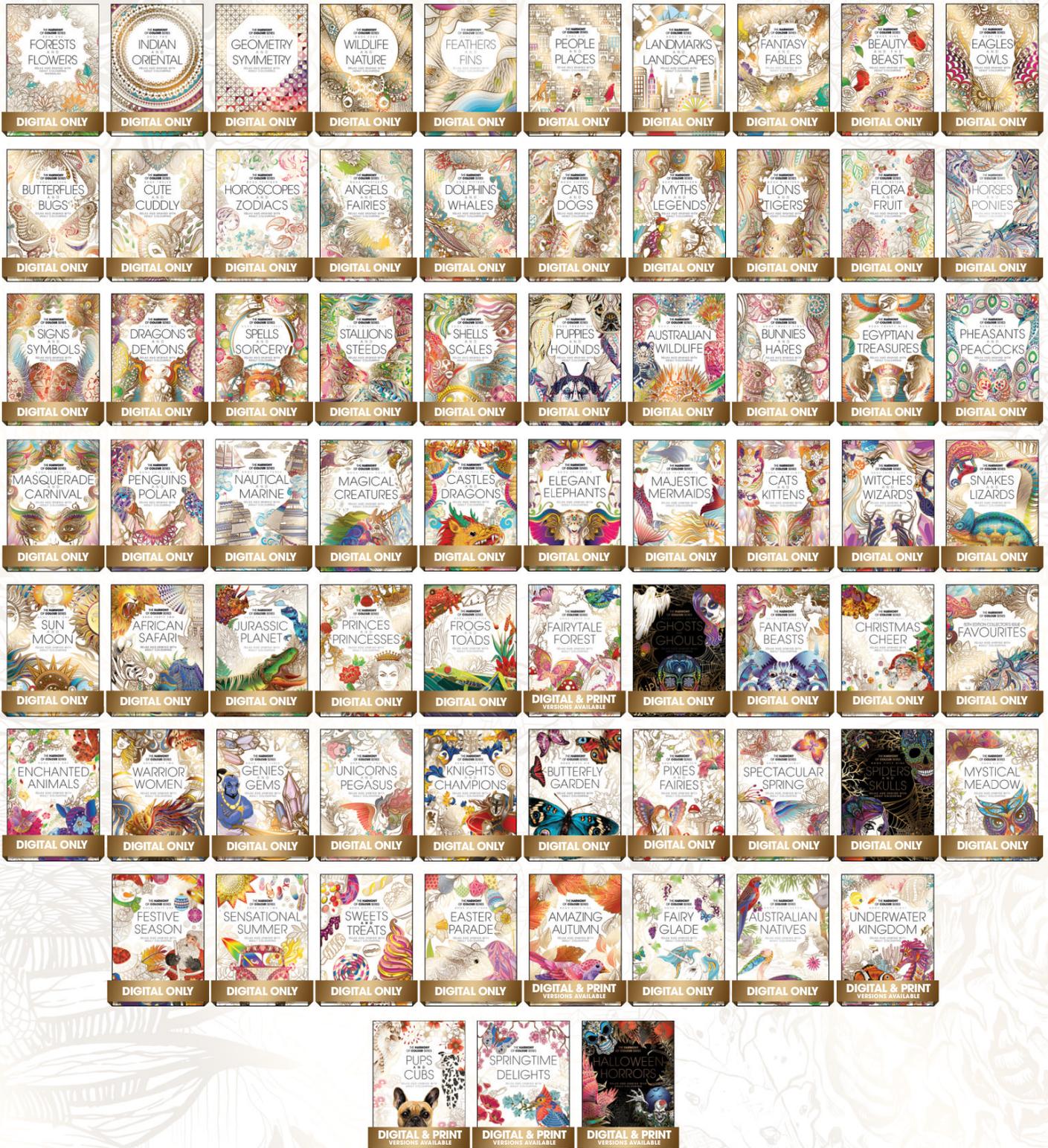


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