



THE HARMONY
OF COLOUR SERIES

WONDEROUS WATERFALLS

RELAX AND UNWIND WITH
ADULT COLOURING

BOOK 113

AUST/NZ \$14.95 GST

ISBN 978-1-925951-59-2



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THE **HARMONY**
OF **COLOUR** SERIES

WONDEROUS WATERFALLS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour: Wondrous Waterfalls offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



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All images: Shutterstock



“There is a hidden
message in every
waterfall. It says, if you
are flexible, falling will
not hurt you!”

— Mehmet Murat Ildan —



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“I firmly believe that nature
brings solace in all troubles.”

— Anne Frank —



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“As long as I live, I’ll hear
waterfalls and birds and
winds sing. I’ll interpret the
rocks, learn the language
of flood, storm, and the
avalanche. I’ll acquaint
myself with the glaciers
and wild gardens, and
get as near the heart of
the world as I can.”

— John Muir —



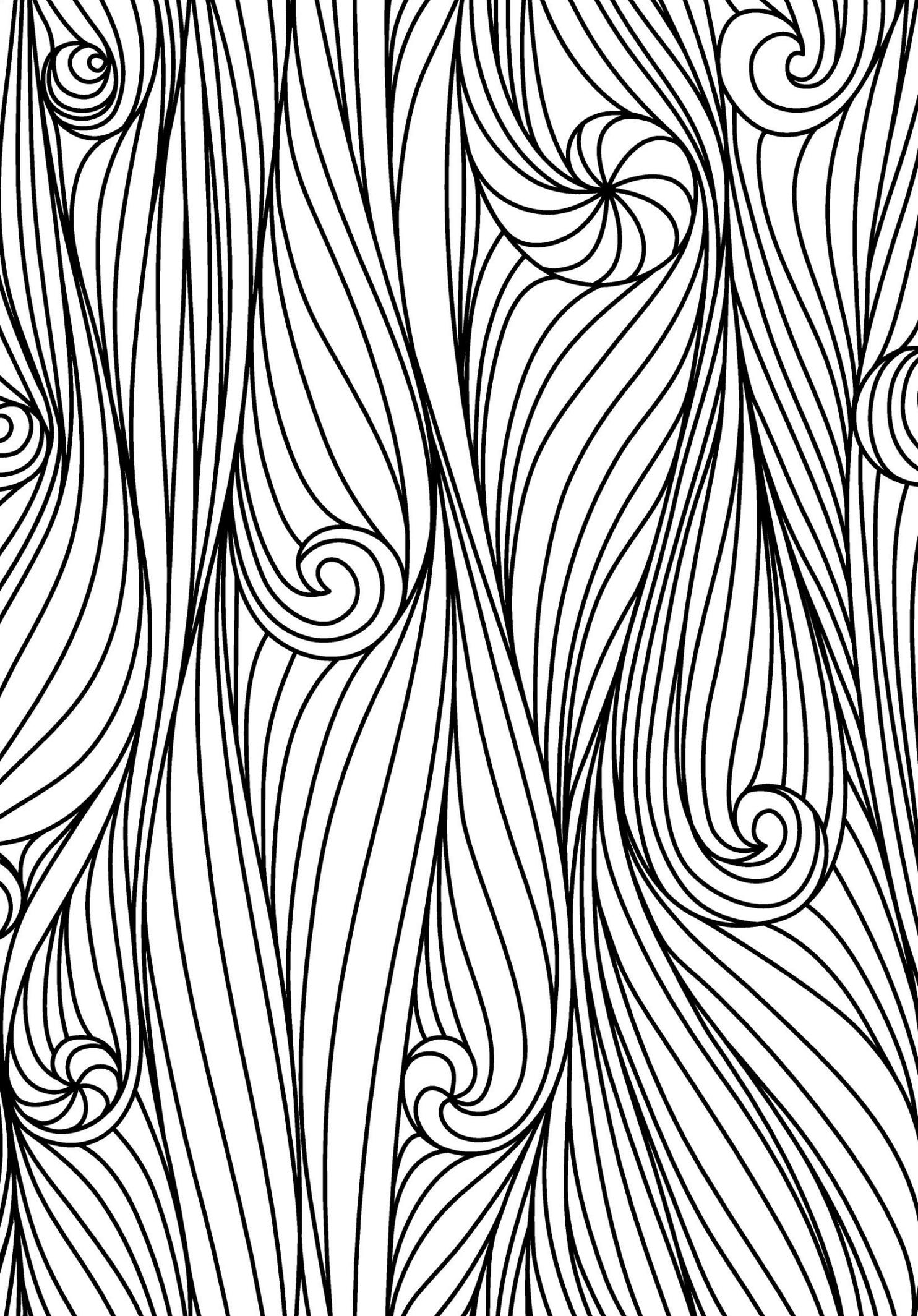
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“My mind is a raging
torrent, flooded with
rivulets of thought
cascading into a
waterfall of creative
alternatives.”

— Mel Brooks —



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“A river seems a magic
thing. A magic, moving,
living part of the
very Earth itself.”

— Laura Gilpin —



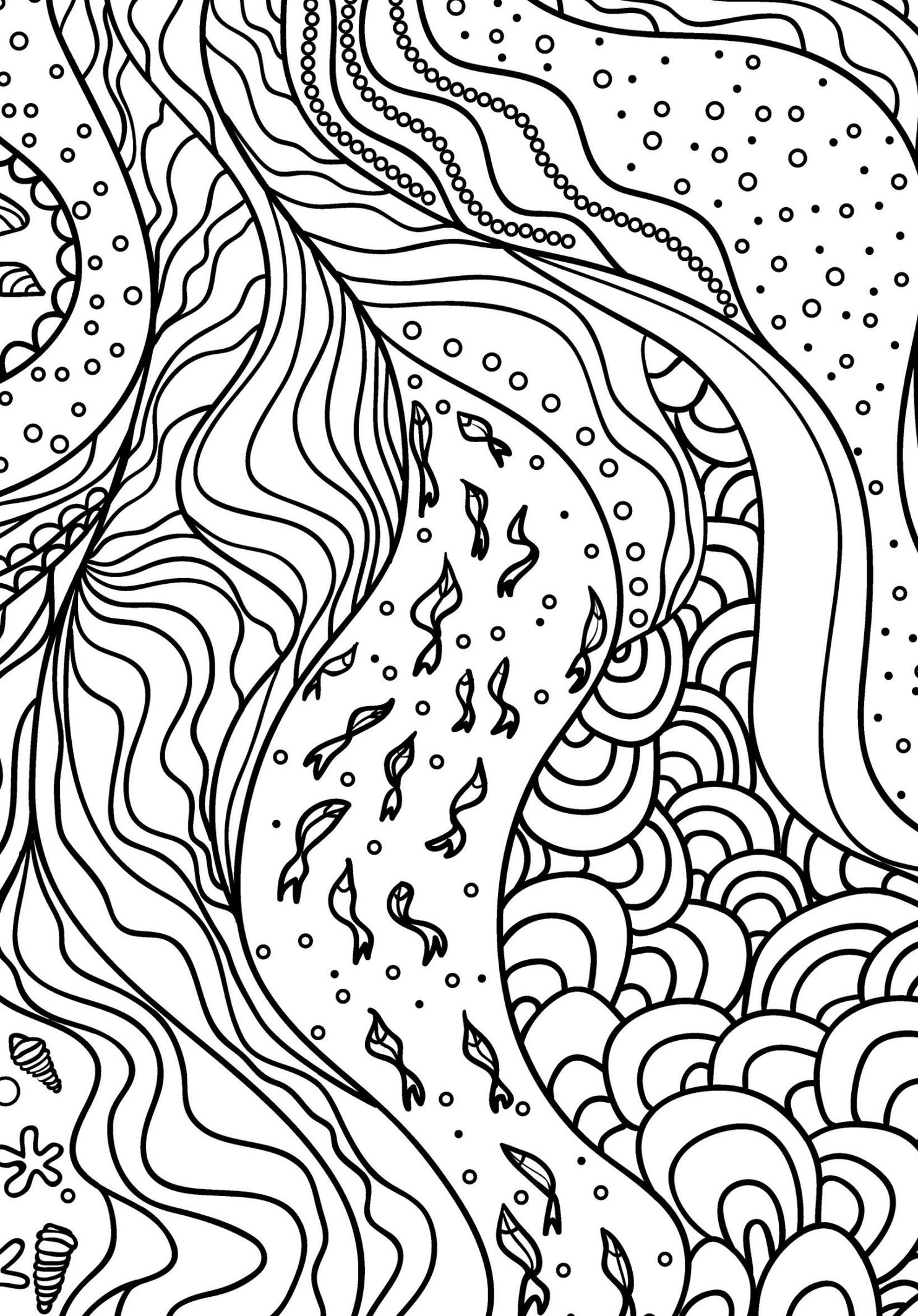
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“Have you also learned that secret from the river; that there is no such thing as time? That the river is everywhere at the same time, at the source and at the mouth, at the waterfall, at the ferry, at the current, in the ocean and in the mountains, everywhere and that the present only exists for it, not the shadow of the past nor the shadow of the future.”

— Hermann Hesse —



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“Water is the most
perfect traveller
because when it
travels it becomes
the path itself!”

— Mehmet Murat Ildan —



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“Water its living strength
first shows, when obstacles
its course oppose.”

— Johann Wolfgang von Goethe —



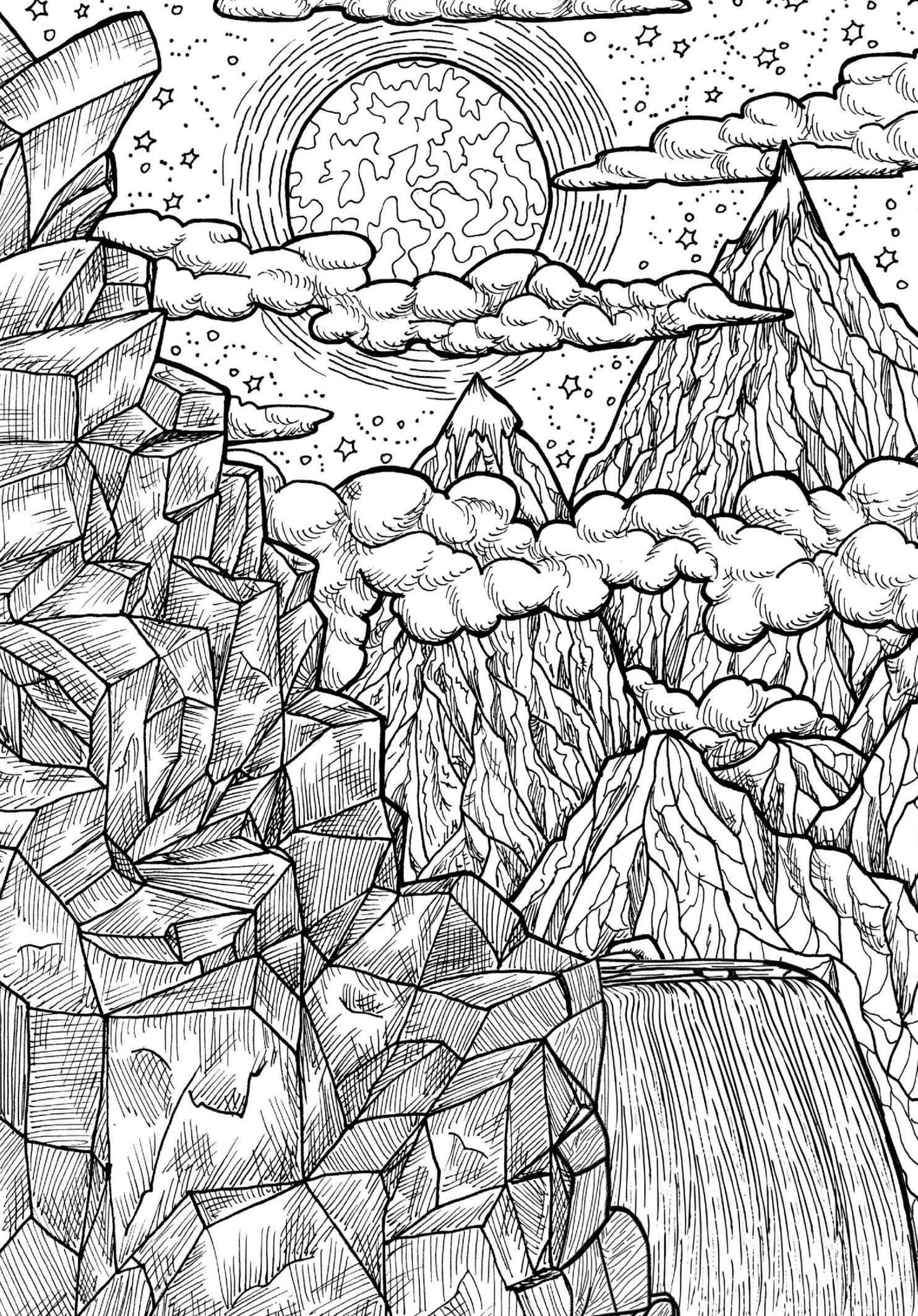
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“Just as a waterfall grows slower and more lightly suspended as it plunges down, so the great man of action tends to act with greater calmness than his tempestuous desires prior to the deed would lead one to expect.”

— Friedrich Nietzsche —



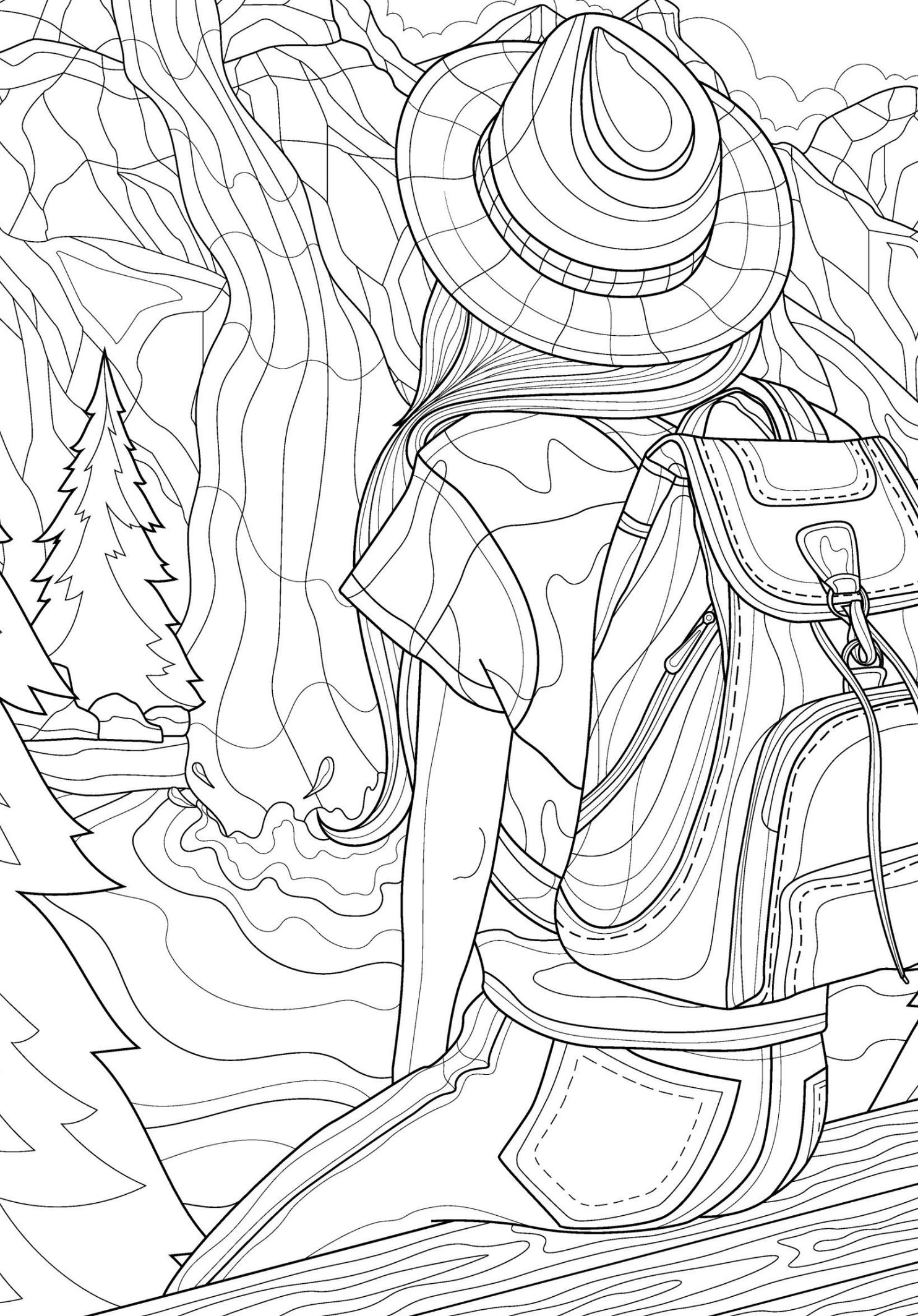
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“When you’re young, there’s so much that you can’t take in. It’s pouring over you like a waterfall. When you’re older, it’s less intense, but you’re able to reach out and drink it. I love being older.”

— Sigourney Weaver —



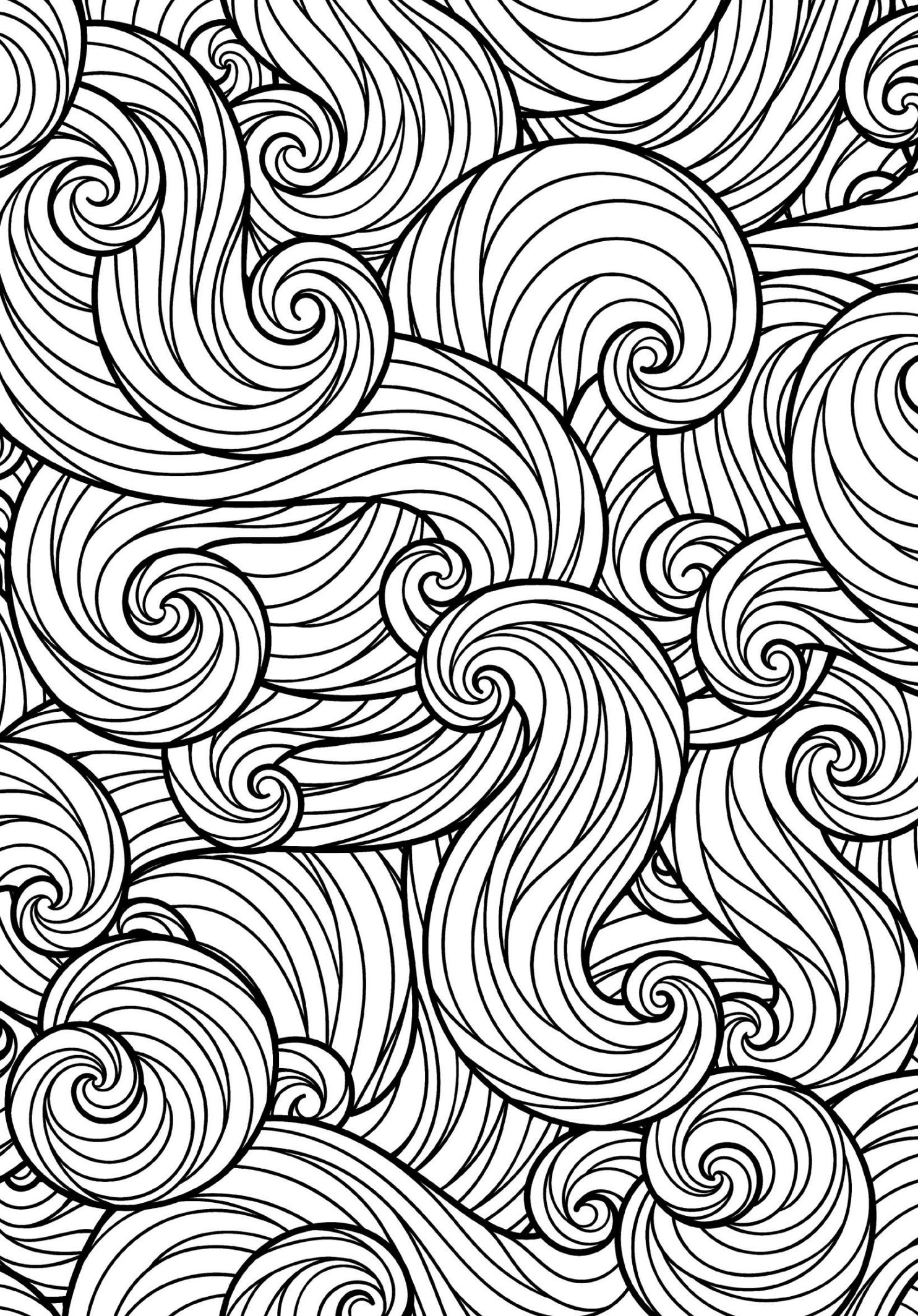
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“When the moonlight
and the waterfall come
together, all other things
fade from the scene!”

— Mehmet Murat Ildan —



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“If there is magic
on this planet, it is
contained in water.”

— Loren Eiseley —



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“There’s no better
place to find yourself
than sitting by
a waterfall while
listening to its music.”

— Roland R Kemler —



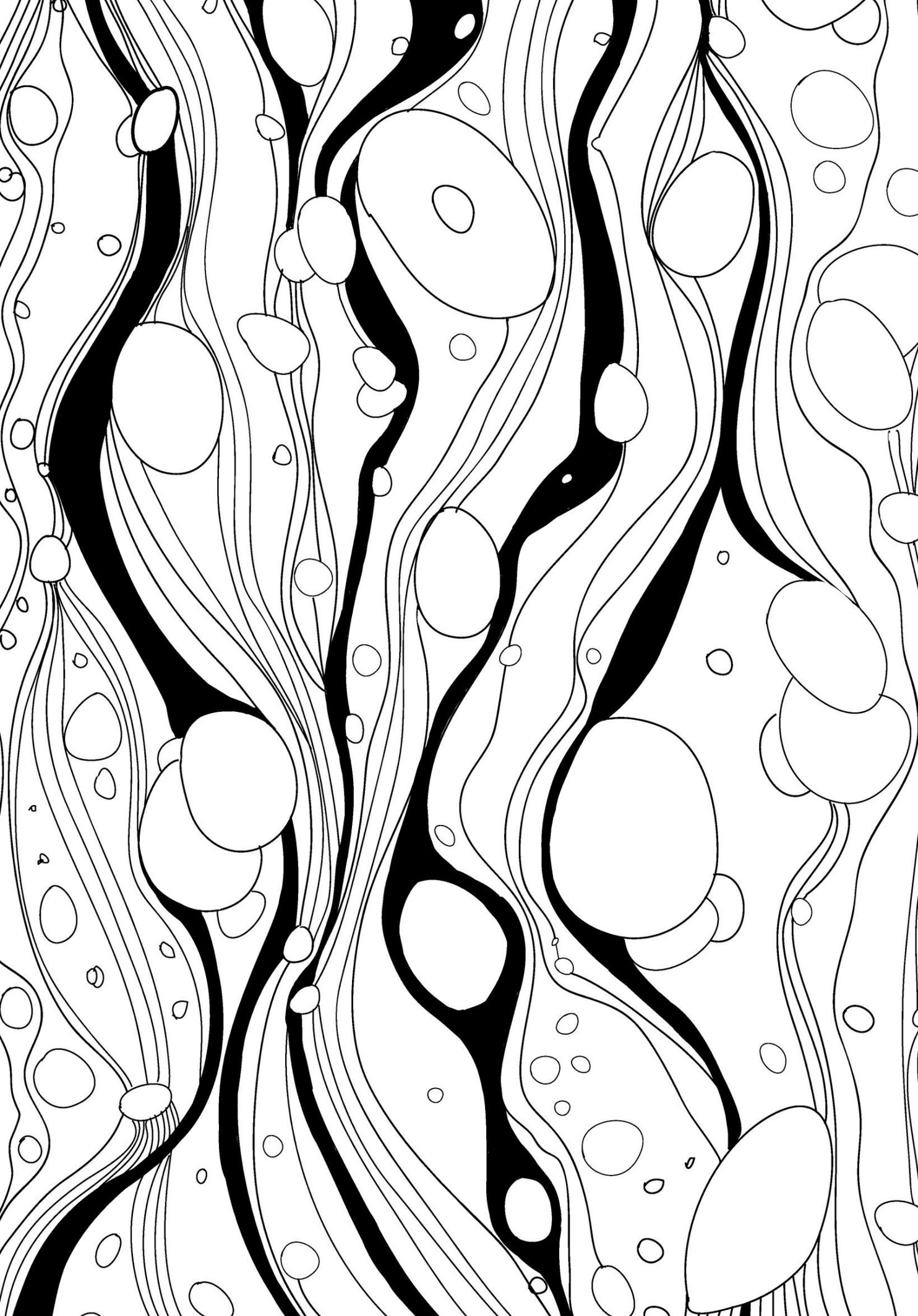
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“The voices of all
creatures are in the
voices of the river.”

— Hermann Hesse —



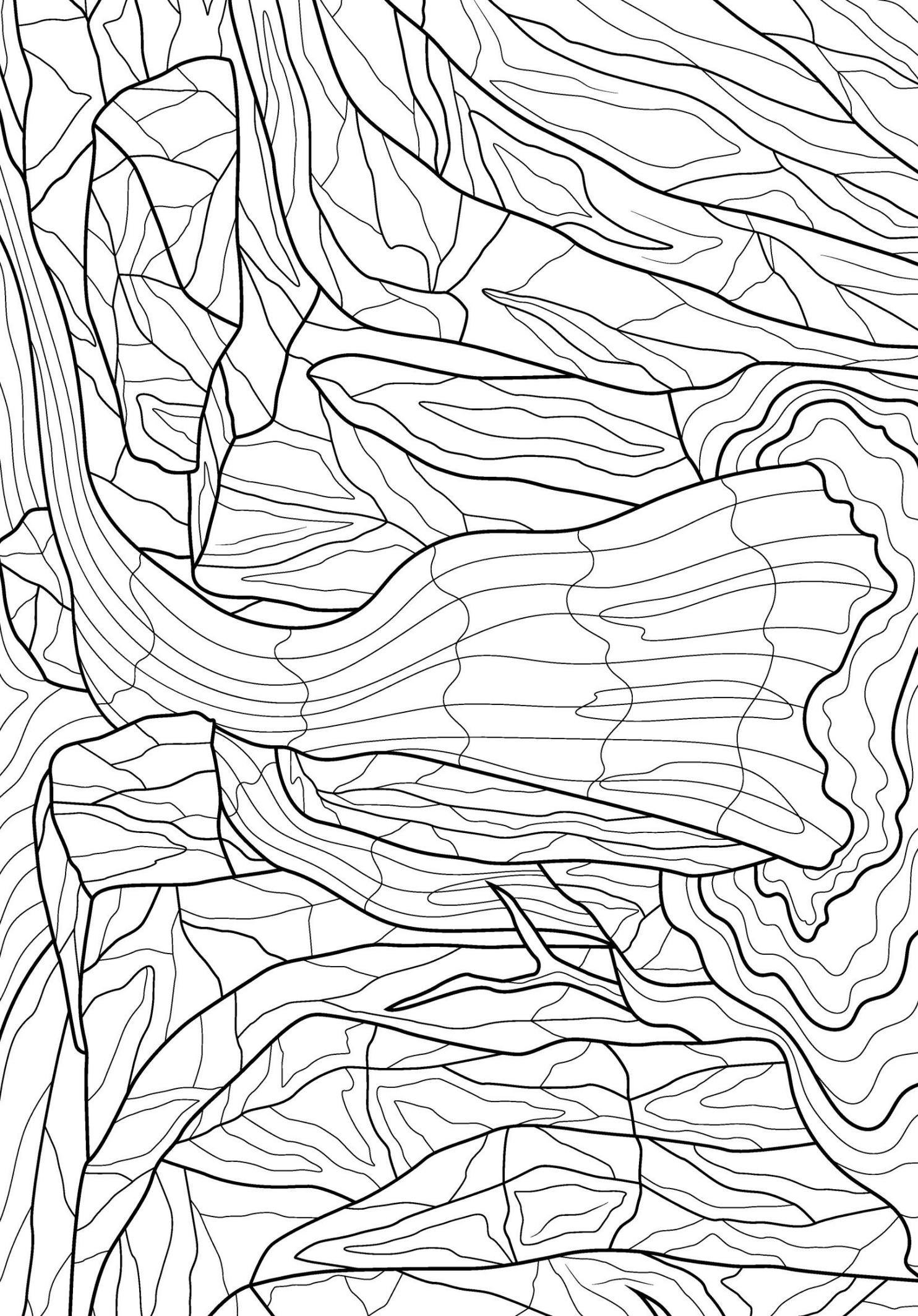
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“While people are
struggling unhappily
in the cities against
the cruel authorities,
a waterfall happily
and cheerfully flows
in the nature; there is
happiness only if
there is freedom!”

— Mehmet Murat Ildan —



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“In time and with water,
everything changes.”

— Leonardo da Vinci —



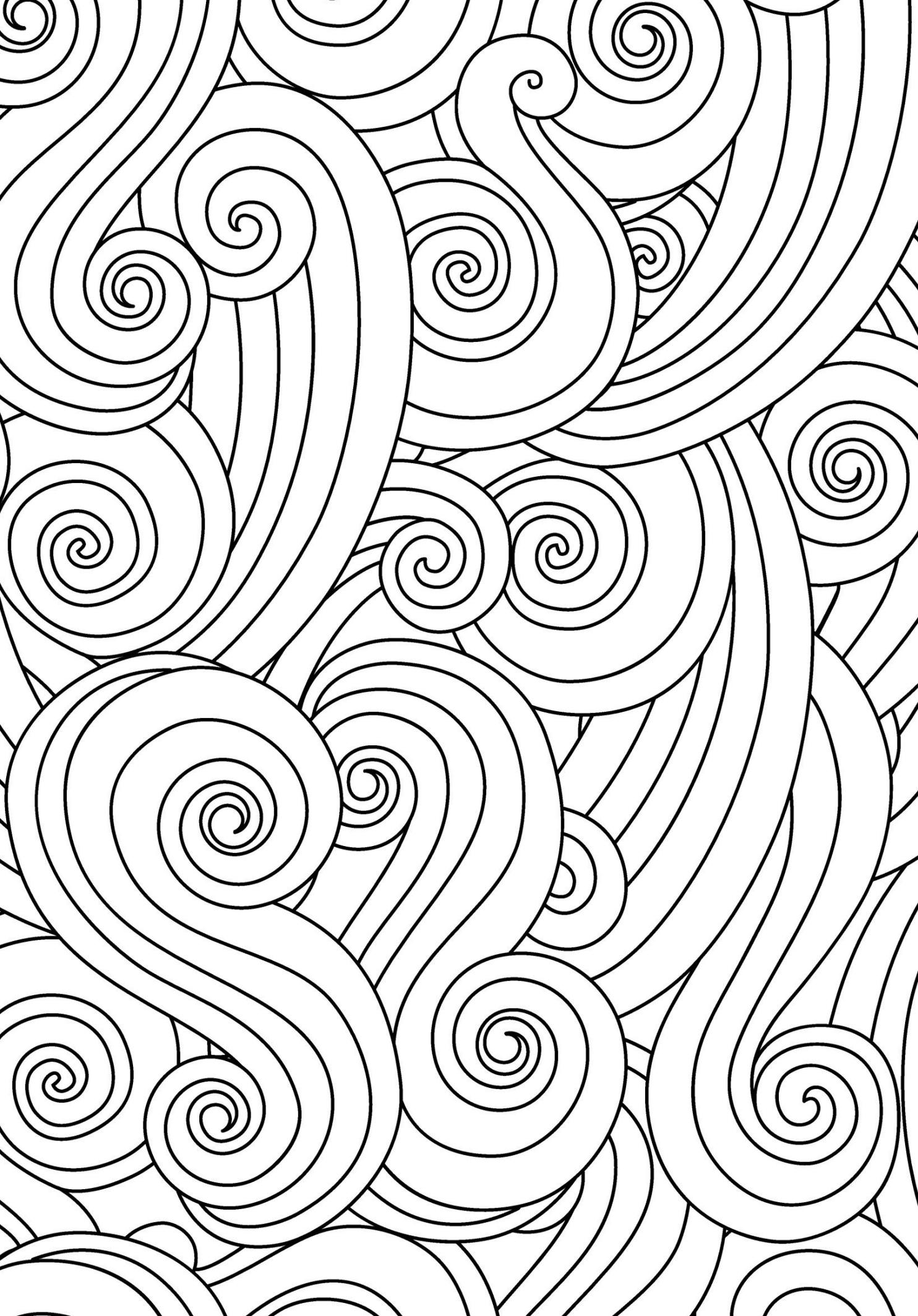
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“Empty your mind, be formless,
shapeless - like water.”

— Bruce Lee —



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“Water is the softest thing, yet
it can penetrate mountains
and earth. This shows clearly
the principle of softness
overcoming hardness.”

— Laozi —



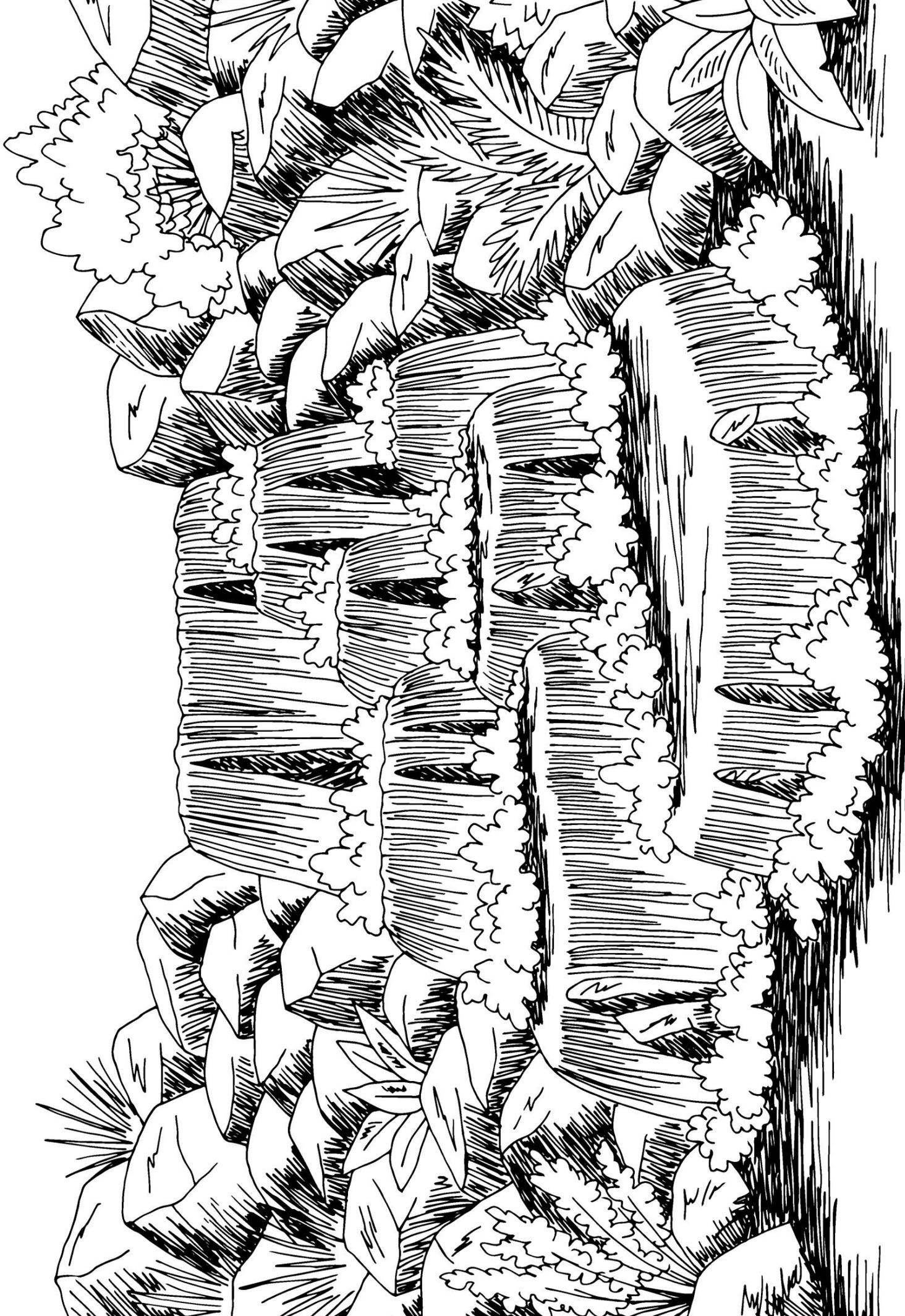
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“And gentle winds and
waters near, make
music to the lonely ear.”

— Lord Byron —



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“Life is water, dancing
to the tune of solids.”

— Albert Szent-Gyorgyi —



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“Rivers know this: there
is no hurry. We shall
get there some day.”

— A. A. Milne —



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“When the well is
dry, we know the
worth of water.”

— Benjamin Franklin —



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“It is life, I think, to watch
the water. A man can
learn so many things.”

— Nicholas Sparks —



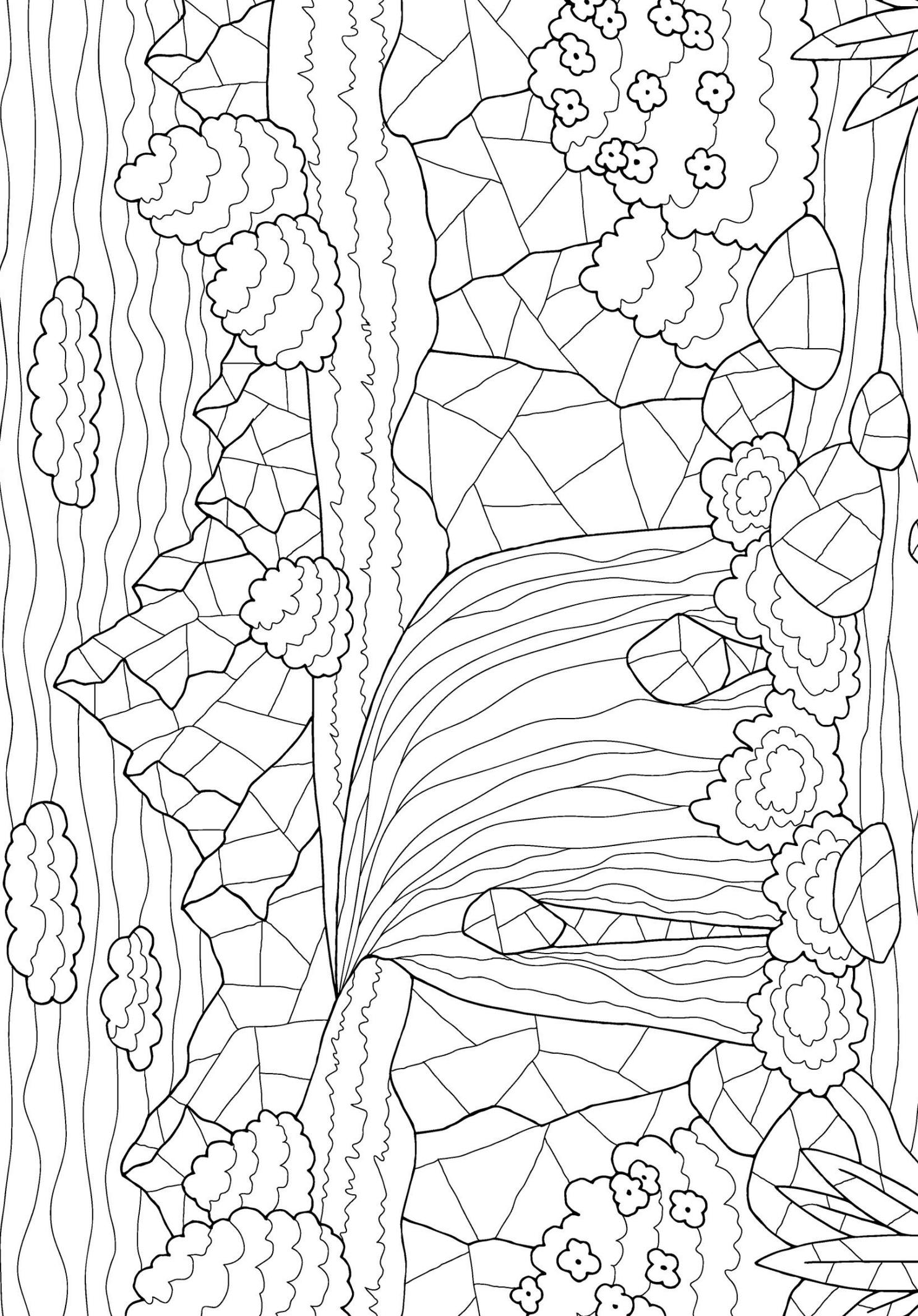
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“The fall of dropping
water wears away
the stone.”

— Lucretius —



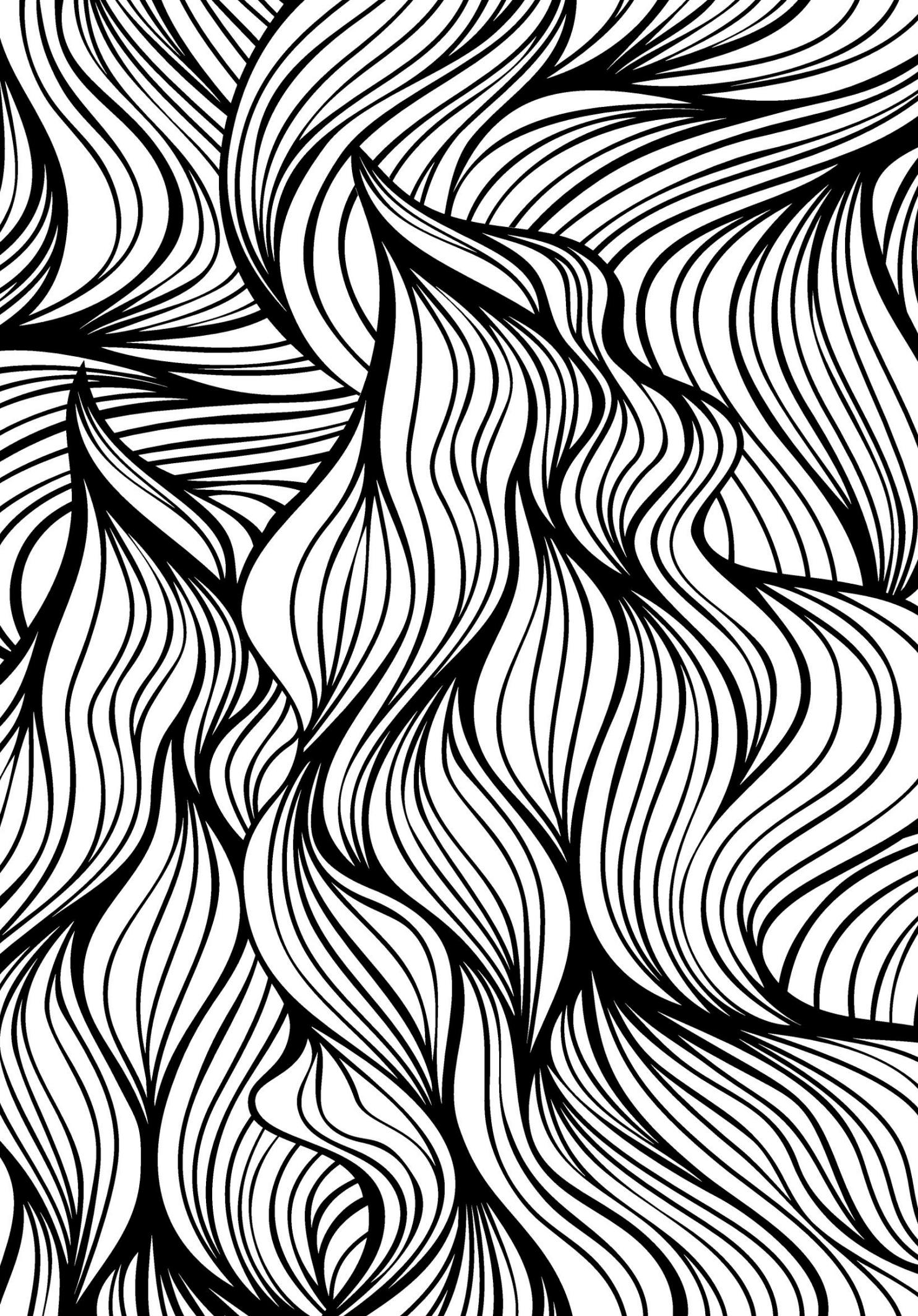
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“To put your hands
in a river is to feel the
chords that bind the
earth together.”

— Barry Lopez —



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“The face of the water, in time,
became a wonderful book
- a book that was a dead
language to the uneducated
passenger, but which told its
mind to me without reserve,
delivering its most cherished
secrets as clearly as if it uttered
them with a voice. And it was
not a book to be read once
and thrown aside, for it had a
new story to tell every day.”

— Mark Twain —



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“All the rivers run
into the sea; yet the
sea is not full.”

— Solomon —



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“I have never seen a river that I could not love. Moving water... has a fascinating vitality. It has power and grace and associations. It has a thousand colours and a thousand shapes, yet it follows laws so definite that the tiniest streamlet is an exact replica of a great river.”

— Roderick Haig-Brown —



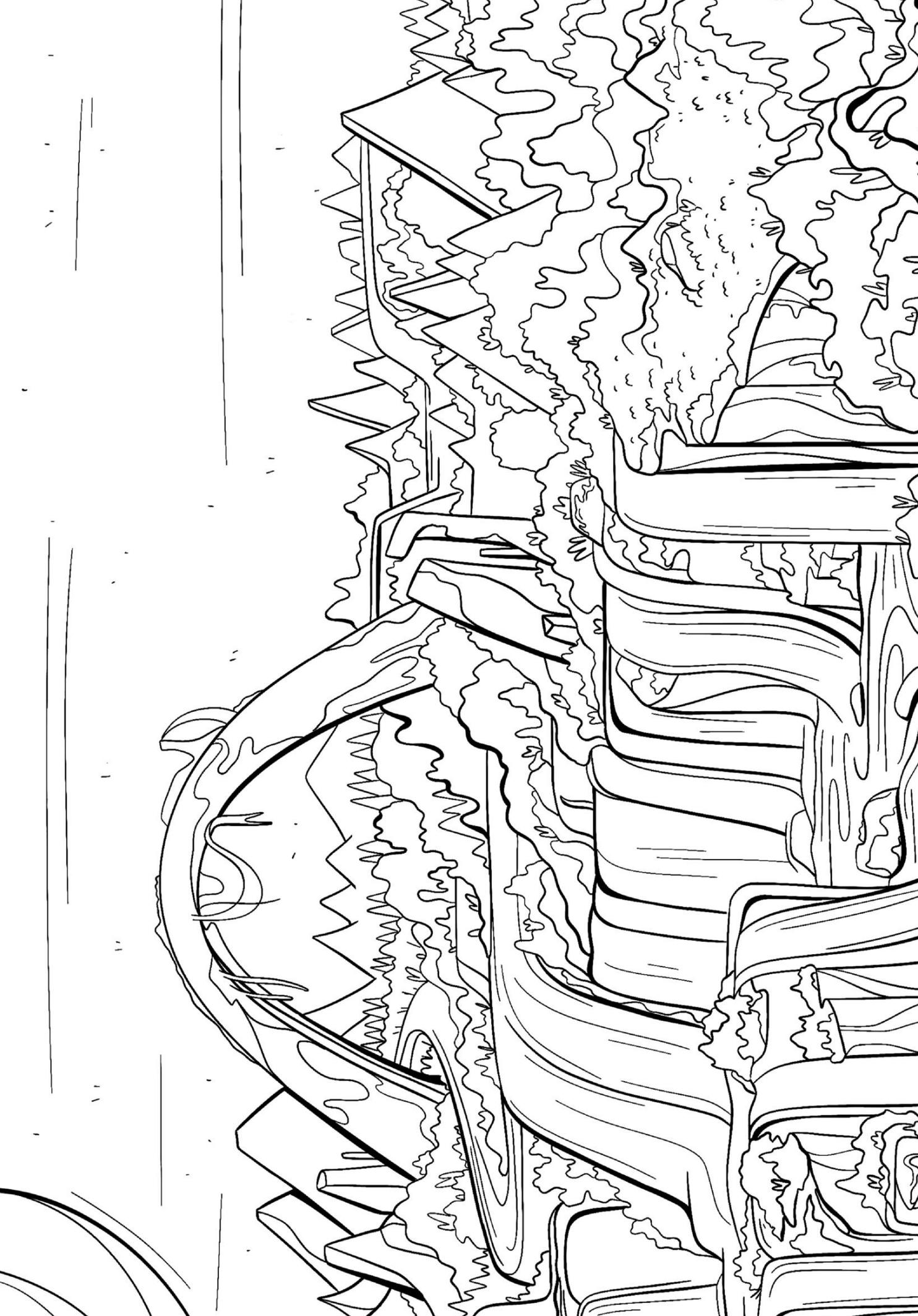
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“How could drops of water
know themselves to be a
river? Yet the river flows on.”

— Antoine de Saint-Exupery —



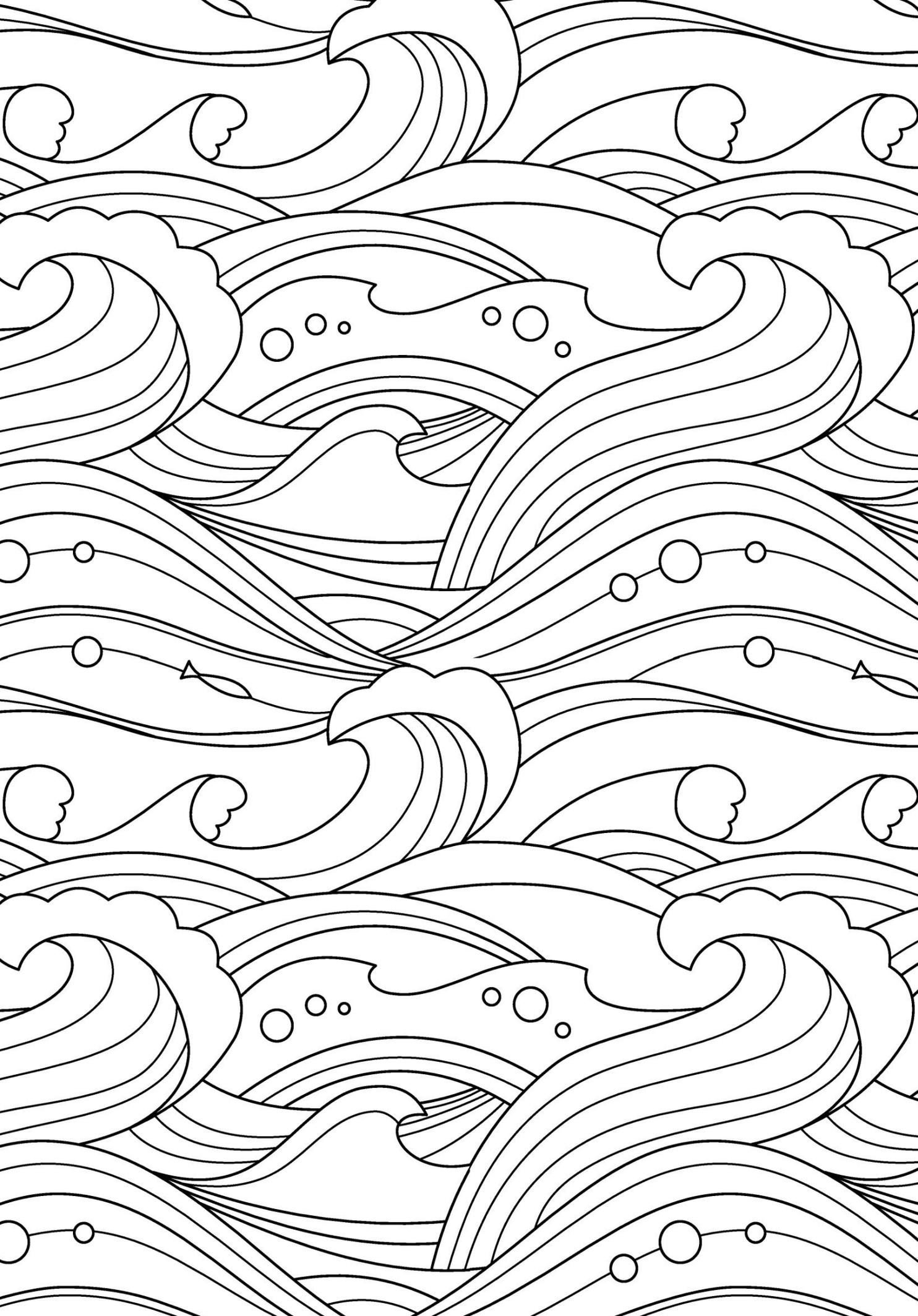
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“In the confrontation
between the stream
and the rock, the
stream always wins, not
through strength but
by perseverance.”

— H. Jackson Brown, Jr. —



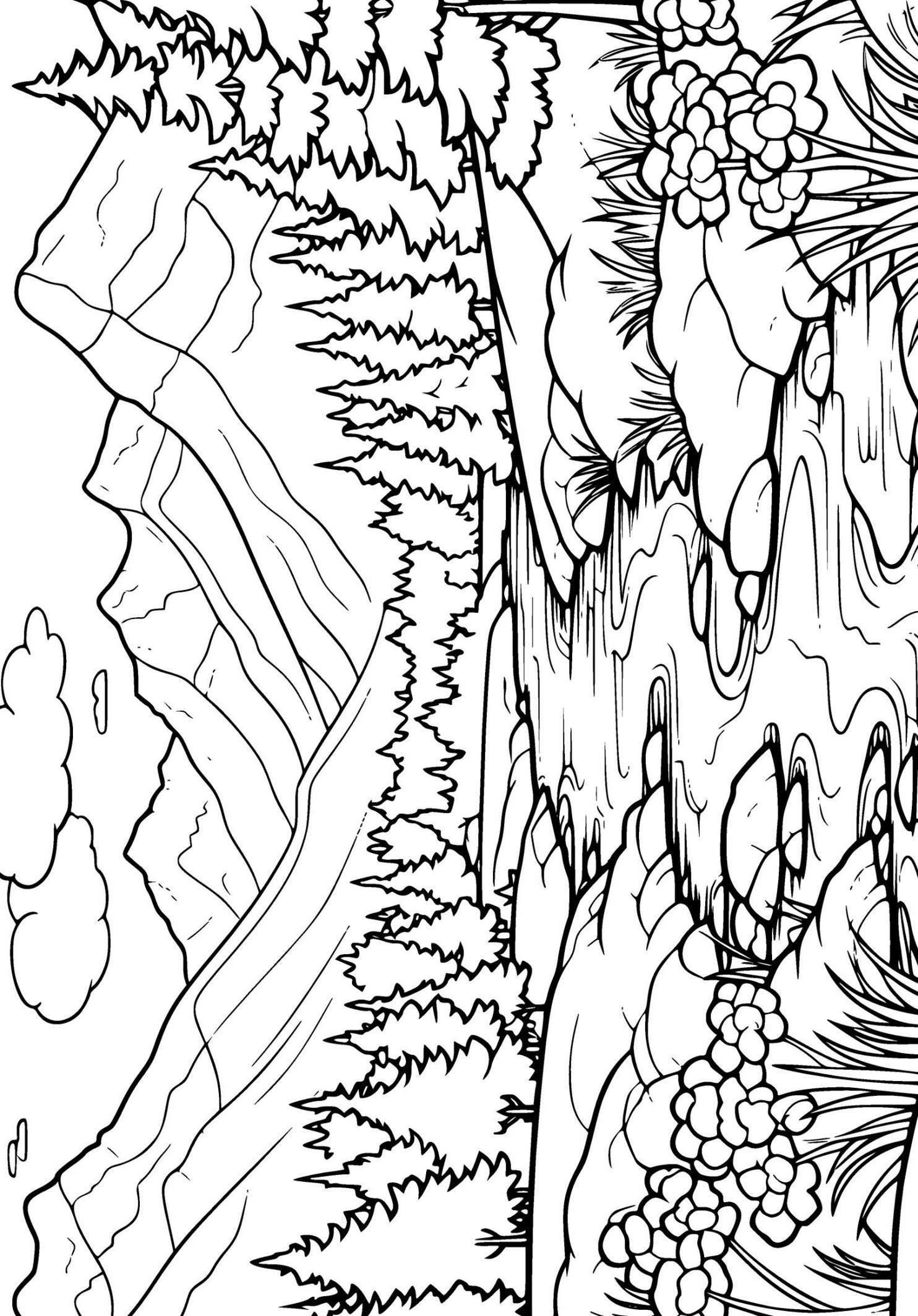
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“Human nature is
like water. It takes
the shape of
its container.”

— Wallace Stevens —



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“The amount of water
on the planet does not
change, only its quality.”

— Walter Munk —



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“The wise man knows that
it is better to sit on the banks
of a remote mountain stream
than to be emperor of
the whole world.”

— Zhuangzi —



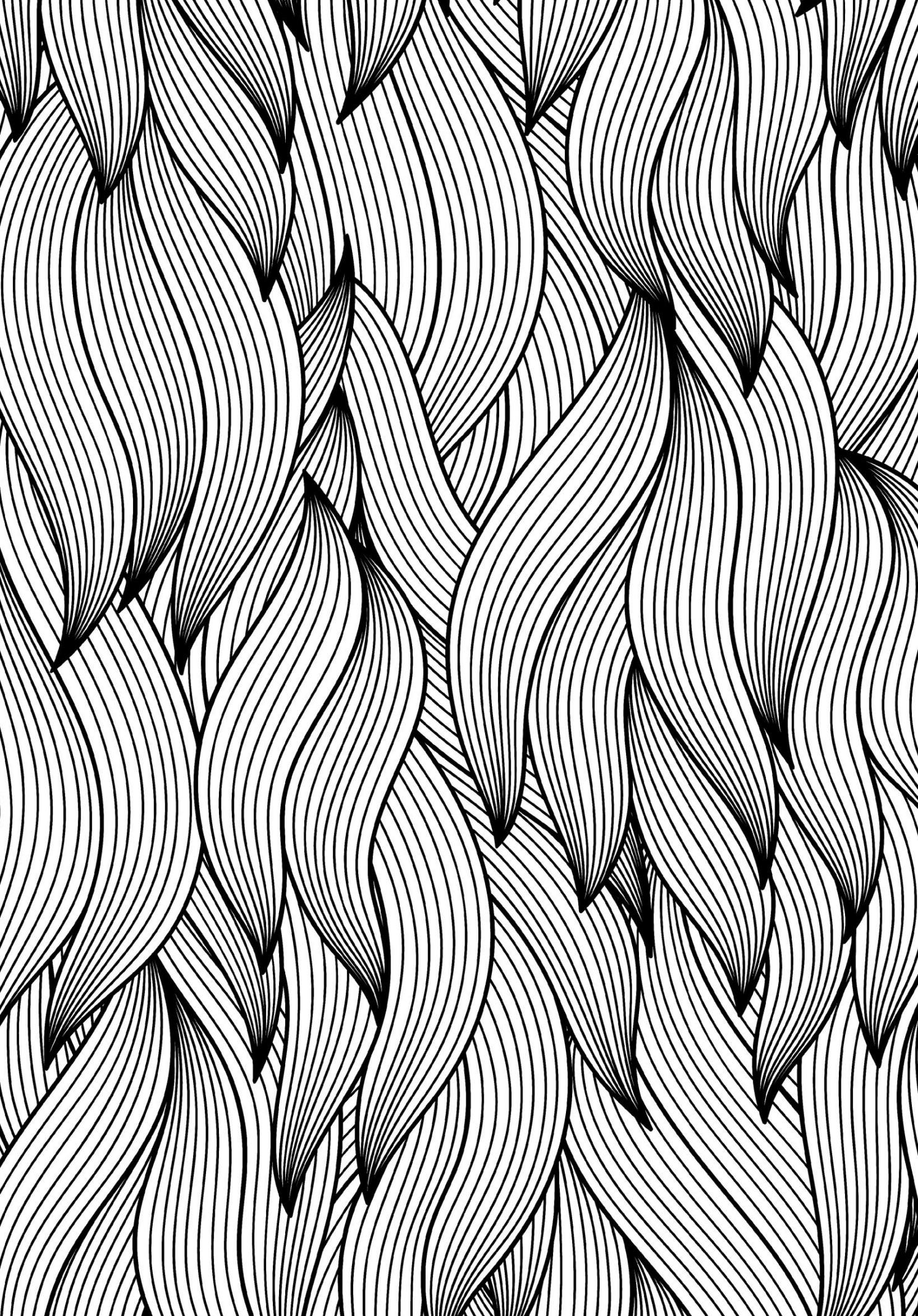
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“And gentle winds
and waters near, make
music to the lonely ear.”

— Lord Byron —



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“The river where you
set your foot just now is
gone - those waters give
way to this, now this.”

— Heraclitus —



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“When you put your hand
in a flowing stream, you
touch the last that has
gone before and the first
of what is still to come.”

— Leonardo da Vinci —



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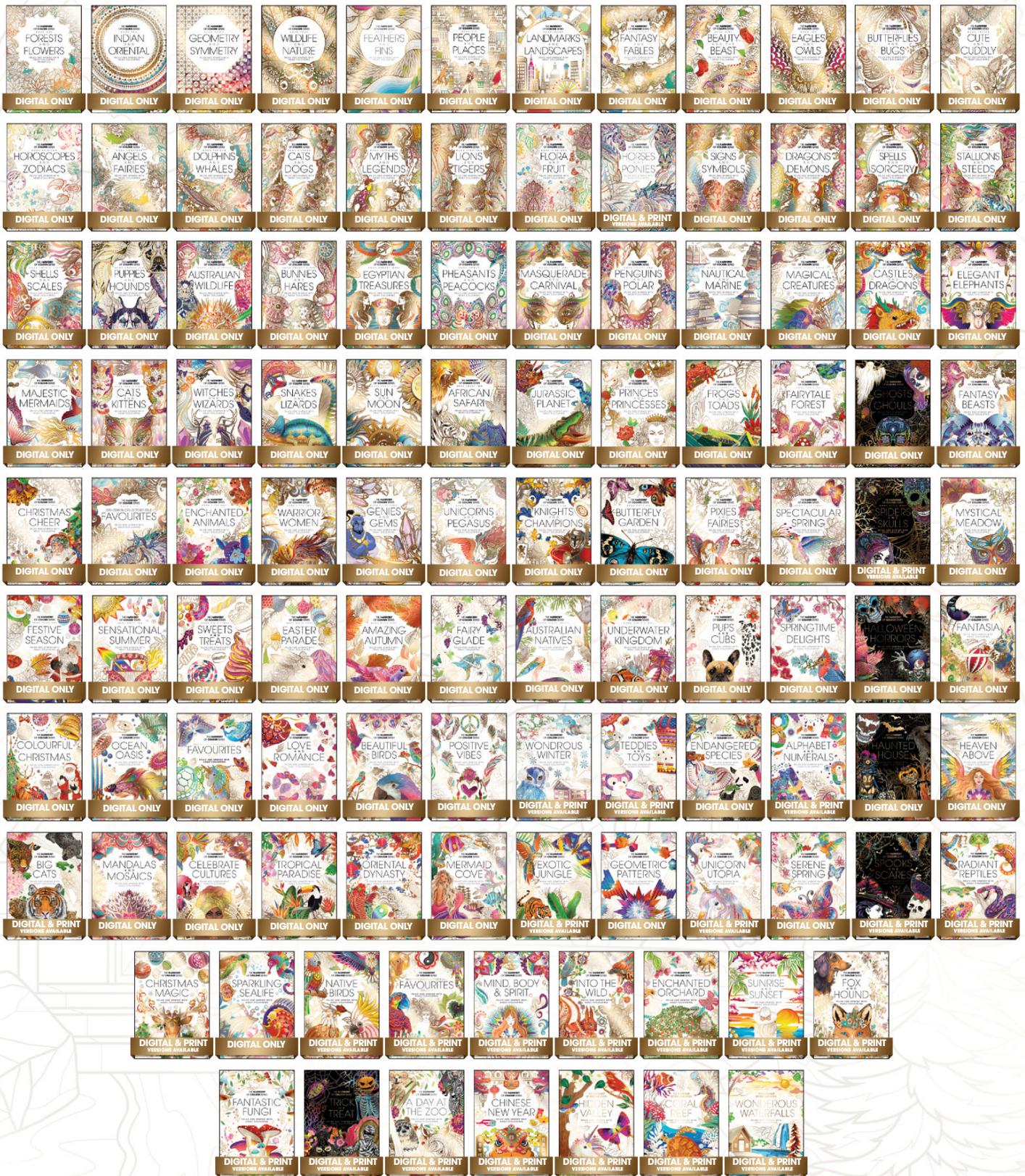


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