

THE **HARMONY**  
OF **COLOUR** SERIES

# EXOTIC JUNGLE

RELAX AND UNWIND WITH  
ADULT COLOURING

BOOK NINETY ONE  
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# EXOTIC JUNGLE

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

*Harmony of Colour: Exotic Jungle* offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...

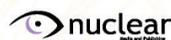


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All images: Shutterstock



“A brave heart and  
a courteous tongue.  
They shall carry thee  
far through the  
jungle, Manling.”

— Rudyard Kipling —



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“Magic is the science  
of the jungle.”

— Carl Jung —



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“Unrestricted individualism  
is the law of the beast  
of the jungle.”

— Mahatma Gandhi —



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“If you cannot find a  
good companion to  
walk with, walk alone,  
like an elephant roaming  
the jungle. It is better to  
be alone than to be with  
those who will hinder  
your progress.”

— Gautama Buddha —



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“It’s ironic, but until you  
can free those final  
monsters within the jungle  
of yourself, your life, your  
soul is up for grabs.”

— Rona Barrett —



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“If you want to understand  
the jungle, you can’t be  
content just to sail back  
and forth near the shore.  
You’ve got to get into it, no  
matter how strange and  
frightening it might seem.”

— Carl Jung —



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“Life is a zoo in a jungle.”

— Peter De Vries —



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“If you want to keep  
alive in the jungle,  
you must live as the  
jungle does.”

— John Wyndham —



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“Without culture, and the relative freedom it implies, society, even when perfect, is but a jungle. This is why any authentic creation is a gift to the future.”

— Albert Camus —



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“At first I thought I was  
fighting to save rubber  
trees, then I thought  
I was fighting to save  
the Amazon rain forest.  
Now I realise I am  
fighting for humanity”

— Chico Mendes —



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“The city is not a  
concrete jungle, it  
is a human zoo.”

— Desmond Morris —



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“If we had paid no  
more attention to our  
plants than we have to  
our children, we would  
now be living in a  
jungle of weed.”

— Luther Burbank —



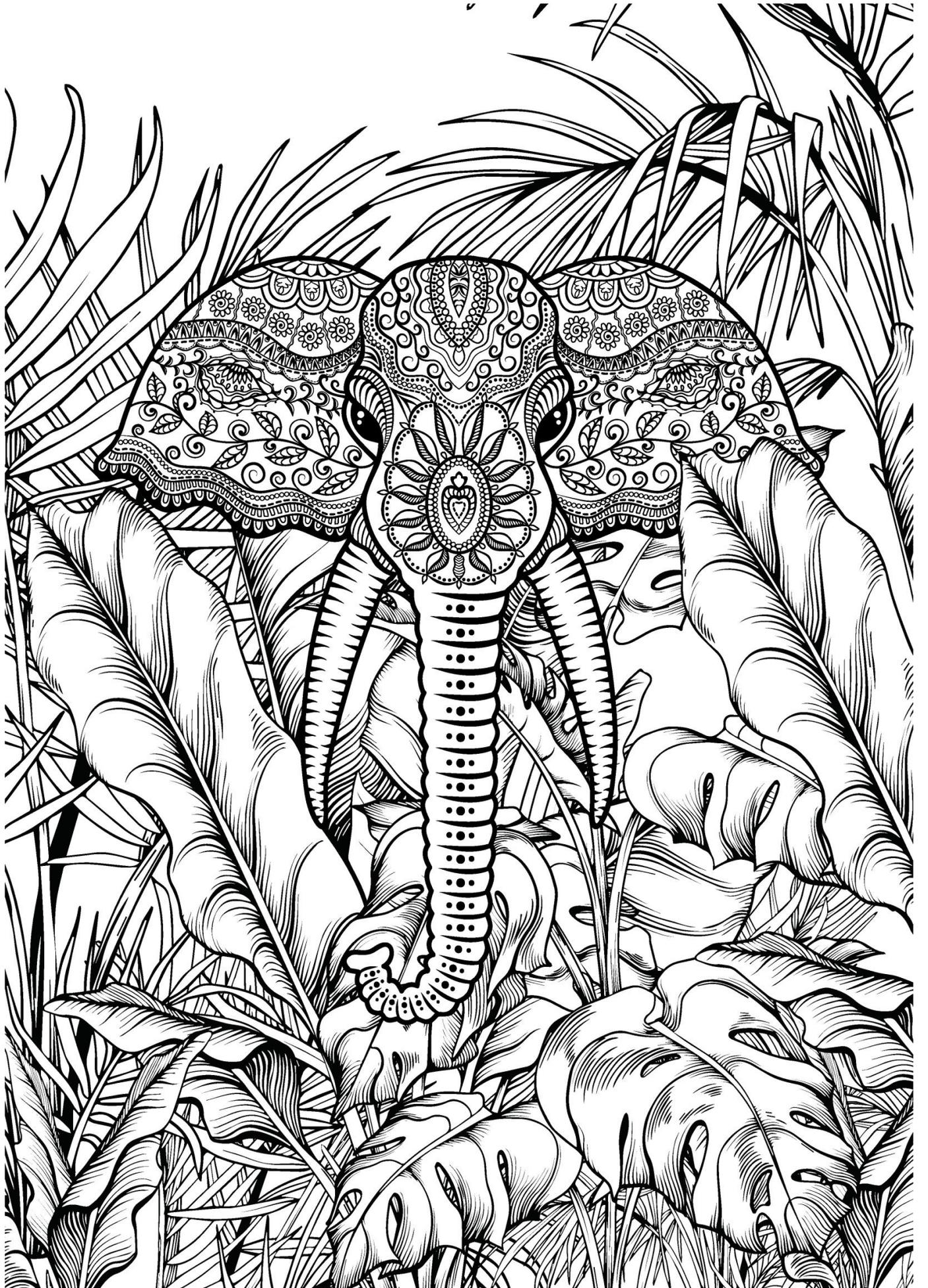
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“What is Africa to me:  
copper sun or scarlet sea,  
jungle star or jungle track,  
strong bronzed men, or regal  
black women from whose  
loins I sprang when the birds  
of eden sang?”

— Countee Cullen —



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“There is one kind of prison  
where the man is behind  
bars, and everything that he  
desires is outside; and there  
is another kind where the  
things are behind the bars,  
and the man is outside.”

— Upton Sinclair —



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“Basically, I believe the world is a jungle, and if it’s not a bit of a jungle in the home, a child cannot possibly be fit to enter the outside world.”

— Bette Davis —



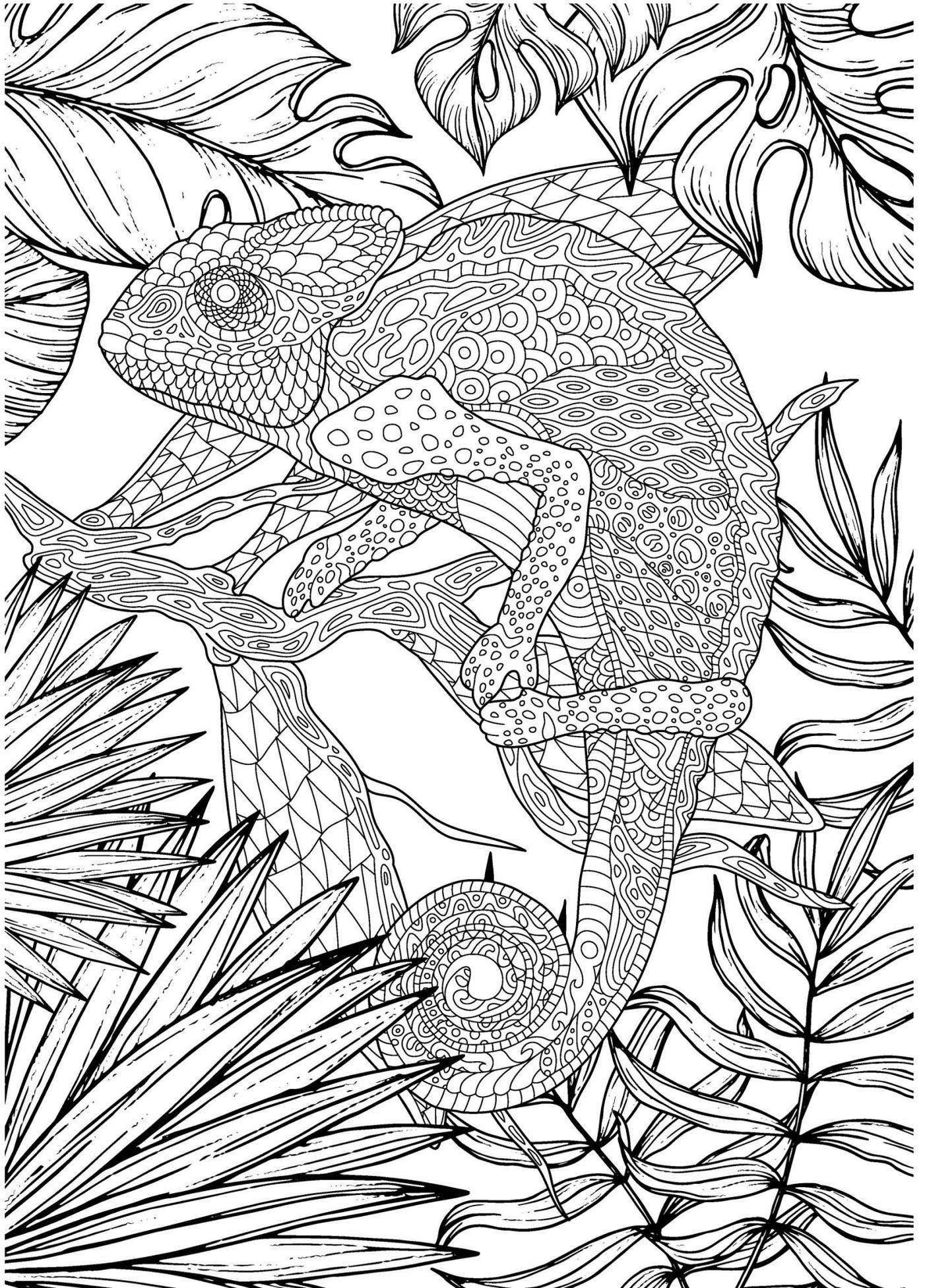
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“We’re often so busy  
cutting through the  
undergrowth we don’t  
even realise we’re in  
the wrong jungle.”

— Stephen Covey —



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“Not a single bird makes its first leap from a tree without faith, and not a single animal in the jungle begins its day without faith. Faith is the flame that eliminates fear, and faith is the emperor of dreams.”

— Suzy Kassem —



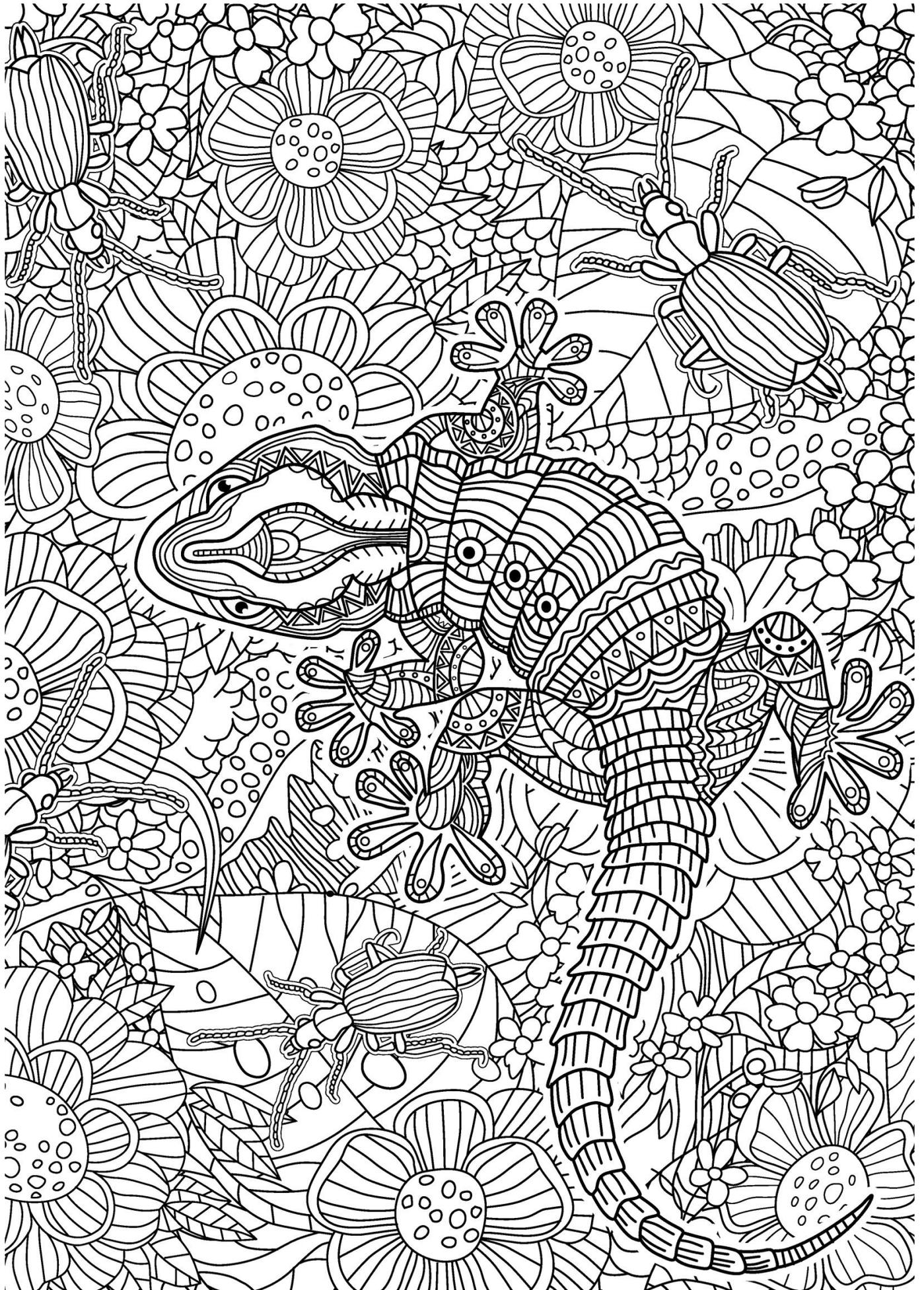
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“In the jungle of ideas,  
it is hard to find the  
true direction! The  
paths of the wrong  
ideas often seem to  
be very alluring!”

— Mehmet Murat Ildan —



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“Imagine a dense forest full of tigers and you in a strong steel cage. Knowing that you are well protected by the cage, you watch the tigers fearlessly. Next, you find the tigers in the cage and yourself roaming about in the jungle. Last, the cage disappears and you ride the tigers!”

— Sri Nisargadatta Maharaj —



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“Here is adventure. Here is  
romance. Here is mystery.  
Tropical rivers – silently  
flowing into the unknown.  
The unbelievable splendour  
of exotic flowers... the eerie  
sound of the jungle...  
with eyes that are  
always watching. This  
is Adventureland.”

— Walt Disney —



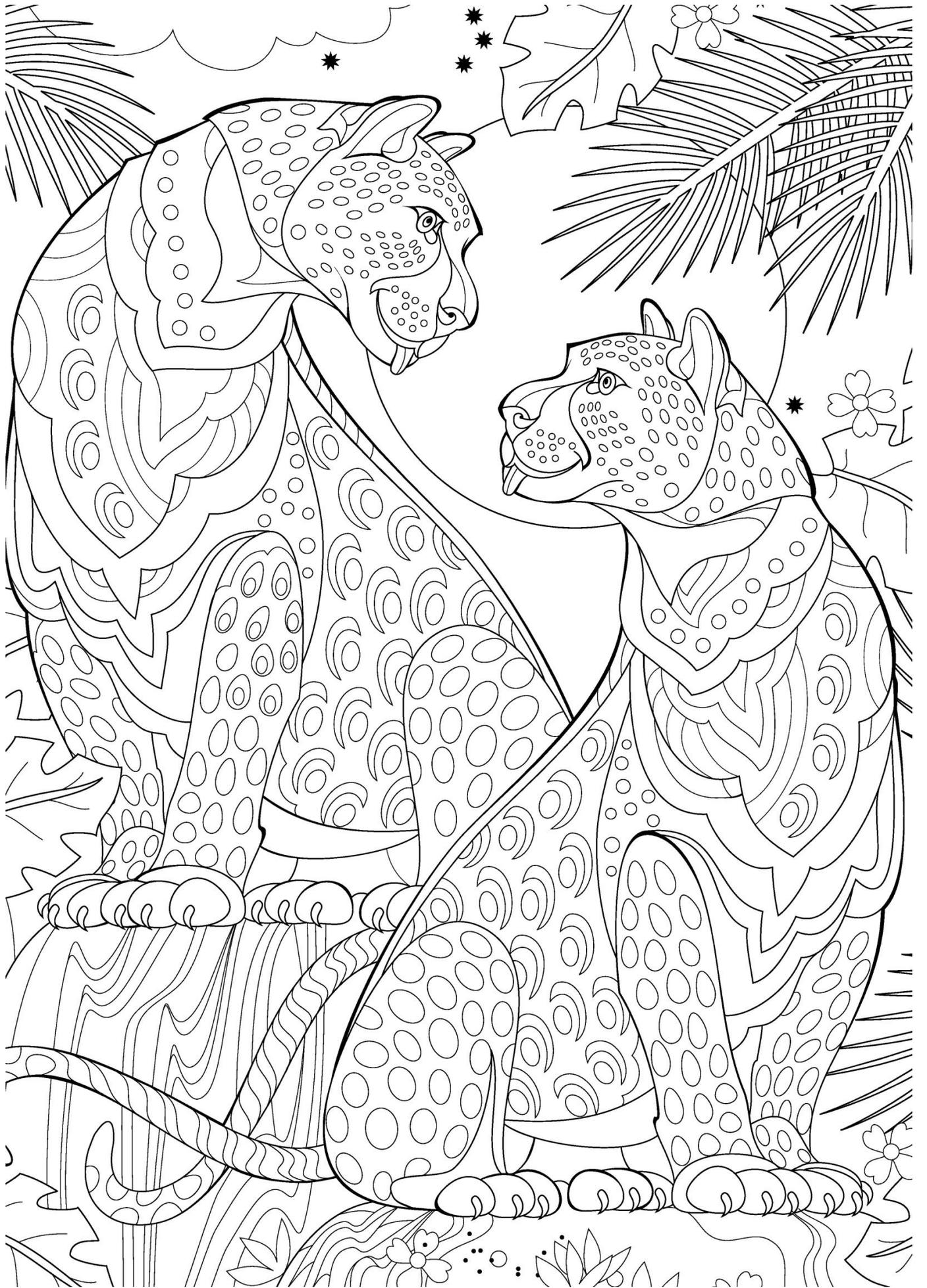
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“The problem of values arises only when men try to fit together their need to be social animals with their need to be free men. There is no problem, and there are no values, until men want to do both. If an anarchist wants only freedom, whatever the cost, he will prefer the jungle of man at war with man. And if a tyrant wants only social order, he will create the totalitarian state.”

— Jacob Bronowski —



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“We are beasts, you know,  
beasts risen from the  
savannas and jungles and  
forests. We have come  
down from the trees and  
up out of the water, but  
you can never, ever fully  
remove the feral nature  
from our psyches.”

— Yasmine Galenorn —



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“The jungle speaks to me  
because I know how to listen.”

— Rudyard Kipling —



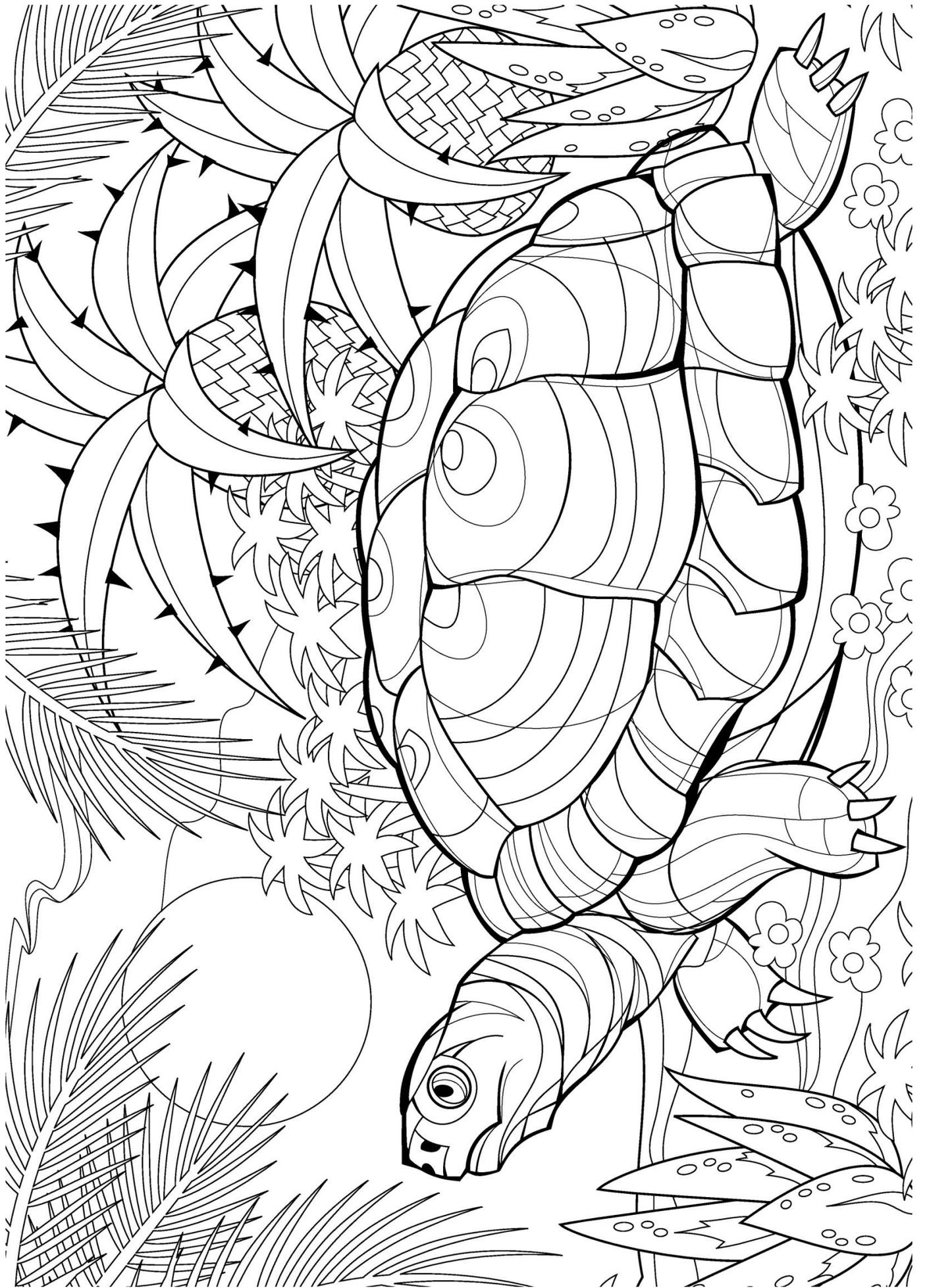
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“On a hard jungle  
journey nothing is so  
important as having a  
team you can trust.”

— Tahir Shah —



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“Today we live in a  
chaos of straight lines, in  
a jungle of straight lines.  
If you do not believe  
this, take the trouble  
to count the straight  
lines which surround  
you. Then you will  
understand, for you will  
never finish counting.”

— Friedensreich Hundertwasser —



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“The ocean is the only alien and potentially hostile environment on the planet into which we tend to venture without thinking about the animals that live there, how they behave, how they support themselves, and how they perceive us. I know of no one who would set off into the jungles of Malaysia armed only with a bathing suit, a tube of suntan cream, and a book, and yet that’s precisely how we approach the oceans.”

— Peter Benchley —



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“The ocean is a wilderness  
reaching round the  
globe, wilder than a  
Bengal jungle, and fuller  
of monsters, washing the  
very wharves of our cities  
and the gardens of our  
sea-side residences.”

— Henry David Thoreau —



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“A man in the jungle at night, as someone said, may suppose a hyena’s growl to be a lion’s; but when he hears the lion’s growl, he knows damn well it’s a lion.”

— Sheldon Vanauken —



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“The jungle is alive.  
It’s dangerous as a  
living nightmare and  
brimful of hostility.”

— Sara Sheridan —



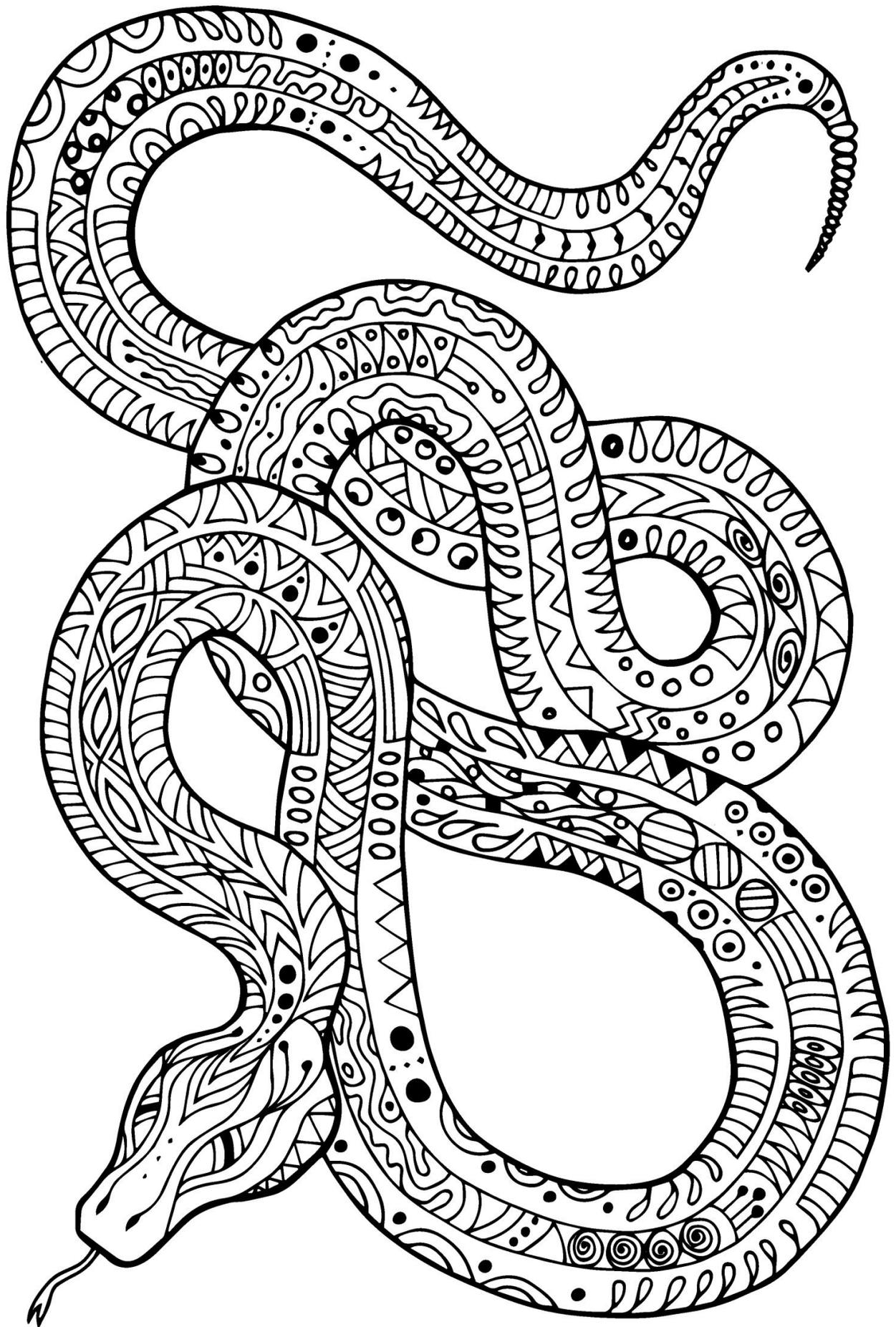
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“The ability to manage  
well doesn't make much  
difference if you're not  
even in the right jungle.”

— Stephen Covey —



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“There are a lot of different paths through the jungle, but... the simplest thing you can do is make yourself useful. Be easy to work with, be a hard worker and help people get the job done. And do it with as much passion and quality as you can.”

— Harrison Ford —



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“Writer is a monkey, jumping  
from one tree to another in  
the jungle of words.”

— Mehmet Murat Ildan —



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“There is nothing like  
the thrill of walking  
through the jungle  
looking for a tiger and  
knowing they could be  
watching you already.”

— Ashlan Gorse Cousteau —



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“In the jungle, you learn about the other beauties in life. In everyday life, it’s all about looking perfect, but in there, there’s none of that.”

— Emily Attack —



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“Every time you think of a city, you have to think green, green, green. Every time you see concrete jungle, you must find open spaces. And when you find open spaces, make it so people can get to them.”

— Eduardo Paes —



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“An elephant is the king  
of the jungle for the  
simple reason a lion is  
only brave when there  
is loads of them.”

— Dereck Chisora —



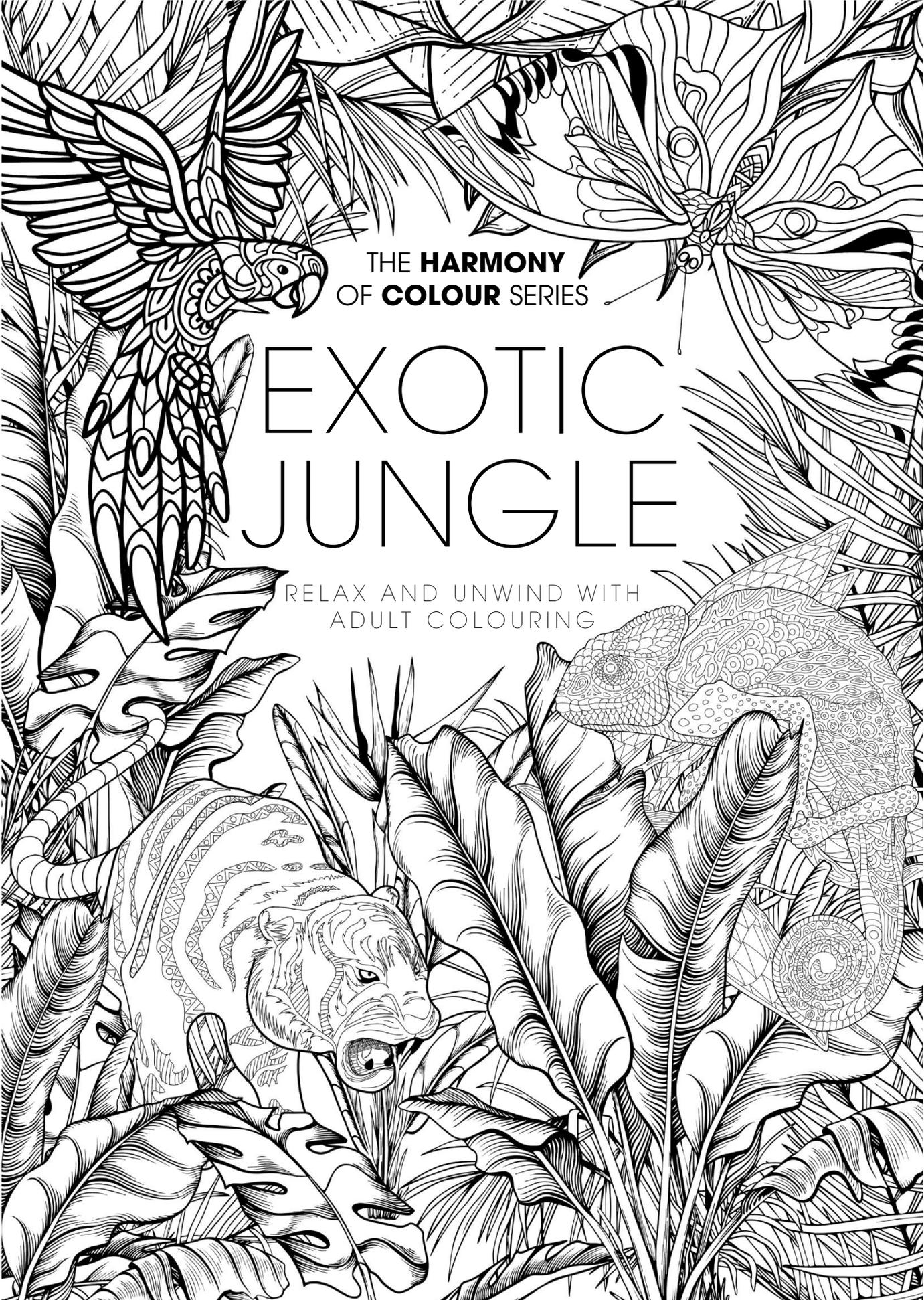
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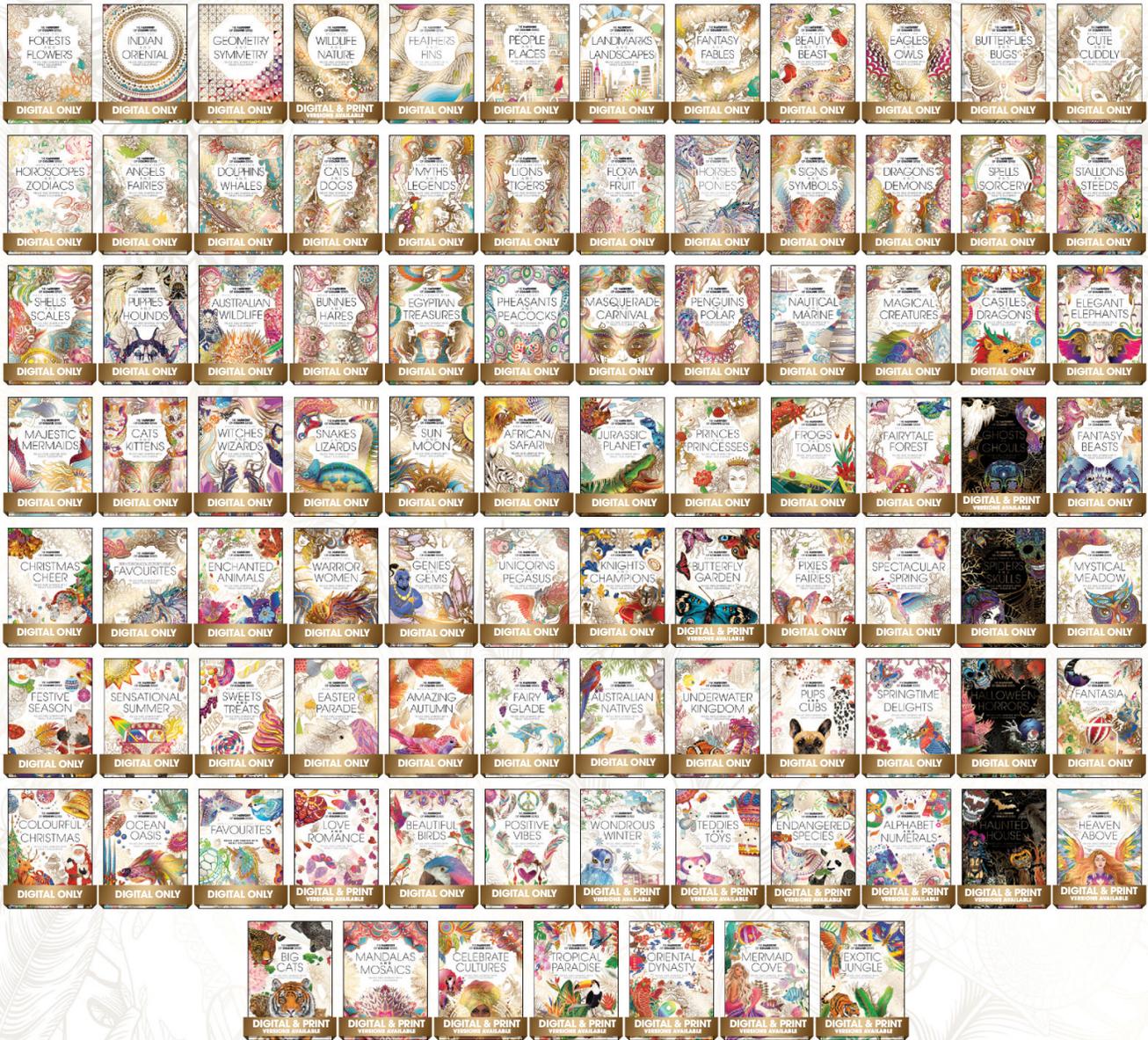


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