

THE HARMONY
OF COLOUR SERIES

TRICK OR TREAT

RELAX AND UNWIND WITH
ADULT COLOURING

BOOK 107

AUST/NZ \$14.95 ONP

ISBN 978-1-925951-53-0



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THE **HARMONY**
OF **COLOUR** SERIES

TRICK O R TREAT

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour: Trick Or Treat offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...

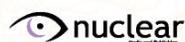


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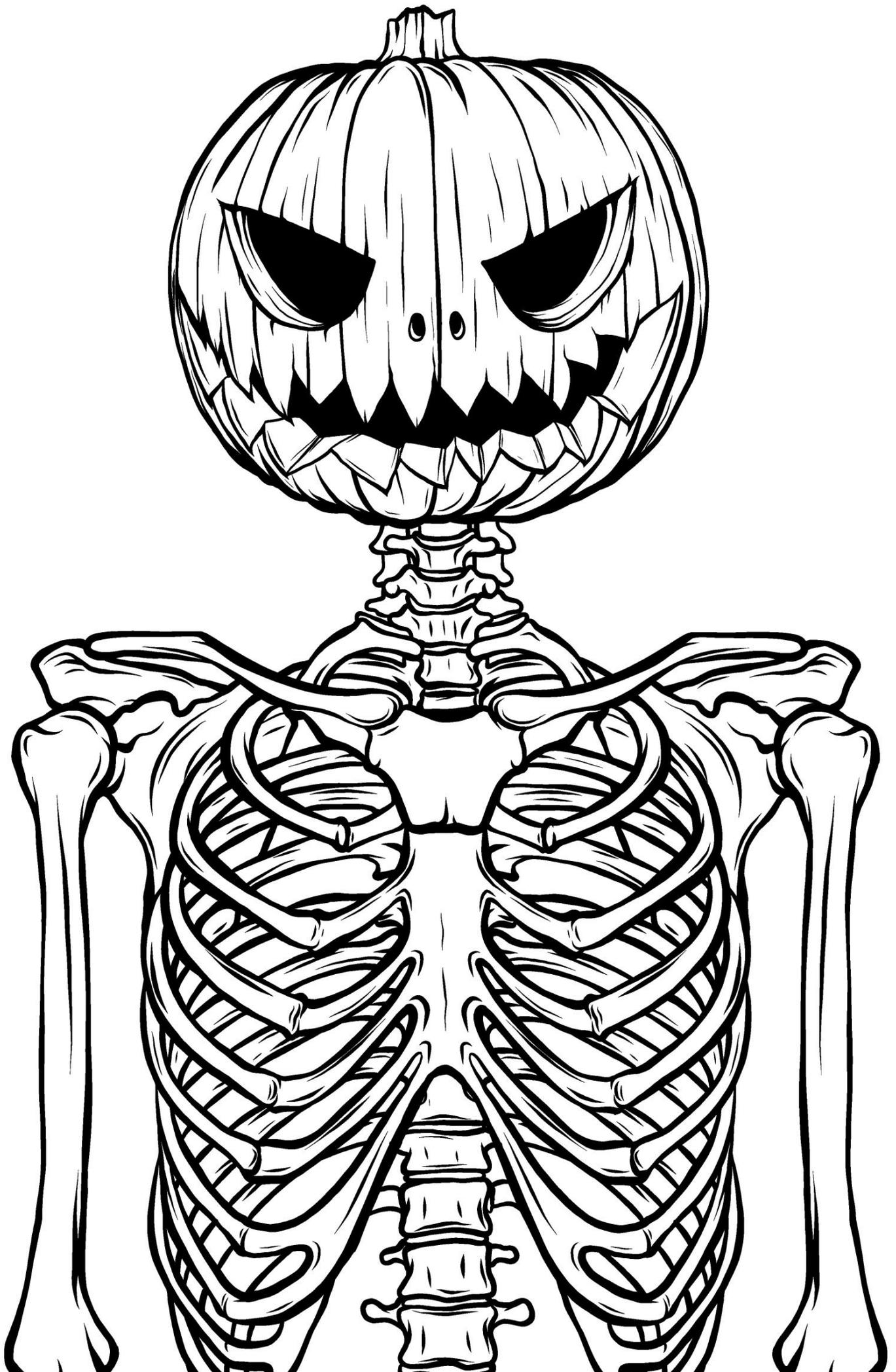
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“Eye of newt, and toe of frog,
wool of bat, and tongue of
dog, adder’s fork, and blind-
worm’s sting, lizard’s leg, and
owlet’s wing, for a charm of
powerful trouble, like a Hell-
broth boil and bubble.”

— William Shakespeare —



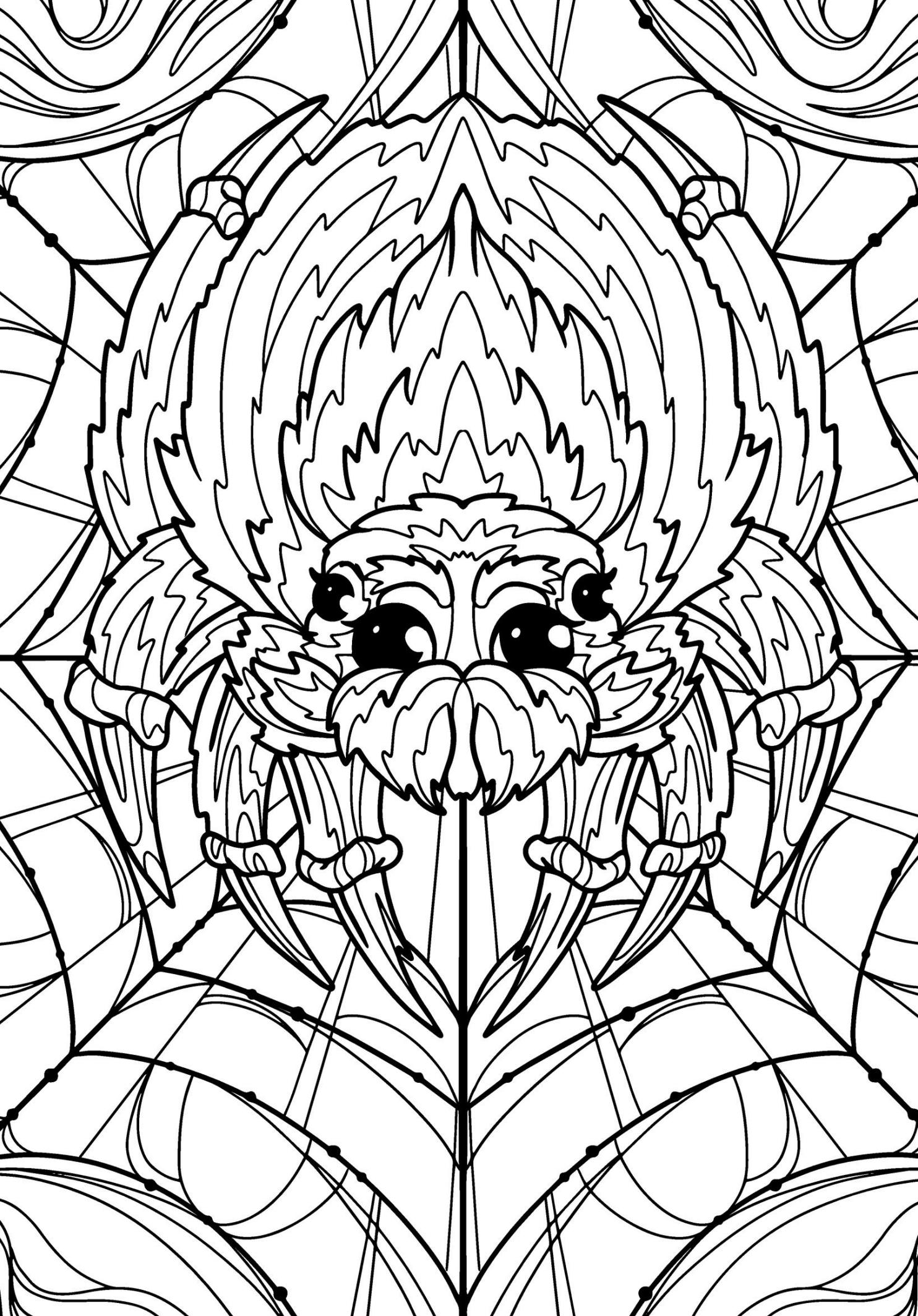
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“Only the unknown
frightens men. But once
a man has faced the
unknown, that terror
becomes the known.”

— Antoine de Saint-Exupery —



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“The witching hour,
somebody had once
whispered to her, was a
special moment in the
middle of the night when
every child and every grown-
up was in a deep deep
sleep, and all the dark things
came out from hiding
and had the world all
to themselves.”

— Roald Dahl —



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“Even the bravest men are
frightened by sudden terrors.”

— Tacitus —



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“Facing your fears robs
them of their power.”

— Mark Burnett —



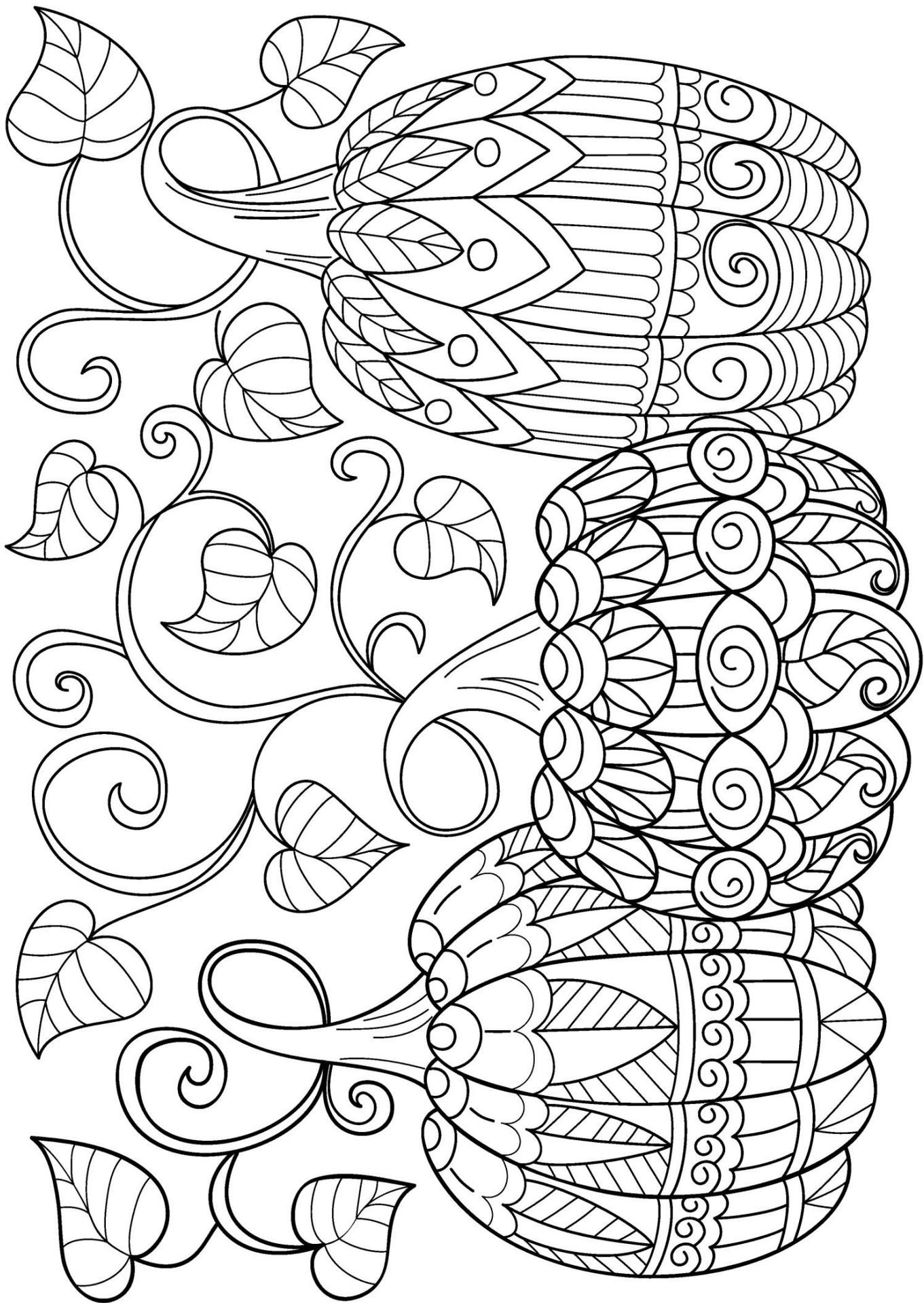
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“Where there is no
imagination there
is no horror.”

— Arthur Conan Doyle —



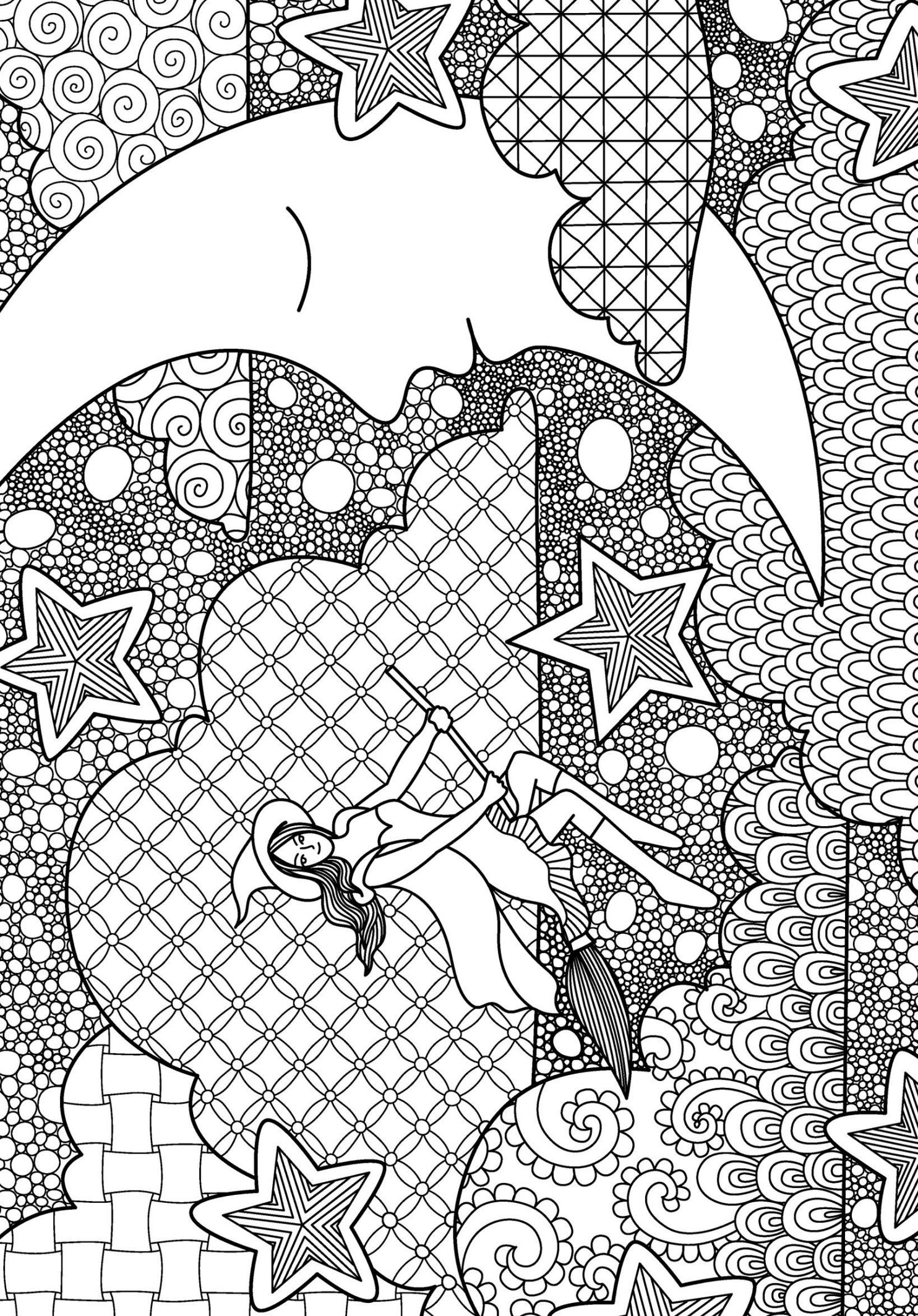
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“A witch ought never
to be frightened in the
darkest forest... because
she should be sure in
her soul that the most
terrifying thing in the
forest was her.”

— Terry Pratchett —



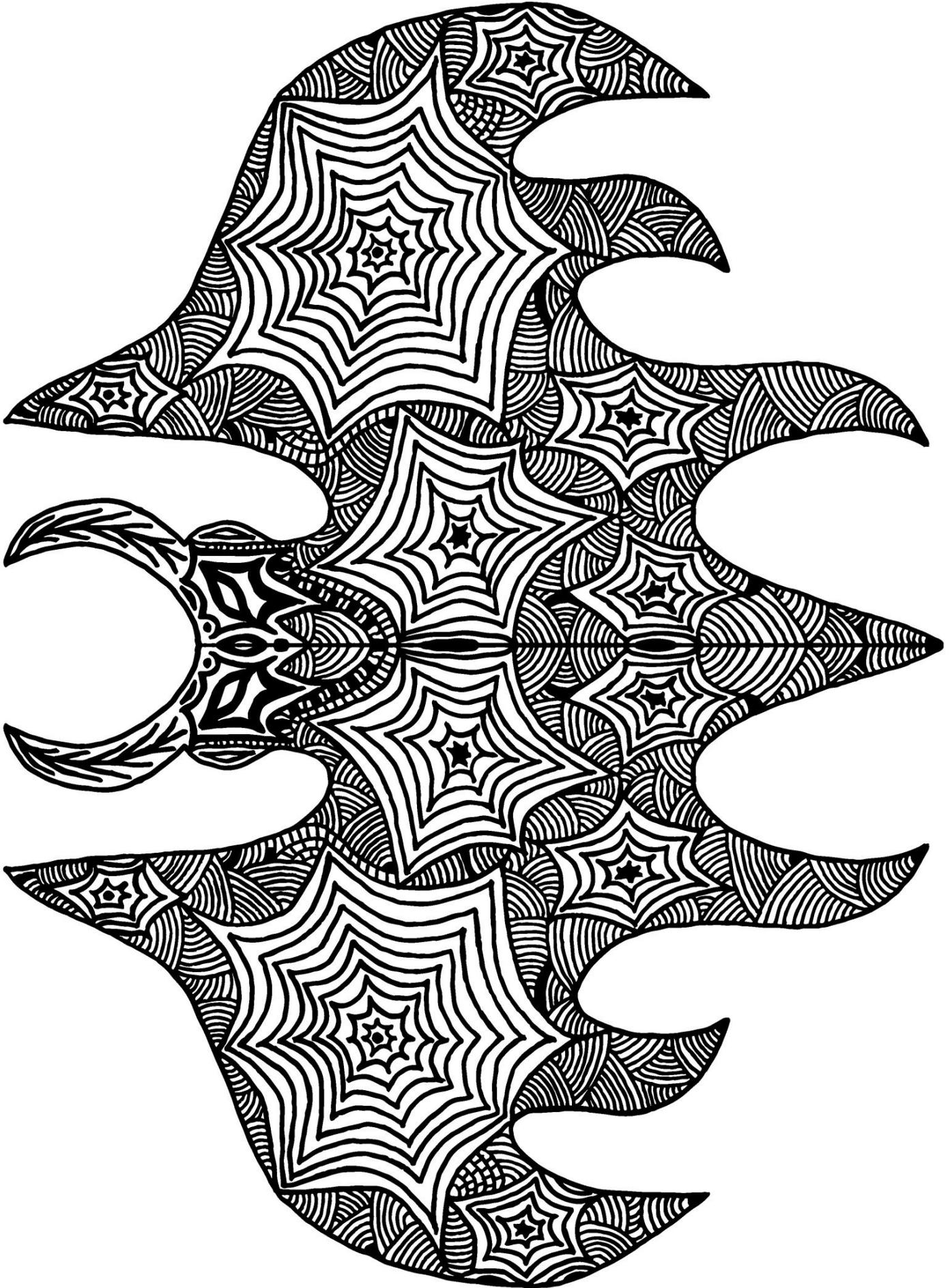
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“There is no terror in
the bang, only in the
anticipation of it.”

— Alfred Hitchcock —



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“Being scared isn’t the
problem. It’s not running
away that’s the hard part.”

— John Connolly —



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“The basis of optimism
is sheer terror.”

— Oscar Wilde —



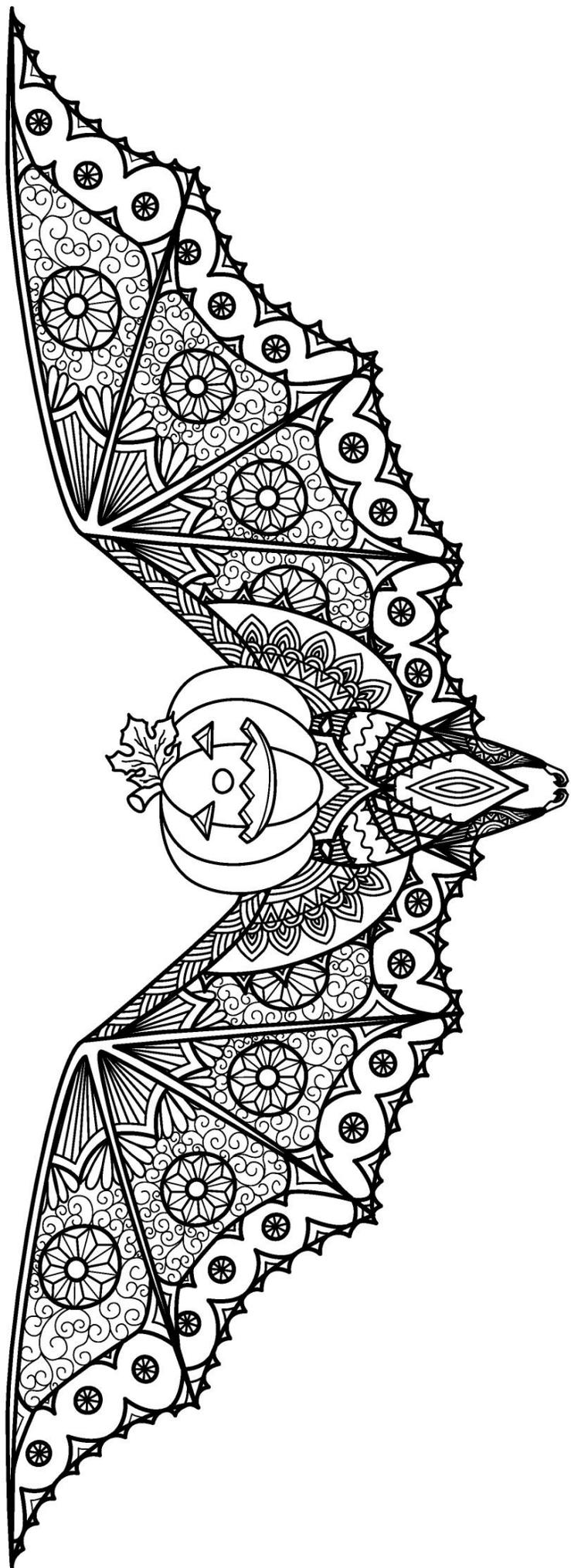
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“Action cures fear,
inaction creates terror.”

— Douglas Horton —



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“Terror itself, when once
grown transcendental,
becomes a kind of
courage; as frost
sufficiently intense,
according to the poet
Milton, will burn.”

— Thomas Carlyle —



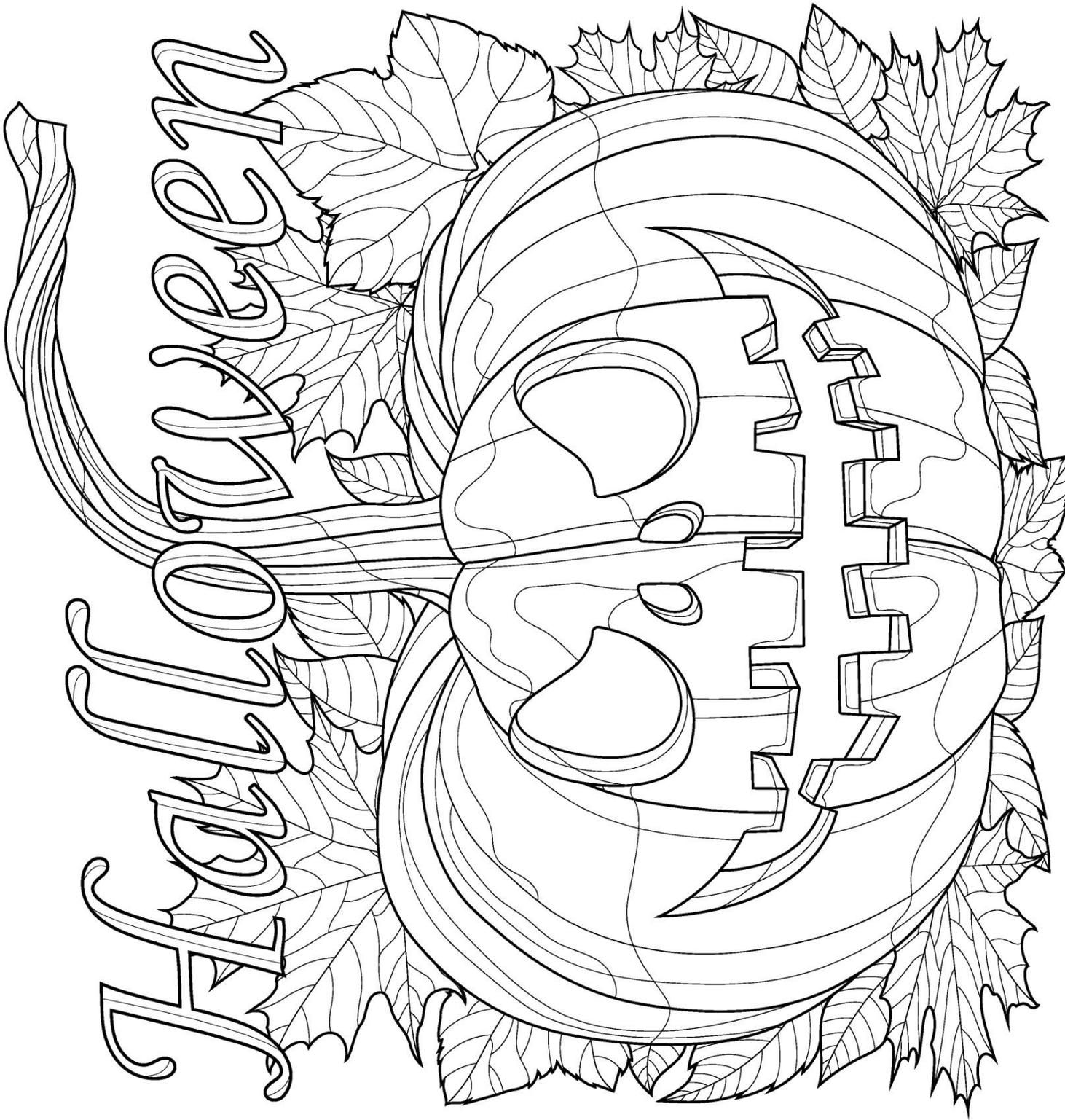
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“When a person screams
in pain, the actual pain
is only half the noise they
make. The other half is the
terror at being forced to
accept that they exist.”

— Noah Cicero —



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“Fear is the most easily
taught of all lessons,
and the fight against
terror, real or imagined,
is perhaps the history of
man’s mind.”

— Marjorie Kinnan Rawlings —



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“Fear has many eyes
and can see things
underground.”

— Miguel de Cervantes —



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“Death has but
one terror, that it
has no tomorrow.”

— Eric Hoffer —



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**TRICK OR
TREAT**

“The risk of a wrong
decision is preferable to
the terror of indecision.”

— Maimonides —



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“Halloween wraps fear in
innocence, as though
it were a lightly sour
sweet. Let terror, then, be
turned into a treat.”

— Nick Gordon —



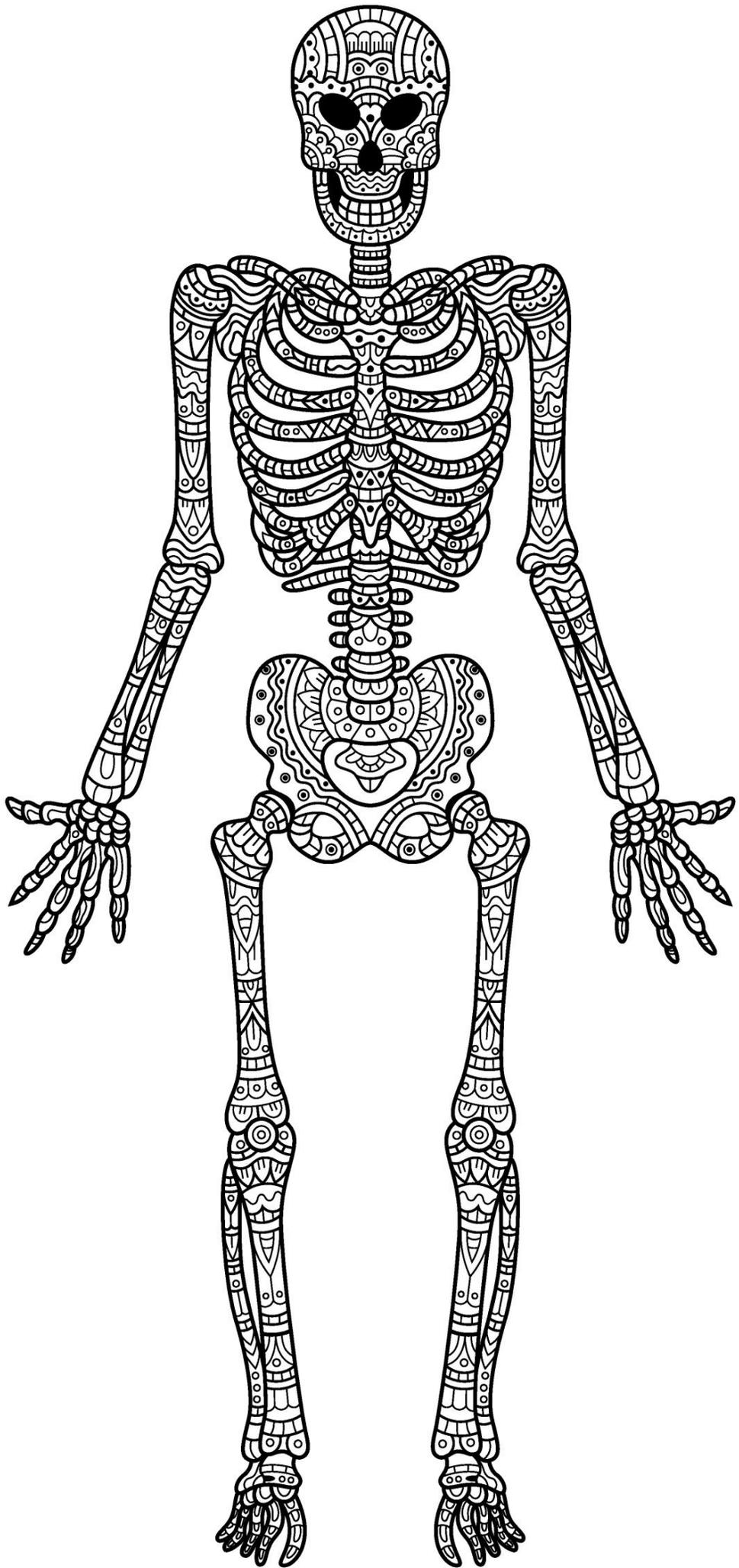
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“The aim is to balance the
terror of being alive with
the wonder of being alive.”

— Carlos Castaneda —



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“The oldest and strongest
emotion of mankind is
fear, and the oldest and
strongest kind of fear is
fear of the unknown.”

— H. P. Lovecraft —



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“There is something
haunting in the light
of the moon.”

— Joseph Conrad —



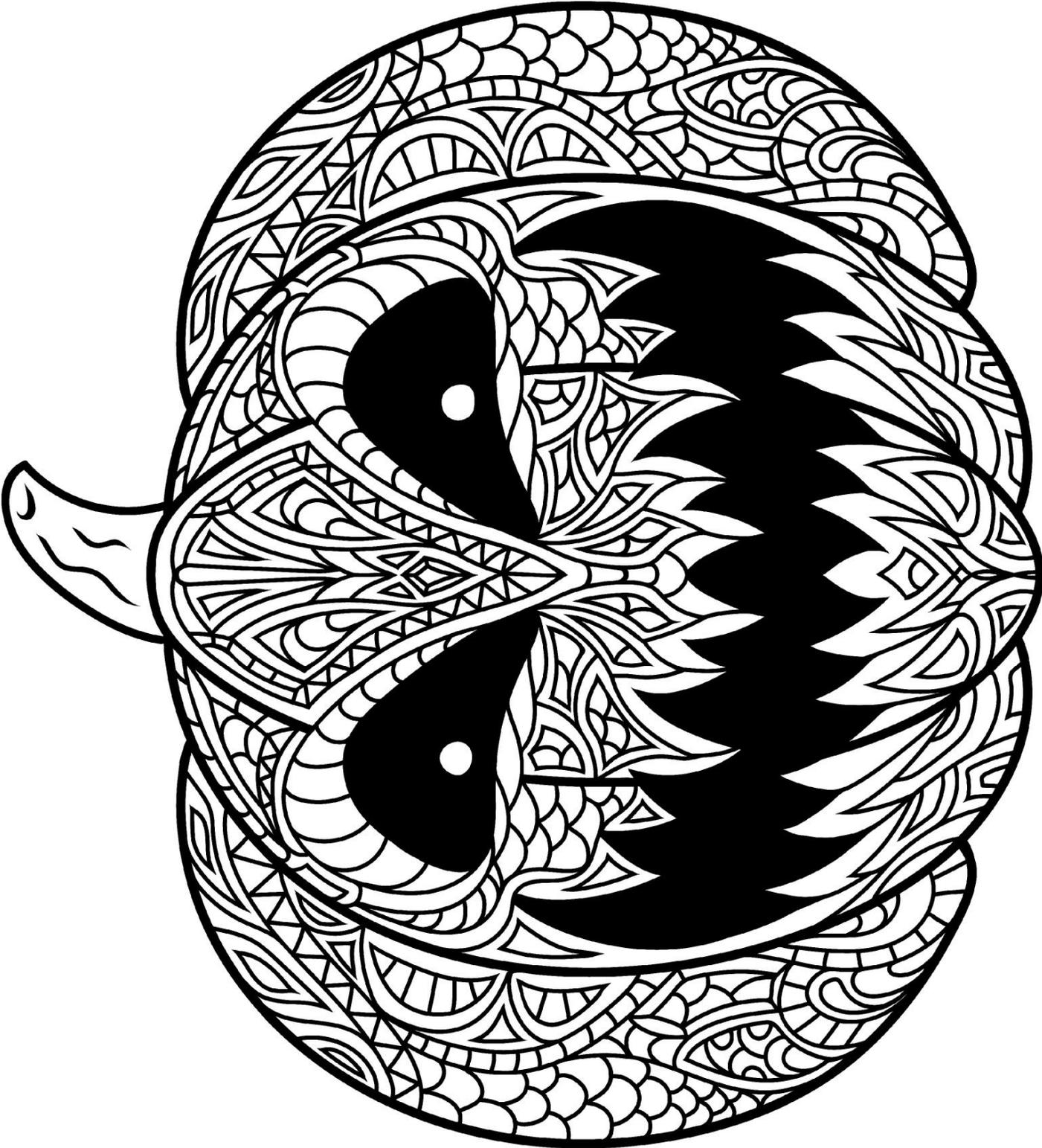
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“Fairy tales since the beginning of recorded time, and perhaps earlier, have been ‘a means to conquer the terrors of mankind through metaphor.’”

— Jack Zipes —



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“Nearly every man is a
coward, if confronted
by the proper terror.”

— E. W. Howe —



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“Deep into that darkness
peering, long I stood there,
wondering, fearing, doubting,
dreaming dreams no mortal
ever dared to dream before.”

— Edgar Allan Poe —



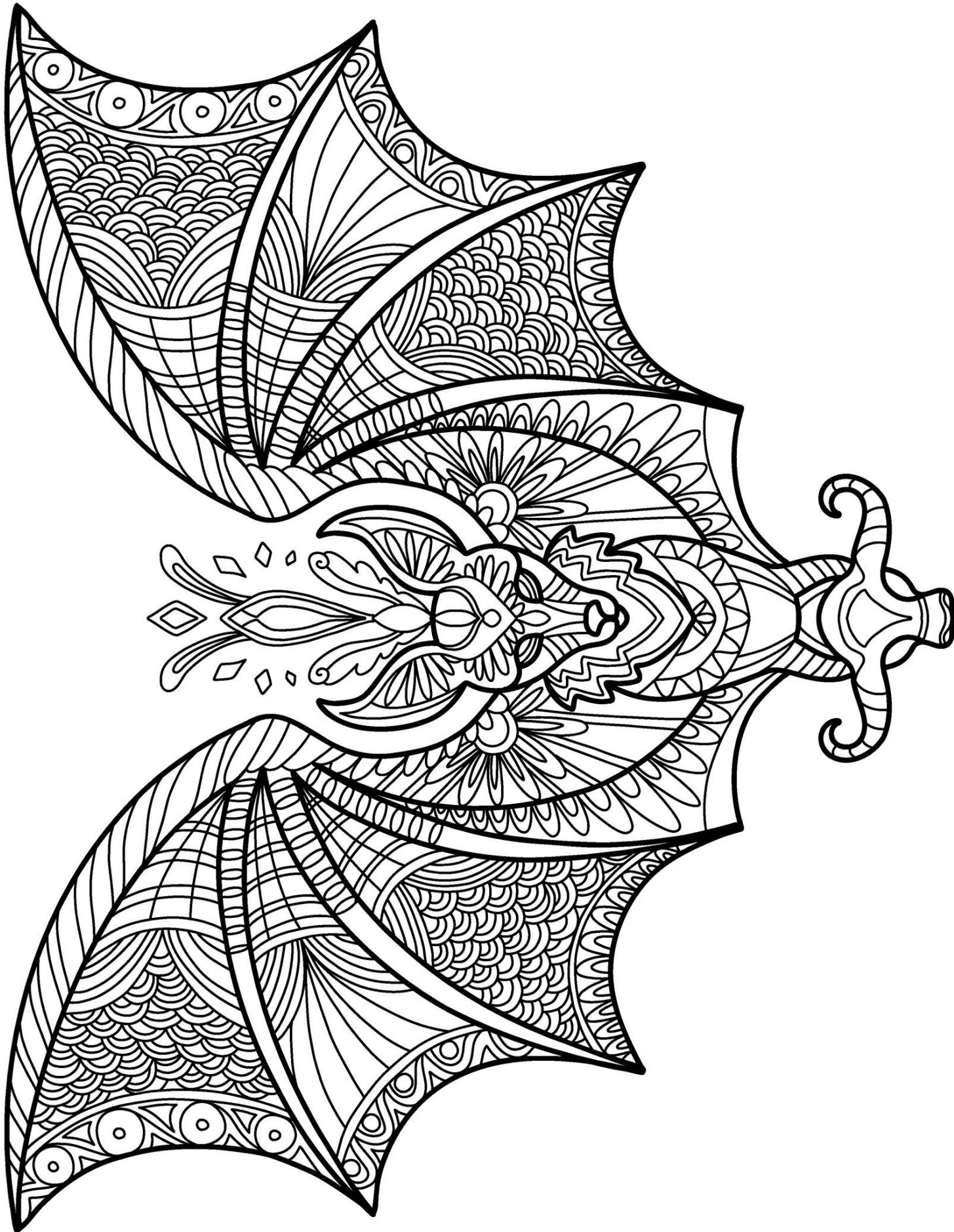
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“For as children tremble
and fear everything in the
blind darkness, so we in
the light sometimes fear
what is no more to be
feared than the things
that children in the dark
hold in terror and imagine
will come true.”

— Lucretius —



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“As spirits roam the
neighborhoods at night,
Let loose upon the
Earth till it be light.”

— Nick Gordon —



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“There is something
haunting in the light
of the moon; it has all
the dispassionateness
of a disembodied soul,
and something of its
inconceivable mystery.”

— Joseph Conrad —



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“Clothes make
a statement.
Costumes tell a story.”

— Mason Cooley —



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“If you push through
that feeling of being
scared, that feeling
of taking risk, really
amazing things
can happen.”

— Marissa Mayer —



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“Of the mental hazards,
being scared is the
worst. When you get
scared, you get tense.”

— Sam Snead —



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“You’re a lot better off being
scared than being bored.”

— Harvey Mackay —



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“Nothing beats a haunted moonlit night on All Hallows Eve... and on this fatal night, at this witching time, the starless sky laments black and unmoving. The somber hues of an ominous, dark forest are suddenly illuminated under the emerging face of the full moon.”

— Elizabeth Kim —



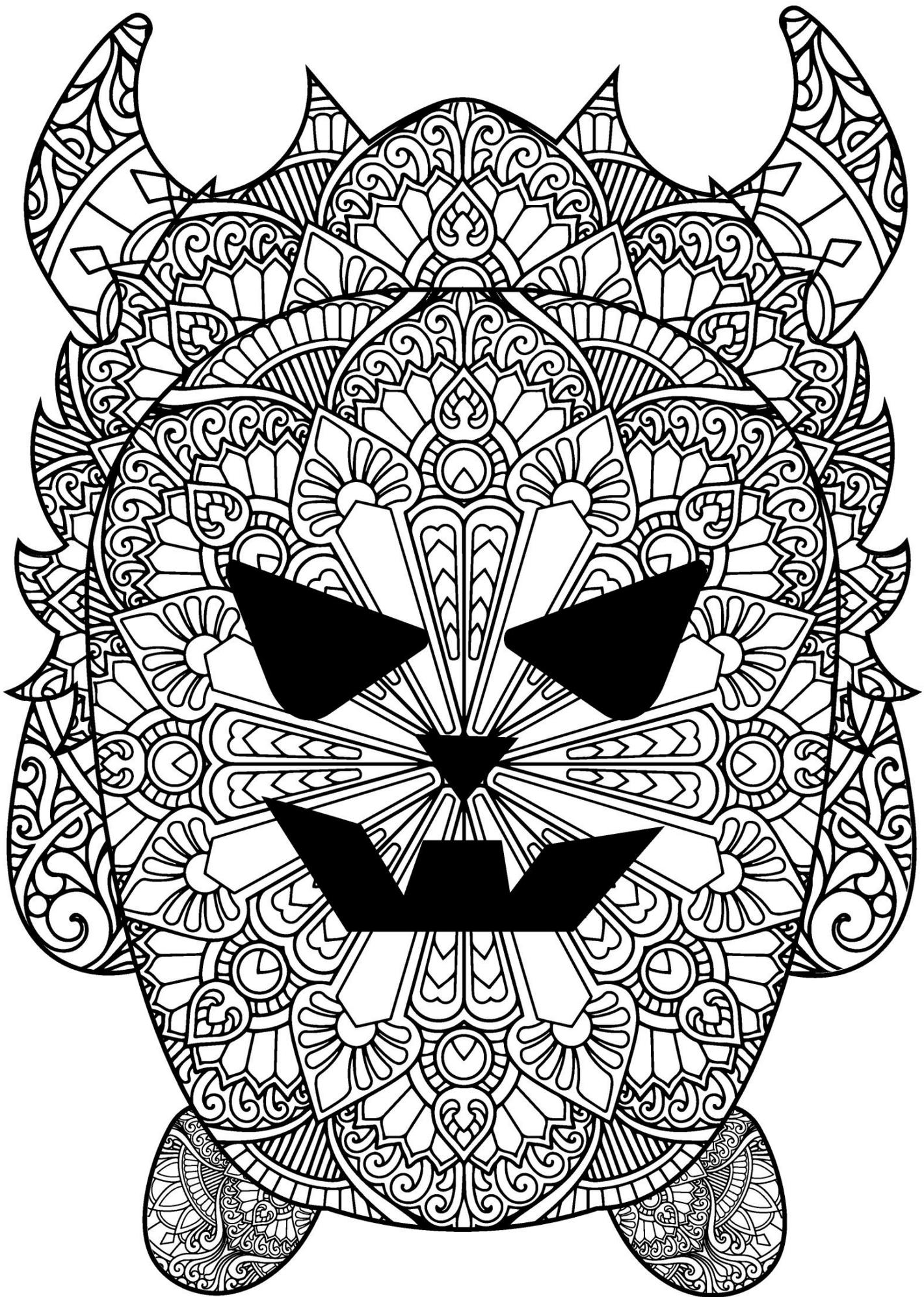
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“Tis now the very witching
time of night, when
churchyards yawn and
Hell itself breathes out
contagion to this world.”

— William Shakespeare —



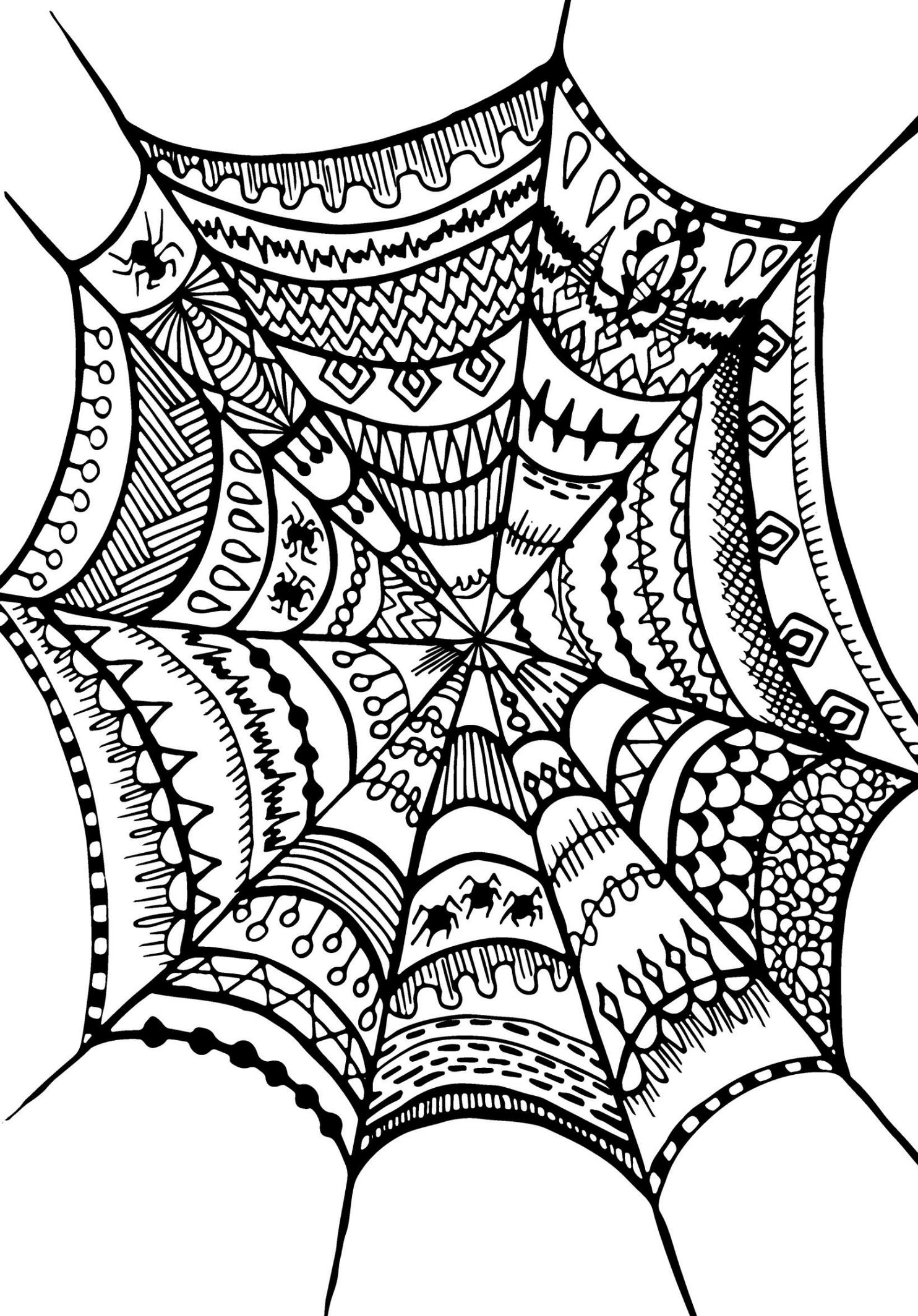
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“Ghosts were created
when the first man
awoke in the night.”

— James M. Barrie —



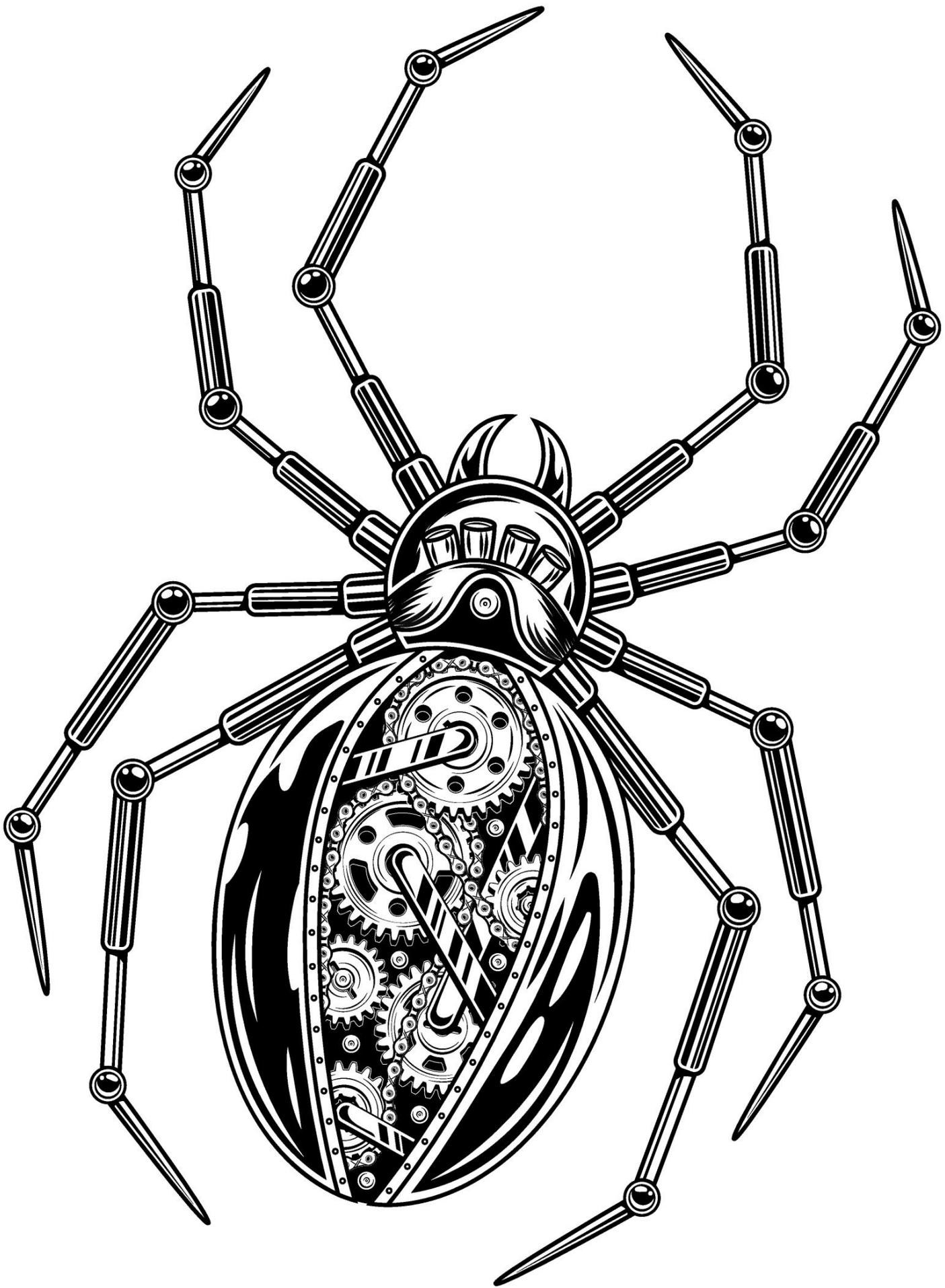
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“One need not be a
chamber to be haunted;
One need not be a house;
The brain has corridors
surpassing material place.”

— Emily Dickinson —



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“In masks and gown
we haunt the street
and knock on doors
for trick or treat.
Tonight we are the
king and queen,
for oh tonight it’s
Halloween!”

— Jack Prelutsky —



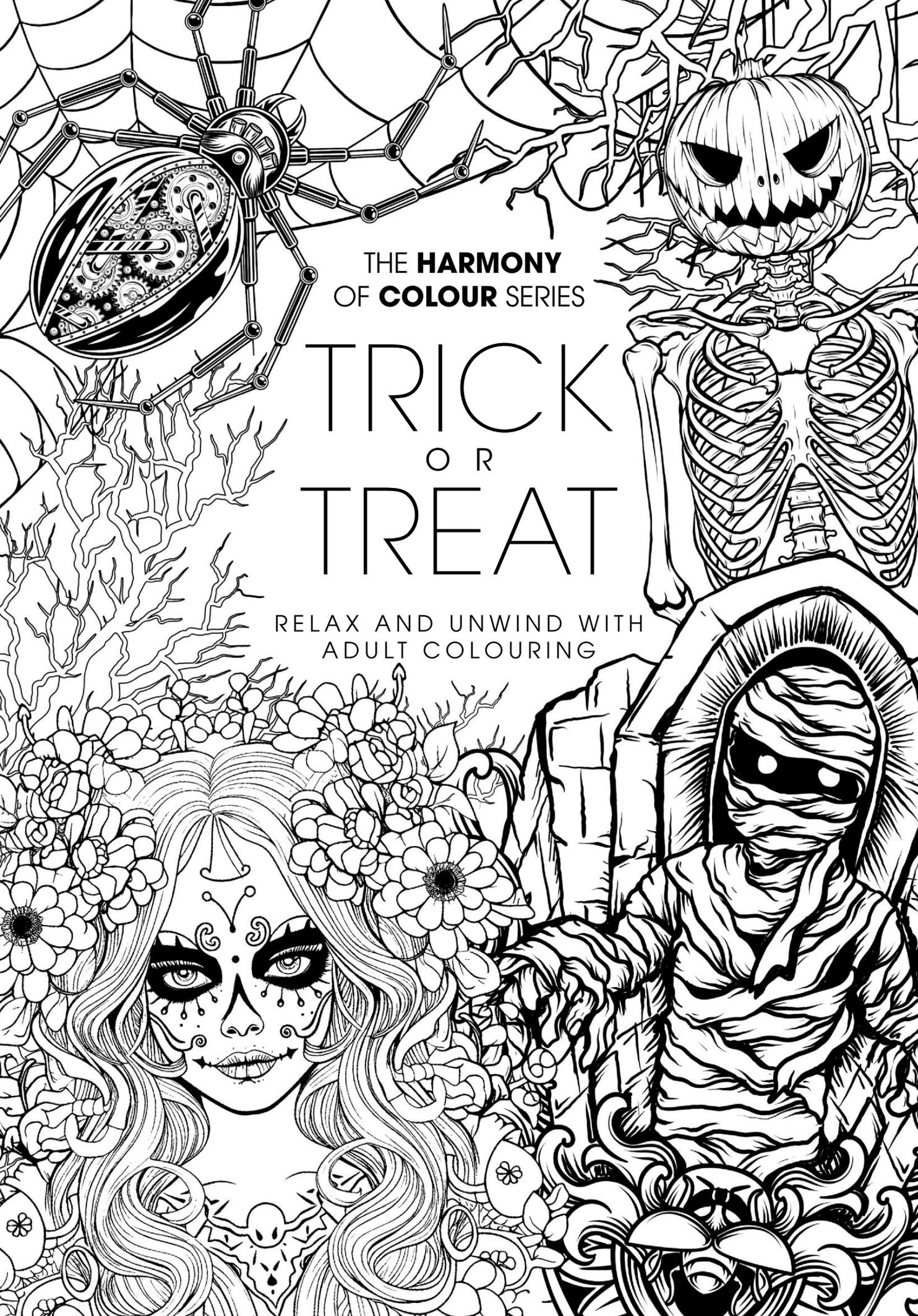
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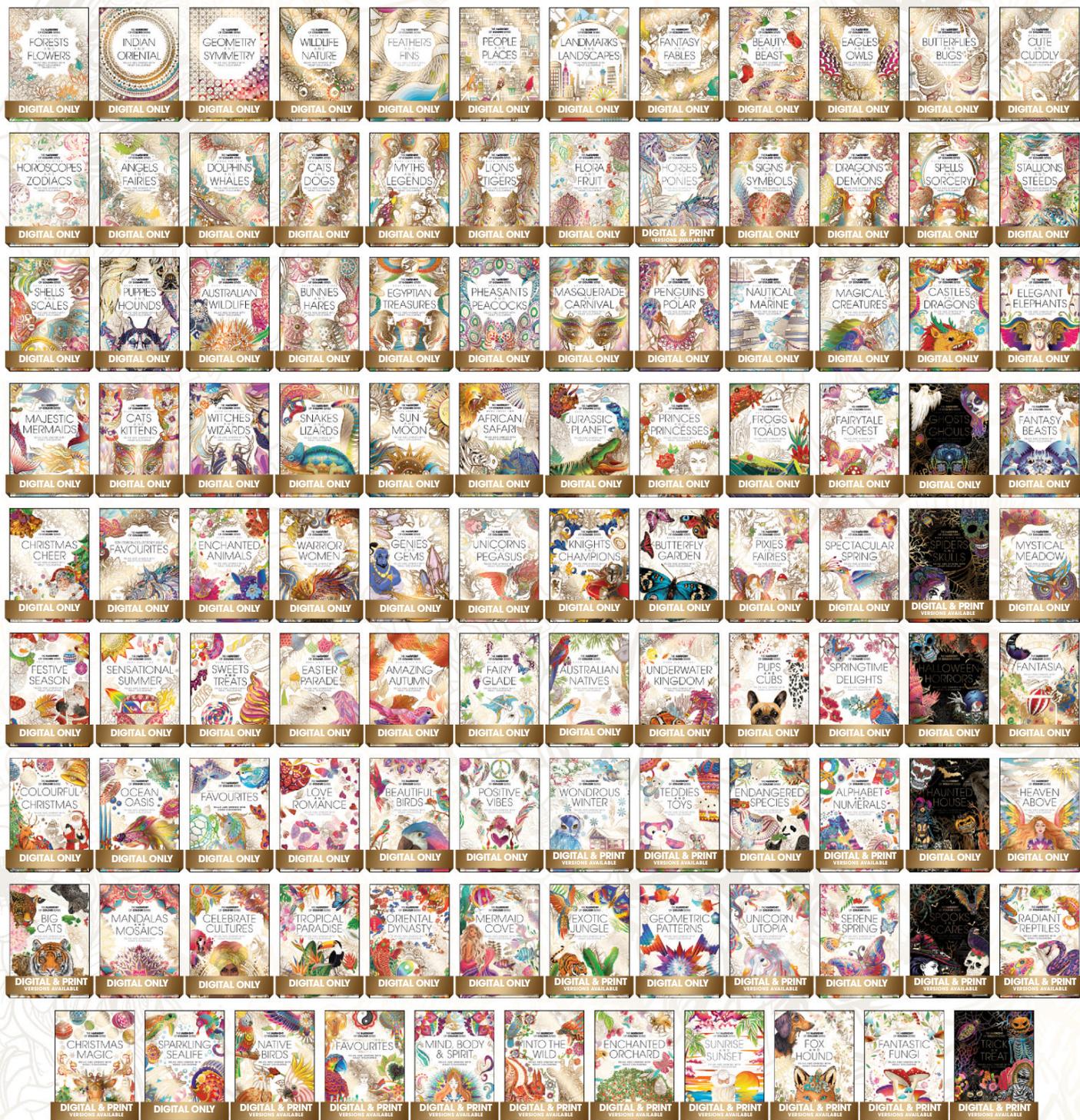


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